

Upper Columbia Academy

Jan. 30-Feb. 5, 2011

Subject to Change

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
Scrambled Eggs (Tofu) Tater Tots Pears Cream of Wheat Fresh Fruit, Cereal Bar 10:00 AM	Pancakes Stripples Applesauce Oatmeal Fresh Fruit, Cereal Bar Belgium Waffles 6:30 AM	Hashbrowns, Muffins Breakfast Patties Peaches Malt-O Meal Fresh Fruit, Cereal Bar Belgium Waffles 6:30 AM	Biscuits & Gravy Tater Tots Mandarin Oranges Cream of Wheat Fresh Fruit, Cereal Bar Belgium Waffles 6:30 AM	Waffles Breakfast Links Strawberries Oatmeal Fresh Fruit, Cereal Bar Belgium Waffles 6:30 AM	Egg McMuffins Tofu Pineapple Chunks Grits Fresh Fruit, Cereal Bar Belgium Waffles 6:30 AM	Cinnamon Rolls Scrambled Eggs Pears, Cereal Fresh Fruit Fresh Fruit, Cereal Bar 8:30 AM
	Spaghetti Alfredo/Marinara Sauce Bread Sticks Corn Peas Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup 11:45 PM	Chicken Enchiladas White Rice Tortilla Chips Carrots, Broccoli Cookies Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup 11:45 PM	Calzones Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup 11:45 AM	Hot Sandwich Bar Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup 11:45:00 PM	Cheese Burger Loaf Mashed Potatoes Gravy Peas Carabian Blend Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup 11:15 AM	Lasagna Dinner Rolls Broccoli Normandy Corn Yellow Cake Salad/Sandwich Bar Fresh Fruit, Cereal Bar 12:30 PM
Crispy Bean Burritos Rice Chips / Salsa Green Beans Salad/Sandwich Bar Fresh Fruit, Cereal Bar 4:00 PM	Puff Pastry Shells Hot Peaches Potato Soup Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup 5:30 PM	Grill Cheese Tomato Soup/Crackers Potato Chips Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles 5:30 PM	Grillers Veggies Variety Chips Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup 5:30 PM	Taco Bar Tostadas Tater Gems Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup 5:30 PM	Sloppy Joes French Fries Corn Salad/Sandwich Bar Fresh Fruit, Cereal Bar Belgium Waffles/Soup 5:30 PM	4-Year Senior Benefit 5:30 PM