

Marital Side Effects of Sexual Impurity

(Pornography, premarital sex, adultery, etc.)

1. Impurity can trigger a lifetime of guilt, regret, and painful memories.
2. Feelings of guilt from sexual impurity before marriage can be carried over to sex in marriage.
3. Sexual Impurity can make it difficult to distinguish between real love and infatuation (Infatuation always leads to divorce).
4. The risk of pregnancy (for Premarital sex) Ask yourself: "Am I ready to be a parent?" before considering premarital sex.
5. *Psychology Today* research indicates that people who are sexually impure tend to:
 - a. Have less happy marriages
 - b. Have their marriages end in divorce
 - c. Have extramarital affairs
 - d. Be less satisfied with their marital sex lives.
6. It destroys your virginity (the greatest gift you can give to another person may not be given to someone you have sex with, pornographic material, etc.)
7. It can destroy your reputation
8. It can destroy relationships
9. Where is the surprise and glee in a Honeymoon?
10. Flashbacks from previous sexual experiences can haunt a marriage
11. Sex can cover up serious difficulties in a relationship
12. Sex can be an escape mechanism
13. Sexual impurity blurs a person's search for a mate.
14. Sexual impurity can become a habit which can create problems for a marriage.
15. Sexual impurity isn't healthy
 - a. Obsessive thoughts
 - b. STDs
 - c. Depression
 - d. Feelings of low Self-worth
16. Relationships resulting from premarital sex are notorious for their destructive power.

Restoring Spiritual Virginity

Key Text: Mark 3.28

Remember: Forgiveness is not permission or encouragement for continued wrong doing. In John 8, Jesus tells the woman caught in adultery "Neither do I condemn you. Go your way, and from now on do not sin again." This is what forgiveness is: No condemnation but given with the expectation for change.