Upper Columbia Academy
Oct. 17 - Oct. 23, 2010
Subject to Change

Sunday	*Monday*	*Tuesday*	*Wednesday*	*Thursday*	*Friday*	*Sabbath*
French Toast *Breakfast Patties* *Strawberries / Whip Cr.* *Hot Cereal* *Grilled Tofu* *Fresh Fruit, Cereal Bar* *10:00 AM*	*Hashbrowns* *Breakfast Links* *Peaches* *Hot Cereal* *Grilled Tofu* *Fresh Fruit, Cereal Bar* *Belgium Waffles* *6:30 AM*	*Biscuits & Gravy* *Tater Tots* *Mandarin Oranges* *Hot Cereal* *Grilled Tofu* *Fresh Fruit, Cereal Bar* *Belgium Waffles* *6:30 AM*	*Pancakes* *Prosage Roll* *Applesauce* *Hot Cereal* *Grilled Tofu* *Fresh Fruit, Cereal Bar* *Belgium Waffles* *6:30 AM*	*6:30 AM*	*6:30 AM*	*8:30 AM*
	Burrito Bar *Haystacks* *Fresh Salsa* *Salad/Sandwich Bar* *Fresh Fruit, Cereal Bar* *Belgium Waffles/Soup* *11:45 PM*	*Penne Marzetti* *Bread Sticks* *Peas, Carrots* *Cookies* *Home Made Soup* *Salad/Sandwich Bar* *Fresh Fruit, Cereal Bar* *Belgium Waffles/Soup* *11:45 PM*	*Sack Lunches* *11:45 AM*	*11:45:00 PM*	*11:15 AM*	*12:30 PM*
Chicken Nuggets *Steamed Potatoes* *Green Beans* *Salad/Sandwich Bar* *Fresh Fruit, Cereal Bar* *4:00 PM*	*Scallops* *Augratin Potatoes* *Green Beans* *Salad/Sandwich Bar* *Fresh Fruit, Cereal Bar* *Belgium Waffles/Soup* *5:30 PM*	*FriChick* *Rice Pilaf* *Broccoli Normandy* *Salad/Sandwich Bar* *Fresh Fruit, Cereal Bar* *Belgium Waffles/Soup* *5:30 PM*	*5:30 PM*	*5:30 PM*	*5:30 PM*	*5:30 PM*