

**Upper Columbia Academy**

**May 8-14, 2011**

**Subject to Change**

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
<b>Breakfast in Dorms</b>  <i>10:00 AM</i>	<b>Pancakes</b> <b>Stripples</b> <b>Applesauce</b> <b>Oatmeal</b>  <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles</b>  <i>6:30 AM</i>	<b>Hashbrowns, Muffins</b> <b>Breakfast Patties</b> <b>Peaches</b> <b>Malt-O Meal</b>  <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles</b>  <i>6:30 AM</i>	<b>Biscuits &amp; Gravy</b> <b>Tater Tots</b> <b>Mandarin Oranges</b> <b>Cream of Wheat</b>  <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles</b>  <i>6:30 AM</i>	<b>Waffles</b> <b>Breakfast Links</b> <b>Strawberries</b> <b>Oatmeal</b>  <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles</b>  <i>6:30 AM</i>	<b>Egg McMuffins</b> <b>Tofu</b> <b>Pineapple Chunks</b> <b>Grits</b>  <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles</b>  <i>6:30 AM</i>	<b>Cinnamon Rolls</b> <b>Pears</b> <b>Cereal</b> <b>Fresh Fruit</b>  <b>Fresh Fruit, Cereal Bar</b>  <i>8:30 AM</i>
	<b>Spaghetti</b> <b>Alfredo/Marinara Sauce</b> <b>Bread Sticks</b> <b>Corn</b> <b>Peas</b>  <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles/Soup</b>  <i>11:45 PM</i>	<b>Chicken Enchiladas</b> <b>Spanish Rice</b> <b>Tortilla Chips</b> <b>Carrots, Broccoli</b> <b>Cookies</b>  <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles/Soup</b>  <i>11:45 PM</i>	<b>Calzones</b>   <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles/Soup</b>  <i>11:45 AM</i>	<b>Sandwich Bar</b>   <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles/Soup</b>  <i>11:45:00 PM</i>	<b>Cheese Burger Loaf</b> <b>Mashed Potatoes</b> <b>Gravy</b> <b>Peas</b> <b>Carabian Blend</b>  <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles/Soup</b>  <i>11:15 AM</i>	<b>Lasagna</b> <b>Dinner Rolls</b> <b>Broccoli Normandy</b> <b>Corn</b> <b>Yellow Cake</b>  <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b>  <i>12:30 PM</i>
<b>Crispy Bean Burritos</b> <b>Rice Chips / Salsa</b> <b>Green Beans</b>  <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b>  <i>4:00 PM</i>	<b>Scallops</b> <b>Steamed Potatoes</b> <b>Gravy, Manaco Blend</b>  <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles/Soup</b>  <i>5:30 PM</i>	<b>Grill Cheese</b> <b>Tomato Soup/Crackers</b> <b>Potato Chips</b>  <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles</b>  <i>5:30 PM</i>	<b>Sloppy Joes</b> <b>French Fries</b> <b>Corn</b>  <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles/Soup</b>  <i>5:30 PM</i>	<b>Taco Bar</b> <b>Tostadas</b> <b>Tater Gems</b>  <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles/Soup</b>  <i>5:30 PM</i>	<b>Chicken Ala King</b> <b>Puff Pasty Shells</b> <b>Hot Peaches</b>  <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b> <b>Belgium Waffles/Soup</b>  <i>5:00 PM</i>	<b>Grillers</b> <b>Veggies</b> <b>Variety Chips</b>  <b>Salad/Sandwich Bar</b> <b>Fresh Fruit, Cereal Bar</b>  <i>5:30 PM</i>