Upper Columbia Academy
Sept 5-11, 2010
Senior Survival - Subject to Change

Sunday	*Monday*	*Tuesday*	*Wednesday*	*Thursday*	*Friday*	*Sabbath*
Scrambled Eggs (tofu) *Tri Taters* *Pears* *Cereal* *Fruit* *10:00 AM*	*Pancakes* *Stripples* *Applesauce* *Cereal* *Fruit* *6:30 AM*	*Muffins* *Hashbrowns* *Breakfast Patties* *Peaches* *Fresh Fruit* *6:30 AM*	*Waffles* *Breakfast Links* *Starwberries* *Oatmeal* *Fresh Fruit* *6:30 AM*	*Biscuits & Gravy* *Tater Tots* *Mandarin Oranges* *Grits* *Fruit* *6:30 AM*	*Egg McMuffins* *Tofu* *Cream of Wheat* *Cereal* *Fruit* *6:30 AM*	*Sweet Rolls* *Peaches* *Cereal* *Fruit* *8:30 AM*
	Spaghetti *Red / White Sauce Sauce* *Green Beans, Corn* *Bread Sticks* *Salad Bar* *Fresh Fruit* *11:45 PM*	*Cheeseburger Loaf* *Mashed Potatoes* *Snap Peas* *Salad Bar* *Fresh Fruit* *Cookies* *11:45 PM*	*Sack Lunches* *Hope* *11:45 PM*	*Pasta Primavera* *Steamed Potatoes* *Italian Green Beans* *Fresh Fruit* *Ice Cream* *Staff Meeting* *11:45 PM*	*Enchiladas* *Spanish Rice* *Peas, Corn* *Corn Bread* *Salad Bar* *11:45 PM*	*Rotelle Marzetti* *Dinner Rolls* *Broccoli* *Carrots* *Salad Bar* *Cake* *12:30 PM*
Pizza Buns *Salad* *Fruit* *Yogurt* *4:00 PM*	*Fri Chick* *Augratin Potatoes* *Mixed Vegetables* *Salad Bar* *Fresh Fruit* *5:30 PM*	*Chicken Buritos* *White Rice* *Stirfry Vegetables* *Salad Bar* *Fresh Fruit* *5:30 PM*	*Nacho Bar* *Chili, Cheese Sauce* *Broccoli, Creamed Corn* *Salad Bar* *Fresh Fruit* *5:30 PM*	*Fried Rice* *Bagels & Cream Cheese* *Cottage Cheese* *Salad Bar* *Fresh Fruit* *5:30 PM*	*Corn Dogs* *Tomato Soup* *Green Beans, Chips* *Salad Bar* *Fresh Fruit* *4:00 PM*	*Sandwich Bar* *Chips* *Salad Bar* *Fresh Fruit* *Dessert* *5:30 PM*