NOVEMBER 2012 VOLUME 61 NUMBER 2



# Work starts on new cafeteria

by Megan Fulbright

There comes a time in the day when we students get extra antsy. Our stomachs growl, our attention spans shorten, our patience wears thin, and our minds wander. They wander to a place where there is rich tasting food, friends, tables, chairs to lean back in, and time to socialize. In the cafeteria, all these things are possible. The best part is that during mealtimes you don't have to do anything for 45 minutes.

And now the new cafeteria (dining commons) is under construction. Things seem to be off to a good start so far. The project will cost about 3 million dollars, but 70% of that has already been raised.

They hope to have the building done by the time next school year rolls around. Unfortunately, seniors will be graduating and will not be able to experience this new addition. But others will.

Although the present cafeteria is a great place for socializing and eating, next year it will be a much better experience.



# Winter begins

by Jody Morlan

On a Thursday afternoon, as students were running to the dorm or getting ready for their next class, the weather became malicious and dark. Wednesday had been so warm and sunny, and some staff were heard saying that we might have an extra day of fall. But, unfortunately, winter arrived.

Some students think that winter weather is not fun, but I enjoy it a lot since I come from Colorado and there is a lot of snow there.

As we walk back and forth between the dorms, ad building, and gym, hurrying to find shelter, the snow monster sometimes becomes stronger, eating people up and swallowing them into the tunnels of snow-flakes. We move faster, avoiding the sidewalks that are covered with slush and ice. Looking all around campus, we see the ground covered in snow, sidewalks covered with slush, and indecisive birds in the trees.

The good thing about the snow is that we can make snowmen, snow angels, and have snow ball fights. The bad thing about snow is having to drive in it. The village students have to leave earlier to get here on time, and they have to be more cautious for the unseen ice on the roads.

We can only hope for a good winter and enjoy having more snowmen around the campus!

REMEMBER

ZBC

CHRISTMAS

COHCERT

DECEMBER 20





It's not unusual to end up in downtown Spokane on a HOPE project

# Helping other people everywhere

by Stewart Kirk

On November 5, all UCA students skipped school to help relieve some of the duties of the staff and to serve the community. Hope Task Force is a service project that happens every quarter of the school year.

At 7:45 a.m., students gathered in front of the campus to board busses to go to different locations in the community. The projects were varied. One raked UCA neighbor Nona Hengen's lawn. Another helped someone move, and two girls raked leaves at St. Josephs. Yet another girl helped clean a warehouse in the community.

But not all students left the campus because there are many ways students can help the staff of UCA. One of the girls stayed at the administration building and helped organize things for the day. Other students were able to help in the dorm with cleaning. I was in a group with Mrs. Mann, and our job was to make chocolate chip and butterscotch cookies. We made six hundred cookies. After the cookies were done, we helped organize the kitchen pantry, labeling boxes and unpacking and stacking cans.

Although school is very important, helping others is equally important. It says in Matthew 20:28, "For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many."



Around the piano in the Power House is a good place on a winter evening

## Boys nervously anticipate Winter Banquet

by Stewart Kirk

Young men are nervously anticipating the Winter Banquet which will be held on December 9. This is a special night when the students of UCA get together and have fun. The boys have the responsibility to ask the girls in a creative way to the banquet.

At the Amateur Hour in November, the staff announced the Winter Banquet. The boys of the school then had the opportunity to invite a special girl. The young men are encouraged to be as creative as possible in their invitations. Many of them are very nervous before they ask since they have never participated in anything like this before.

One of the students said he would ask advice from his sister on what to do for an invitation. Some of the boys simply ask the girls directly while others are more creative. One student had plans to draw pig faces on pink balloons and then stuff them into a box. On the outside of the box would be a note saying, "When will I ask you to banquet?" When the girl opened the box, the balloons would fly away, and a note inside would read, "When pigs fly." Another young man last year planned an intricate treasure hunt that involved pictures and roses.

Last year's banquet theme was masquerades, and at the banquet the lights were dim, and soft music played in the background. This year's theme will be Top Hat Tea Party. The boys' and girls' clubs are working very hard to put on a fun event for the students of UCA.

# WWU Honor Band auditions

by Jessica Wagner

Hang around the music building October through mid-November and you could guess that WWU Honor Band auditions will be happening soon. How? Students are voluntarily practicing more than one period per day.

Walk past the practice rooms and you can hear scales, chromatic scales, and the audition pieces being played. Students work hard to learn their parts. Each section, or even each measure, is being played over and over again as they work on fingering, tempo, interpretation and more. Sometimes, you can even hear the students expressing frustration with other students about trying to conquer their part. The question looms: Will they do well enough in their audition to qualify for the University's honor band?

Finally, it's Sunday, November 11, 2012. Auditions begin at 10:30 and go until 5:00 in the evening. The big day has arrived and 24 students are ready for their auditions. Mr. Beck is waiting for each student to audition at their allotted time. It's nerve-racking to be the next person in line, waiting for your turn. Finally, the person ahead of you is done and it's the time of reckoning. Mr. Beck, director of the band and wind instrument program at Walla Walla University, is waiting to hear you play.

Try to relax, try to focus, try to just play as you have practiced, are the thoughts that float through your mind. And try not to be nervous. Amazingly, the notes come out and you live through the experience. Mr. Beck is kind even though you know that the audition wasn't perfect.

Did you make the honor band? The waiting begins.

# School recruits future gymnasts

by Lexi Carrasco

On November 1 over 100 new faces approached the gymnasium for the Gymnastics Clinic, a special day held every two years for visiting students to learn more about gymnastics.

The UCA gymnastics team was really excited to show the visitors gymnastics moves. The clinic was divided into skill sections. The first section worked on tumbling, which included back flips, front flips, and the basic moves that would help beginning gymnasts. The second section practiced basic pair moves. They worked as teams and learned how to trust their partners. The third section practiced balance.

Some students were really afraid to try new things but towards the end of the clinic they realized they weren't afraid.

At the end of the clinic the UCA gymnastics team puts together a show to showcase their talents, and after that, the visitors left happy, knowing they learned tons of exciting new things.

#### Parent Weekend

by Jessica Bovey

Parent weekend was November 9-11. Parents came on Friday, or on Sabbath, but no matter what day they came on, it was a wonderful weekend.

On Friday evening the parents met the staff and welcomed in the Sabbath with Vespers at the church. On Sabbath for church, there was a Hymn Fest, and the band, choir, and orchestra played hymns, and the congregation sang. After church Lizz Ulloa was baptized and welcomed into the family of God, and that was a great celebration.

Later that afternoon there were hot drinks and cookies in the Power House where everyone enjoyed one another's fellowship. There was Sundown Meditation in the church to close the Sabbath, and then the parent-teacher conferences began.

The big event that everyone was waiting for was Amateur Hour. Everyone who participated did very well. It took a lot of hard work to get it all together, and it all paid off.

On Sunday parents said their "good byes" and went home, no doubt looking forward to December's Christmas concert in Spokane.

# Stage fright

by Amy Conradt

You're standing in the middle of the stage, the spotlight is on you, you can't see past the light. The crowd is hushed, eagerly awaiting your first words.

Everyone has their own type of stage fright. One girl in the dorm said, "When I get stage fright I get really red and warm. I start to stutter and stare off into nothingness." Dealing with stage fright can be unbearable. The trick is finding out how to cope with your own brand of stage fright.

There are many ways to deal with it. The classic way is to imagine everyone in their underpants. I suppose you could imagine everyone bald. Another trick that works for some is to imagine that there is just one person, your friend, who is listening to you.

There are many different varieties of stage fright, but for the many varieties there is an equal number of solutions. You need to find what makes you comfortable and use that to help you stay calm and relaxed to get through it. Break a Leg!

## **Dorm stirs creative spirit**

by Reagan Dieter

In the Boys' Dorm, boredom gives birth to creativity. As the days have been getting shorter and colder, that creativity has been starting to show.

The Boys' Dorm is notorious for its consumption of Ramen. Recently, the diner has been used for more and more adventurous Ramen dishes. One student was especially creative with a few of his own spices as he fixed up Cinnamon Ramen. At first, nobody thought it was going to be very good, but everyone who got a taste of this strange concoction started asking how to make it. Now more guys are getting into different spices and cooking techniques with their Ramen outside of the microwave and on to the stove.

Another group of guys decided to show their creativity in a more daring way as they went outside with their skis and shovels. The group decided to make a jump next to the stairs to the east of the dorm. They took that jump and tried to hit the rail on the way down in anticipation for bigger and better park experiences this ski season. Another jump was built when they were done at the stairs and different tricks, from 180's to backflips, were tried.

The guys in the dorm are increasingly eager as the holidays and ski season approach, so be sure, as we get further into the winter months, you will hear of more shenanigans as a result of the copious amounts of creativity in the Boys' Dorm.

#### **Disaster calls**

by Alex Moseanko

BEEP! BEEP! BEEP! At this sound every student cringes. It makes them turn in their beds and pray for an extra hour of sleep. It makes even the toughest of the tough squeak out a couple of tears, but until you are a junior at UCA, you will never exactly know how much you actually need sleep.

It all begins with a couple tests a week that you study for but aren't a big deal. The scores you get make you feel content, and you go about your week like there's nothing to worry about. Then you start getting quizzes, and then homework, and then sports, and then a class office, and then you take up music, and then, and then, and then . . . It all begins to pile up until you wake up one morning and can't even tell who's looking back at you in the mirror. Is it you?

Monique Parker, a current UCA Junior, stated, "Exhaustion makes you ugly!" Camille Bovey expressed how not only do Juniors have have a 7:15 class, but we're also loaded up with homework and expected to be involved with as much as we can, so when night comes we're cramming homework and losing sleep.

How can this problem change? Drop a few classes? Umm...no. That's not exactly the best plan. Honestly, exhaustion will always be present in a full-time student's life, but it can be helped by the teachers understanding and helping us students achieve good grades and not demanding too much from us.



#### UPPER COLUMBIA ACADEMY

#### **ECHOES**

is a regular student publication of Upper Columbia Academy, Spangle, Washington 99031 This issue's contributors included:

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#### **Music tour**

by Shawn Stratte

On the first weekend of November, the UCA band, Choraliers, and orchestra headed to Yakima for the first music tour of the year. Two UCA busses left just after 7:00 on Friday morning, transporting just over one hundred people. It was a regular day of school for everyone who didn't go on the tour, so the campus felt very empty with just under two fifths of the school absent.

The busses arrived at Yakima Adventist Christian School, most commonly known as YACS, at around 10:30 for a mini concert for the students and staff of the school. There were a couple things that didn't go as planned: the piano was out of tune, and the sound didn't carry very well in the auditorium. But, overall, it went pretty well.

After the concert, the music groups had the rest of the day to just hang out and have fun. They had the choice to go to Subway, Taco Bell, Mongolian Grill, or a couple other restaurants. After that, they had the choice to go roller skating or to just hang out at the mall for a while. After about two hours of doing one of those two activities, the students went to the local Adventist church member's house they were staying at. One of God's many blessings on this trip was the fact that so many of the church members were willing to house students.

The next day, the music groups performed at the local Adventist church. A couple of hours later, they put on a sundown vespers at a Native American Adventist church called All Nations Center. When that was finished, the students ate a potluck with the church members, then loaded the busses and headed back to UCA. The busses didn't arrive until about 10:30, but, fortunately, the next day wasn't a school day, so the students had a day to catch up on sleep.

Overall, it was a very busy and stressful trip, but it was well worth the effort.

# Students feel at home

by Andrew Sharley

All UCA students that were on campus on November 3 had the chance to eat homemade food in a close family atmosphere. This was the November 3, 2012 "Home Cooked" Sabbath. It included reportedly amazing food and a close home feel that students appreciated.

"Home Cooked" Sabbath is a time when students go to UCA church members' homes and are fed homemade food and enjoy the afternoon with the host family. Simply being included in close families made a deep impression on these dormitory students. "Home Cooked" gave Nate Cheney fun memories of when he and his family had been dinner guests together on Sabbath afternoons. Jordan Hinton had lots of fun playing with Pastor John's two children. One of the host families asked a student beforehand what his favorite foods were and made those especially for him.

"Scrum-didily-umptious" was the word Brian Stuart used to describe the tasty nut loaf he enjoyed. Students at other homes enjoyed eating Mrs. Turner's lasagna, making chocolate covered pretzels, eating Special-K loaf, or simply spending time in close conversation and friendship. Many are excited for the next "Home Cooked."

Staff and students became better acquainted. One student realized that his host was the grandma of several of his school friends.

Some host homes were the homes of staff on campus and others were a short drive away. Students walked to the staff houses through the rain. Others rode with their hosts to homes nearby.

# Election divides student body

A mock presidential election was organized by the UCA student council on this past November 6, the same day as the national presidential election. by Zachary Morrison The "voting booths" were open from 8:00 a.m. to 3:30 p.m. and voting was held inside the main entrance of the ad building. The entire student body as well as

staff members were invited and encouraged to vote.

It is likely safe to say that at this point everyone not living under a rock is aware that incumbent Barack Obama won the national election against GOP candidate Mitt Romney. On a much smaller scale, the results of the UCA election were quite different. Obama took 63 votes in all while Romney captured the votes of 131 members of the UCA community. Twenty-six additional votes were split among the third party nominees on the ballot.

Many students were surprised to find so many third party candidates, the ideologies of their parties varying as much as the number of votes they received. Peta Lindsay of the Socialism and Libertarian Party received only 1 vote com-

pared with Jill Stein of the Green Party who received 8. Fortunately, no strikes or riots caused by contrasting opinions of UCA

voters have taken place on campus since the election.

# The RA breakdown

Sirisha Sukrutham

Life in the girls' dorm is rough. Often it's more emotionally rough than anything else, because girls like to cry, and they love drama and attention. It's the reality of a girl's world. Why do they cry at everything? I don't know. Everyone cries at different things: homework, stress, home, boys, girls, teachers, pain . . . or even when they're happy! Girls are (dare I say it?) emotionally imbalanced.

Hearing their stories, comforting their cries, supplying chocolate, and helping them with homework also gets the RA's imbalanced. One after another, we may cry or be short tempered. No one may understand how hard the job is, but, despite it all, we can be happy, for such a challenging job makes us who we are.

RA breakdowns happen because we LOVE our girls. But to keep ourselves sane, we need a cure. What makes us feel better? Oh, bombarding the deans' houses and crashing on their couches with loads of junk food and watching a chick flick. Breakdown fixed. Sanity almost restored.

# **Amateur Hour Concessions**

by Breyden Newland

Working behind the concessions during Amateur Hour was stressful and eventful. There was a lot of work to be done in a short amount of time. The popcorn machine was very slow and made people very impatient. It took a very long time to fill the containers on tables, and we couldn't sell to any individuals until the tables were done. The sodas, however, sold very well along with the burgers. Clubs made a lot of money off the food, and there was a lot to choose from.

The popcorn machine remained a problem. So many people came up asking for popcorn that we had to turn them down. But there was one little girl with teary blue eyes who really wanted some. We couldn't say no, so I made up a little bag for her.

Food and other items in a silent auction also helped raise money, and despite the reluctant popcorn machine and a few other problems, fundraising during the evening was a success.

# **ZLDEJISE**

by Kaley Wolfkill

Note night. Knock, knock . . . "Here, all these notes are for

you." And that's where my hectic Sunday night started.

I looked at my notes; two of them stuck out: one in Morse code, and another said, "Your letter is the first letter of your name." The one with Morse code said to find Giovanna G. and Katie F. Before I could do that, three ladies ran into my room shoving their puzzling notes in my face. We decided to sit down on my floor and figure it out.

The notes had different things to decode such as braille, flagging signals, a poem with a hidden message, a normal paragraph that had to be taken apart, and other random time-consuming clues. We figured out each one, even asking one girl's roommate to give us her notes to help with our puzzle. By the time we were ready to put together all of our "letters," Sabrina F. joined us, but there was something still bugging us. Our solution to this puzzle didn't make sense: ZLDEJISE.

We all went to bed that night confused, still thinking about the puzzle. The next day we asked the menacing boys, Louis L. and Tyler W. what it meant. "Ha ha ha, it doesn't mean anything! It was just to waste your time," they said.

Yes, all of us really wanted to hit them when we found out. We

all had better things to do with our time, but we spent it on notes. The moral of the story is that girls do spend time on notes, so, guys, you better watch your backs.

# Friday goes black

by Jennifer Bays

For millions of people Black Friday is the time to do some serious Christmas shopping, even before the last of the Thanksgiving leftovers have gone! Black Friday is the Friday after Thanksgiving and is considered to be one of the major shopping days of the year in the United States.

In the 1960's, police from many different states complained about the congested streets, blocked with motorists and pedestrians after Thanksgiving Day, and called it "Black Friday." In a non-retail sense, it was first used to describe a financial crisis of 1869: a stock market disaster set off by gold spectators who tried and failed to turn the gold market, causing the market to collapse and stocks to plunge.

"Black Friday" in today's society usually falls anywhere between November 23 and 29. While it's not recognized as an official U.S. holiday, many workers have the day off, except those employed in retail. The term "Black Friday" was coined in the 1960's to mark the kickoff to the Christmas shopping season and refers to stores moving from the "red" to the "black." Back when accounting records were kept by hand, red ink indicated a loss, and black a profit. Stores would get so much money from the holiday season that most stores would be out of the "red" and receiving

Ever since the start of the modern Macy's Thanksgiving Day Parade in 1924, the Friday after Thanksgiving has been considered the unofficial start to a busy holiday shopping season by Americans everywhere.

## **Amateur Hour**

by Nick Anderson

At the end of each annual Parent Weekend, the parents can relax and be entertained by their children in UCA's annual talent show, commonly known as Amateur Hour. For many parents, if one of their children is in Amateur Hour, the talent show is a great enough reward for driving several hours to Spangle.

A vast variety of acts are performed, from solo instrumental pieces, to skits and vocal performances. This year, Joe Hess and Pastor Jon Weigley were emcees for the show, which had a 50's theme. The dynamic duo churned out funny jokes and remarks just as 50's diners would churn out burgers and fries. After the pair talked for a bit, a video would be shown of the next performers, in which they would announce their act. After the video, the performers would walk out on stage and

The performers, who had previously spent hours on end perfecting their acts and tightening up every little detail, felt that all of their hard work was paying off. When their acts ended and they took their bows, the pressure was over. They didn't need to stress about performing the act again. However, one could ask any of the performers and they would say that performing their act (or acts in some cases) was incredibly invigorating.

One of the multi-act performers, Louis LaRiccia, had this to say about the night, "Amateur Hour was a lot of fun. It was a great opportunity for the performers to share their talents for the audience to enjoy."

Amateur Hour has always been one of the highlights of the school year at UCA. This year's show definitely kept the tradition going. As the Seniors say good-bye to their final Amateur Hour as UCA students, some of the underclassmen may think to themselves, "What could I do for Amateur Hour next year?"



#### One world mission

by Clayton Schmidt

Want to go someplace exciting? See new places? Make a difference in the world? This year at UCA, two mission trips are being planned to exotic places. They are going to India and Guatemala.

Why go? What difference would it make? These countries suffer from poverty like people who live in the United States have never seen. People work all week to earn one dollar, disease kills thousands of people, and about 5.7 million people are fighting AIDS and HIV.

In Guatemala, UCA students and staff will be building a new church and organizing a Vacation Bible School in the town of Poptun. Being there to help and support them would be a blessing both for them and for UCA students. Students would soon see that kids in the United States are more privileged than those in just about any other place in the world.

India is one of the most densely populated areas in the world as well as one of the most impover-ished. Students will help evangelize, build a new boys dorm, and provide for people's physical needs. It may be a shock to see people who are so happy when they have so little.

Even if you can't go along and experience a culture that is nothing like ours, you can make an impact here and change the world.

# Winter wonderland by Andrew Fisher

During this time of year, an exciting event takes place on campus. Some welcome it, while others dread it. Some pray for it and some pray against it. It's snow.

Just recently our campus experienced over a couple inches of snow. Even though it was pretty insignificant it still shook up our daily routines. Students hurry to their next building, and random snowballs thrown by the maintenance workers ambush straggling kids. There is also the occasional accident where someone slips and falls heading toward the café. Village students bring in stories of cars slipping and sliding on the roads and try to use the weather as an excuse for their tardies.

But for all the problems snow brings, it does bring some joy. A white blanket replaces the weather worn grass and gives people the chance to make mini snowmen in between classes. The die-hard skiers and snowboarders also look to the mountains as the ski season approaches. But people will never agree about snow. There will always be those who appreciate it and those who scorn it, but I guess it's good that in the end nature decides.

#### **Cultural differences**

by Megan Miller

People tend to think that schools will have mostly the same rules all around the country and, maybe, even world. What they don't take into account is cultural differences.

In Egypt, there is an Adventist academy, Nile Union Academy (NUA). Although it is an American school and is Adventist, the rules are different from those here at UCA. What surprises people most is the different number of rules and which rules are most important. Dress code is one example. Here at UCA the staff does not allow you to have unnaturally colored hair, write on your skin, have certain colors on your nails, or specific words and images on your clothes. Your clothes also cannot be ripped. At NUA, none of those are even rules!

NUA has three main rules: no physical contact with the opposite gender except to shake hands, no clothes that show your shoulder at all or go any higher than just below your knee, and no drugs or alcohol on campus. Prohibiting drugs and alcohol is a universal rule, but the dress code and gender rules are different because of culture. The students, especially girls, have to be extremely careful what they wear because of the large Muslim population. Muslims would be very offended if the Christians showed too much skin. The gender rules exist because in the Egyptian culture, family honor is everything. For fathers to let their daughters go to NUA, they must know that their daughters will not dishonor the family by getting a boyfriend. With these rules, the NUA staff is able to insure there will be no couples (even if there are people in the same room you must be part of a group), no touching between genders except for a handshake greeting, and no relationships. Most people in America would think this was extreme, but for them it is normal. This goes to show how culture affects school rules.

