

Upper Columbia Academy

January 2-8, 2011

Subject to Change

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
		Waffles Breakfast Links Strawberries Malt-O Meal Fresh Fruit, Cereal Bar Belgium Waffles <i>6:30 AM</i>	Hashbrowns, Muffins Breakfast Patties Peaches Cream of Wheat Fresh Fruit, Cereal Bar Belgium Waffles <i>6:30 AM</i>	Biscuits & Gravy Tater Tots Mandarin Oranges Oatmeal Fresh Fruit, Cereal Bar Belgium Waffles <i>6:30 AM</i>	Egg McMuffins Tofu Pineapple Chunks Grits Fresh Fruit, Cereal Bar Belgium Waffles <i>6:30 AM</i>	Cinnamon Rolls Pears Cereal Fresh Fruit Fresh Fruit, Cereal Bar <i>8:30 AM</i>
		Spaghetti Alfredo/Marinara Sauce Bread Sticks Corn, Peas Cookies Vegan Option: Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup <i>11:45 PM</i>	Enchiladas White Rice Tortilla Chips Carrots, Broccoli Vegan Option: Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup <i>11:45 AM</i>	Veggie Burgers French Fries Vegan Option: Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup <i>11:45:00 PM</i>	Scallops Mashed Potatoes Gravy Peas Carabian Blend Vegan Option: Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup <i>11:15 AM</i>	Lasagna Dinner Rolls Broccoli Normandy Corn Yellow Cake Vegan Option: Salad/Sandwich Bar Fresh Fruit, Cereal Bar <i>12:30 PM</i>
		Grill Cheese Tomato Soup/Crackers Potato Chips Vegan Option: Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles <i>5:30 PM</i>	Calzones Corn Vegan Option: Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup <i>5:30 PM</i>	Egg Rolls Green Chili Rice Pasta Herb Vegetables Vegan Option: Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup <i>5:30 PM</i>	Chicken Ala King Puff Pasty Shells Hot Peaches Vegan Option: Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup <i>5:30 PM</i>	Grillers Veggies Variety Chips Vegan Option: Salad/Sandwich Bar Fresh Fruit, Cereal Bar <i>5:30 PM</i>