

Upper Columbia Academy
Aug 28-Sept. 3, 2011
Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
<i>French Toast</i> <i>Breakfast Strips</i> <i>Strawberries / Whip Cr.</i> <i>Grits</i> <i>Fresh Fruit</i>	<i>Hashbrowns</i> <i>Breakfast Links</i> <i>Peaches</i> <i>Malt-0 Meal</i> <i>Fresh Fruit</i>	<i>Breakfast Buritos</i> <i>Tofu</i> <i>Pears</i> <i>Cream of Wheat</i> <i>Fresh Fruit</i>	<i>Pancakes</i> <i>Prosage Roll</i> <i>Applesauce</i> <i>Oatmeal</i> <i>Fresh Fruit</i>	<i>Muffins</i> <i>Scrambled Eggs</i> <i>Tri Taters</i> <i>Pinapple</i> <i>Fresh Fruit</i>	<i>Crepes</i> <i>Cream Cheese</i> <i>Hot Fruit</i> <i>Cream of Wheat</i> <i>Fresh Fruit</i>	<i>Breakfast in Dorm</i>
<i>10:00 AM</i>	<i>6:30 AM</i>	<i>6:30 AM</i>	<i>6:30 AM</i>	<i>6:30 AM</i>	<i>6:30 AM</i>	<i>8:30 AM</i>
	<i>Prime Steaks</i> <i>Mashed Potatoes, Gravy</i> <i>Corn, Peas</i> <i>Salad Bar</i> <i>Fresh Fruit</i>	<i>Macaroni and Cheese</i> <i>Steamed Potatoes</i> <i>Italian Green Beans</i> <i>Salad Bar, Fruit</i> <i>Cookies</i>	<i>Pizza</i> <i>Vegan Pizza</i> <i>Salad Bar</i> <i>Fresh Fruit</i> <i>Ice Cream</i>	<i>Veggie Burgers</i> <i>French Fries</i> <i>Salad Bar</i> <i>Pudding</i> <i>Fresh Fruit</i>	<i>Burito Bar /</i> <i>Haystacks</i> <i>Salad Bar</i> <i>Fresh Fruit</i> <i>Brownies</i>	<i>Manicotti</i> <i>Scalloped Potato</i> <i>Green Beans, Carrots</i> <i>Salad Bar</i> <i>Pie</i>
	<i>11:45 PM</i>	<i>11:45 PM</i>	<i>Assembly</i> <i>11:45 PM</i>	<i>Staff Meeting</i> <i>11:45 PM</i>	<i>11:45 PM</i>	<i>12:30 PM</i>
<i>Grillers</i> <i>Curley Fries</i> <i>Salad Bar</i> <i>Fresh Fruit</i> <i>Ice Cream Bars</i>	<i>Scallops</i> <i>Green Chili Rice</i> <i>Vegetables</i> <i>Salad Bar</i> <i>Fresh Fruit</i>	<i>Grill Cheese</i> <i>Tomato Soup</i> <i>Green Beans, Chips</i> <i>Salad Bar</i> <i>Fresh Fruit</i>	<i>Fajitas</i> <i>White Rice</i> <i>Creamed Corn</i> <i>Salad Bar</i> <i>Fresh Fruit</i>	<i>Chicken Ala King</i> <i>Puff Pastry Shells</i> <i>Peaches</i> <i>Salad Bar</i> <i>Fresh Fruit</i>	<i>Burger Noodle Bake</i> <i>Mini Muffins</i> <i>Snap Peas</i> <i>Salad Bar</i> <i>Fresh Fruit</i>	<i>Hot Dogs</i> <i>Chili</i> <i>Potato Chips</i> <i>Salad Bar</i> <i>Fresh Fruit</i>
<i>4:00 PM</i>	<i>5:30 PM</i>	<i>5:30 PM</i>	<i>5:30 PM</i>	<i>5:30 PM</i>	<i>4:00 PM</i>	<i>5:30 PM</i>