

# The Echoes

Upper Columbia Academy, Spangle, Washington

Volume 44, Number 1, October 1995

## Come and pray

At seven o'clock each weekday morning a group of students gets together to pray. The students vary from day to day, but they are mostly sophomores and seniors because the freshman and juniors are rushing for class at 7:15. You may ask why these students get up to pray when they could stay in bed and sleep in longer. The reason behind it all is their belief that prayer makes a difference. They pray for the school, for answers to problems in their lives and for other students and faculty.

Student week of prayer speakers started praying at the flagpole last year. They thought it would be a great way to start off the day. It continued through last year and has kept on into this year. Anyone who wants to join is welcome. If we have already started, just tap one of the people's shoulders and join in there. Even if you are a junior or a freshman, there is usually time to get to classes afterward. Prayer usually only lasts a few minutes. People like to come and pray because they say it helps them start their day off right. If the day goes wrong or becomes hectic, it gives them something to look back on and gain courage from.

*Seth McNeill*

## Seniors survive roughing it

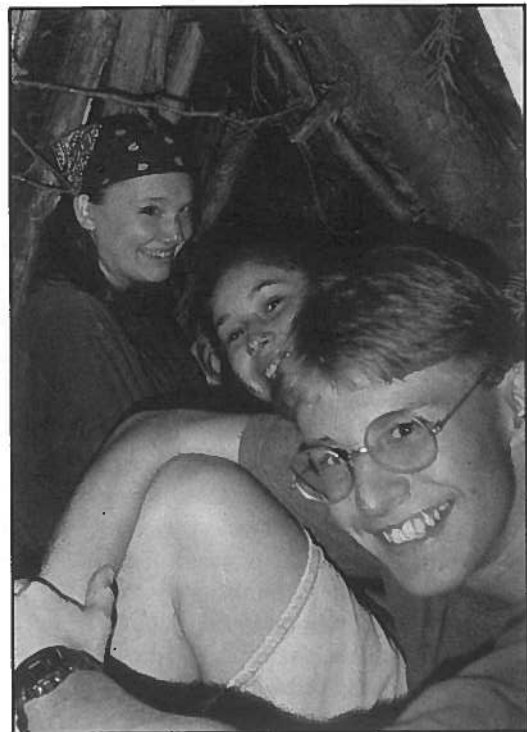
Senior Survival 1996 ended with most of the Seniors still in one piece. Everyone seemed to have had a fun time roughing it for five days out in the woods near MiVoden, learning how to survive in the wild by building shelters, learning about edible plants and bugs, and also learning from the Bible about end times.

When the Seniors arrived on Friday evening, they had to set up plastic sheets for tents and build coverings for their latrines--if they wanted them. The whole week was packed with fun classes and excellent teachers. To start off the mornings, Clayton Child led the Seniors through

The Great Controversy, teaching them about the second coming and end time events. After that, Roger Henderson from MiVoden taught them all about survival in the woods, showing them how to build proper shelters and fires, and also how to use a compass properly. After that Keith Garrison from Fairchild Air Force Base taught them all about edible plants and the correct way to eat them. He even gave those that wanted to the chance to eat crickets for lunch one day. A lot of people thought that they tasted like crunchy almonds. Then for the last class, Mr. Jenks led the Seniors through many initiative games. These games were supposed to build trust with other people and help them be considerate of other people's feelings.

This week was fun, and many said that they would love to do it again.

*David Perrin*



*Becky Reuer, Heather Garcia and Mike Pipoly seem delighted with a shelter's construction during Senior Survival*

## MiVoden contributes entertaining day

Students anxiously poured into the buses on a warm September morning. Unlike the typical school day, this was the day of the annual ASB Fall Picnic. Many students and teachers alike seemed very excited for the day off at Camp MiVoden.

When the buses arrived, many people hurriedly went for the beach. There was an assortment of activities there ranging from water-sports to beach volleyball to keep everyone, including the spectators, entertained. Water-skiers found MiVoden's clear water to be refreshingly smooth. After being thrown in, Mr. Martling found out that the water was a little more appealing from the dock. For those who enjoy warmer water, the indoor pool was the perfect location for swimming and water games.

As the day wore on, many new acquaintances were made and old friends reunited. It seemed to be a pleasant day for all. To end a perfect day, everyone congregated on the lawn and sang songs and listened to Brian Yeager's worship message. Then, after the sun sank in the sky, weary bodies climbed once more onto the buses—this time a little more slowly.

*Bonnie Twigg*



*Emily Bonden and Kris Giese enjoy the sunny day beside Hayden Lake*



*Mark Keymer, Seth Terry, Eli Stanciu, Eric Gruber and Hanns Rookstool enjoy a lively game of Monopoly*

### **Roommates--can you stand them?**

Sharing a room with a roommate is an interesting experience any way you look at it. It can be a really great or really bad situation.

Some of the good things about having a roommate are that you have someone to talk to and do your homework with. You also have someone you can borrow clothes from and someone to make sure you get up in the morning. Some of the bad things are that you have no privacy. There's always someone there. Also, if you don't get along it can be unbearable. If your roommate is really messy and you're really clean, sparks can fly.

Some people in the dorms don't have roommates. Amy Bieber likes not having a roommate because she can do everything her own way anytime she wants and doesn't have to ask anyone's permission.

*Elizabeth Wieland*

# UCA students help community

Friday, September 1, was the first H.O.P.E. Taskforce day. Classes and work were canceled so everyone could participate. The majority of the student body went out into the community to do community service projects. The students had each signed up on registration day for the projects that interested them.

The groups left early Friday morning, heading for various destinations. Some of the projects included cleaning apartments for the elderly; painting a house for an older woman; donating blood; helping set up the camp for Senior Survival; working at three homeless shelters and two food banks; giving worship for the women and children at Ogden Hall, a women's shelter; working on building a house with Habitat for Humanity; borrowing animals from the Humane Society to visit with the elderly for a pet therapy program; working on a quilt for a person sick with cancer; helping to clean up a park over grown with weeds; and handing out invitations for evangelistic meetings at the Linwood SDA Church. These were only a few of the 25-35 different projects organized each month.

This was the first Taskforce day out of 6 planned for this year. This year, students and staff are trying to break last year's record of 12,100 hours of service. The projects are organized by Mrs. Torkelsen. Initially, to find people who needed help, she read the yellow pages, called churches and community service organizations and gathered information by word of mouth. Now after three years she has built up a network of contacts who inform her of service opportunities.

*Kirstin Kiele*



*Ben Gross, Adam Pipkin, Cody Lile, Mark Janke and Nathan Kay attack a park with high-powered equipment on H.O.P.E. Taskforce day*

## Metamorphosis occurs on campus

Many new students on campus this year at U.C.A. don't realize the changes which have been made to campus facilities. From new staff to new industries and dorm improvements, U.C.A. seems to be growing rapidly into a more comfortably-organized school.

For instance, our new AYA/drama director, Brian Yeager, has just completed the task of remodeling the Lion's Den (recreational center). Also, the cafeteria has been blessed with the presence of Clyde Sample, who has added many delightful delicacies to the cafe line up. And we also are very pleased with our new chaplain/ teacher Fred "Waffle man" Riffel who has already found a place in the heart of the campus. Other welcomed staff include Dean Adams and husband Wendle, Assistant Dean Cowen, our new Communications/English teacher Mrs. Gayle Haeger, and last, but certainly not least, our new task-force helper and an all-around great guy and gymnast, Armand Devoir.

Job opportunities have increased on campus. Examples include driving the new little red vehicle, which all students by now have noticed zipping around campus fulfilling all kinds of different errands and tasks such as picking up all the garbage on campus and around "faculty loop" and delivering it to the new trash compactor assembled behind the cafeteria. Also not to be forgotten for creating a new job opportunity are Elder and Mrs. Boothby who are in charge of the Magabook ministries that just started on campus to get the kids out witnessing to the community while helping pay for their education at U.C.A.

There have been more changes such as the clean dorm rooms which greeted new and old students on registration day, and the new auto body shop in the industrial arts building.

The over-all picture of U.C.A. this year seems to be pleasing and satisfying to the students on U.C.A.'s campus.

*Carson Ferguson*

# Students camp in Wallowas

Moccasin, Oregon, is the sight of the annual Outdoor Ed. trip taken by 60 adventurous students of Upper Columbia Academy. This year two trips were taken due to such a high demand. The first trip left school on September 7 and returned, totally exhausted and happy, on September 10. The second trip left on September 28 and came back on October 1, having just about survived the onset of autumn (wet and cold) weather.

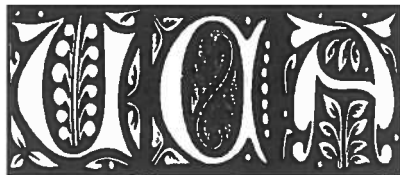
The first leg of the trip consists of a five-hour drive to Mr. Peach's cabin near Enterprise, where Thursday night is spent. The second part of the trip is the more active part because it consists of an 8-mile hike into the Wallowa Mountains where camp is set up along the edge of Moccasin Lake. Two days are spent enjoying nature and the peace and tranquility of the mountains, and then on Sunday morning it's time to hit the trail again. The first trip was sponsored by Mr. and Mrs. Hardy, Ms. McGuire, and Mr. Peach. The second trip took Mr. and Mrs. Martling, Mr. Thorman, and Mr. Peach along for company.

One of the many things to do for entertainment while on this trip is to climb one of the nearby peaks. The peak of choice is usually Eagle's Cap. It's about a two-hour hike up from base camp. The view from the top is spectacular and it is a highly-recommended hike. Some of the other activities include swimming, fishing, and rock climbing.

If you like the great outdoors or just need the P.E. credit, then this is the class for you.

Thank you, Mr. Peach, for the use of your cabin!

*Wendi White*



*Why are Deeanne Akers, Chandis Watson, Katie Torkelsen, Laura Marsh, Wendi White and Bethany Smith giving the secret loser's sign during the first Outdoor Education trip?*

## New students overrun campus

As the first days of the new school year began, one thing that couldn't escape notice was all the new faces everyone kept bumping into. UCA was no longer home to last year's seniors, and crowds of "new" people had descended on campus to take their places. Every year this happens, but this year there seemed to be so many more than usual. In September, enrollment totalled 314 even with 3 who dropped. There were 166 girls and 148 guys. Of these, 138 are first-time UCA students.

With almost one-half of the student body unfamiliar, UCA seems like a new school. Though most of the teachers, classes, and staff from last year are still here, all those unknown people running around will give the new year some excitement. The "old" students and staff need something different to keep from getting bored around here.

*Jennifer Barton*

## Men do their thing

Every spring and fall, the men of UCA unite in a fun-filled week of games, centered around achieving dorm pride and meeting new friends. In the past the games have included slam dunk contests, croquette sets, egg drops from the dorm windows and edible baseball.

Well, this fall is no different. Joe and Mike Threadgill are at it again, and this fall's week of stuff will have a touch of a Scottish theme to it. It's called "Highlander Week," and it's packed with games you wouldn't believe, such as ginger ale drinking contests, pole pushing and much more. There will be prizes for individual winners and hall parties.

Be sure to tune into the guy's dorm at 6:15 p.m. Monday through Thursday and Friday at noon during October 16-20 for a week of adventure and a chance to see men at their best.

*Rita Canaday*

# Classes scramble on class night



*On their way to another class night victory, Seniors show some enthusiasm and a remarkable spelling ability*

Saturday night, September 2, was ASB Class Night. To begin, each class (Senior, Junior, Sophomore, and Freshman) gathered in a corner of the gym with an assortment of miscellaneous items from among their possessions. Coach Soule began calling for strange items which were on a list only he had a copy of. Marvin Thorman, Wendle Adams, and Peter Blankenship acted as judges. Such things as a baseball bat, a picture of a skier, and a Canadian two-dollar bill were asked for. If someone had that item, he or she would rush it to the mat in the middle of the gym. The judges then decided who got there first, and whether what they brought was acceptable. There was a lot of shouting and noise during this event.

After the "class scramble," as it was called, everyone went up to the field behind the gym. There more games were played. Among them, a three-legged race, a truck push (the students pushed the truck while their sponsor steered it blindfolded), and a tug-of-war tournament. There was also a relay race in which one team member would run to a line, open the bag lying there, put on the clothes in the bag, and run back to the starting point. Then he/she would take the clothes off, and a teammate would put them on, run to the line and take them off, then their teammates would start the process again.

By the time the games were over, the Seniors had won again and it was late; but for one last treat, donuts were served to everyone.

*Gabrielle Kiele*

## S.O.S team saves homesick girls

You may be crying for help, or you may just need someone to pray with. If so, the SOS team is glad to help every girl in the dorm feel at home. SOS II GOD stands for "Source Of Strength II Girls Of Dorm." SOS is a team that consists of six girls. Katie Torkelson, Wendi White, Shenalyn Horning, Brenda Pewitt, and Jamie Miller are the SOS team. Dean Graves sponsors the team, and the students organize it.

SOS helps girls who are homesick feel at home in the dorm. Sunday night after homeleave, the team planned a movie and popcorn party for those who returned early. The team also acts as student counselors. Any one of the girls on the team is willing to listen when someone needs to talk, or to just be there for one who is hurting.

The team's main focus is on God. It was established to bring spiritual strength to the girl's dorm. Prayer requests are open for anyone to share. There soon will be a box in the dorm that gives the girls an opportunity to share prayer requests, ask questions, or share their wisdom on a subject mentioned in the mailbox. Another source of strength are the prayer groups that are led by the students. These groups give the girls an opportunity to get to know one another better and to share their spirituality.

"For where two or three are gathered in my name, there am I in the midst of them." Matt. 18:20.

*Misty Park*



## New student shock      Building still waits in wings

As registration drew to a close, many students noticed that a lot of their old classmates were absent. This realization was quickly whisked away in the whirlwind of first-year students. A lot of the school population is new students, with new ideas and new feelings. Some feel lost in the myriad of classes, whilst others can't get enough of that U.C.A. feeling.

The first thing that new students notice is that Upper Columbia Academy is a big change from day school. The big challenge seems to be staying at school for weeks at a time. Many students, however, enjoy the peaceful respite from their community.

After the initial shock has worn off, students begin to settle into their dorm rooms. Adjusting to dorm life is a major part of surviving at U.C.A. The student body spends most of their time in their rooms, even if they're only sleeping. Many parents send little pieces of home with their kids, just to keep them pacified. Teddy bears, blankies, hats, and even plants decorate the rooms of U.C.A.'s dorms, reminding us of home.

And all the semi-alumni students? Well, although they've been swarmed by new students, they haven't been shut out. Upper Columbia Academy is home to us all, at least five days out of every seven. Knowing that we're all in the same boat makes life all the easier. That and, as new student Chris Flerchinger notes: "The girls here are cuter."

*Warren Wessels*



Will the students at UCA ever see a new administration building? Will it ever become a reality? For the seniors, the answer is unfortunately *no*. With one or two more big gifts, however, being a part of this future change is a definite possibility for the freshmen, sophomores, and even the juniors. Optimistically, breaking ground could start as early as the spring of 1996.

So what will this new administration building look like? Big and beautiful like the picture in Mr. Marsh's office? That's the rumor. The new building will start at the back third of the present one and move back from there across the old tennis courts. The building will be bigger with more classrooms and an expanded science lab. If all goes as planned, an amphitheater style assembly room will be added for meetings such as joint worship. The building will be handicap accessible with a bridge connecting it to the main entrance of the gym—similar to the one presently behind the gym. With the building back farther than it is now, more space will be available for an impressive front campus including a fountain (the gift from the class of 1994?).

Once this project gets underway, UCA will never look the same. With prayer and financial support, changes for the better are coming soon.

*Bethany Smith*



## Officers plan events

As we know, the ASB is very important to our school. The officers that are elected represent the student body. At the end of last year we had an opportunity to elect the new officers for the first semester. They are Chris Swisher, President; Jonathan Larson, Vice President; Chandis Watson, Secretary; Jay B. Ham, Treasurer; Shawn Dietrich, Sergeant at Arms; Bethany Smith, Chaplain; Becky Porch, Chorister; and Rachel Jenks, Pianist.

With a budget of approximately \$1000, the ASB is able to plan special events. It takes a lot of work for the officers and sponsors to plan interesting and fun activities for us. We've already sampled some of the things they do: the welcome back hand shake, class night competition, and, of course, the fall picnic. We've had tremendous fun, and there will be more events such as spirit week, student leadership day, and winter campus day. Thanks, first semester ASB officers, for all you do.

If you're interested in becoming an ASB officer, check out the eligibility requirements and get your name on the second semester ballot. Who knows—you may win.

*Cindy Girdharry*

## T-bird rolls again

Thunderbird Furniture has had its ups and downs, including quite a dilemma a short while back. September 4-12 was a stressful time for employees. The shortage of orders caused a temporary shut-down of the factory.

Now the factory is up and running again. All workers were joyous about returning to their beloved work stations which include: line saw operators, line saw tailors, stackers, gluers, graders, and those who chop the wood into proper sizes.

All workers start at \$4.90 an hour. There are chances for raises, but you must be a persistent and hardworking person. Incentives are much looked forward to by students. Every two weeks they are given \$10.00 for perfect attendance.

Thunderbird's job is to make panels of wood for shipment to Germany where they are made into furniture. This gives the students of Upper Columbia Academy a chance to help pay for their education. There are pros and cons about working at T-Bird. It is the best paying job on campus, but it can be a backbreaking job as well as boring. But slivers, cuts, and scrapes and a little boredom are a small price to pay for the Christian education Upper Columbia Academy offers to young adults.

*Heather Garcia*

## It's not television

What is NBC, and is it beneficial to UCA?

NBC is Northwest Basketball Camps. Although NBC is mainly a basketball program, they also operate several other athletic camps. Here at UCA they run basketball, volleyball, and soccer camps from July 9 through August 10. Last summer there was over 1,100 campers and staff at UCA to participate in the various athletic camps being held here. UCA is one of seven locations where NBC meets. Other locations range from Alaska and Montana to The Isle of Man in England. NBC camps is known worldwide and has teams from the United States travel to Europe during the summer to not only play athletics but also to show Christian athletes in action.

The philosophy of NBC camps is to bring athletes to Christ through athletics. When NBC camps were started in 1972 by Fred Crowell, now president of NBC, they were mocked by other sports camps because they chose to base their camps on faith in God, importance of responsibility, delayed pleasure (meaning saying no to the present pleasures for future's sake), loving others, and the spirit of encouragement. Now, 25 years later, none of those camps still operates, while NBC is still growing and expecting 6,500 campers next summer. Danny Beard, director of NBC camps at UCA, says he believes God has blessed the camps. He also said that last summer there was not one complaint about the cafeteria food.

How does NBC affect UCA? Hosting NBC allows UCA to use its facilities year-round instead of having them sit dormant during the summer. NBC allows people to see UCA firsthand who otherwise would not even know it existed. By using UCA year-round there is summer employment for students who otherwise would be out of work. Some of the revenue earned from NBC has helped provide the new tennis/basketball courts outside, helped make improvements in the dorms, and has generated money towards improvements in the gym.

So, is NBC beneficial to UCA?

*Chris Swisher*

## Sample his healthful cuisine

There is a new addition to the UCA Food Service, and that is Mr. Clyde Sample. Although he is new to the cafeteria, he is not new to the town of Spangle. His wife Lou Rasmussen Sample was raised here in Spangle and graduated from U.C.A. in 1959. For the last twelve years Mr. and Mrs. Sample have been coming back to help with the annual harvest. Now they are back to stay.

Mr. Sample is not only a natural cook when it comes to nutritional food, but he has also earned a B.S. in food and nutrition from Walla Walla College, is a

registered dietitian, and participated in a one-year internship at Loma Linda where he learned practical cooking skills, cooking, food service management, and menu planning. Since college, Mr. Sample has worked in many fine establishments including the Food Service Department at Walla Walla College for 14 years, Kettering Memorial Hospital for 2 years, and Weimar Institute for 12 years.

Mr. Sample is in charge of the healthful alternative dishes. He says, "Although we can not duplicate sour cream and cheeses, the alternatives are just as

good." In order for diners to recognize which dishes he has prepared, Mr. Sample always lists his alternative ingredients beside the dish. Another added dish will be Mr. Sample's hot soup to keep us warm during the winter months.

Mr. Sample and the U.C.A. Food Service Department welcome any new recipes or ideas. They are here for our benefit and they would love to hear our appreciation, our constructive criticism, and our ideas.

*Kim Follett*



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## Fresh faculty faces flood facility

Somewhere between graduation and registration a mysterious change seems to take place on campus nearly every year. In addition to the swarms of new students, there are other new faces as well. This year is no exception; new faculty have slipped into many places on campus, from the Bible department to everybody's favorite spot, the cafeteria.

The change was first noticed on registration day. From meeting Brian Yeager at the A.Y.A. booth to being checked into the dorm by two new deans, Sharon Adams and Gena Cowen, students had many opportunities to mingle with the new faculty. Those who they hadn't yet met were introduced at handshake that evening.

After the initial introductions, it was time to actually get to know

the new staff members. Gymnastics students had to learn to trust a new coach, Armand Devoir, to spot them; cafeteria workers began taking instructions from a stranger, their new supervisor, Clyde Sample; and Sophomore Bible students found themselves confronted by a teacher with a whole new teaching style, the dynamic Pastor Fred Riffel. Meanwhile, while some sophomores stumbled into Mr. Lacey's class to experience English complete with the English accent and pronunciation, others got to study the language from a more typical angle with the new, but instantly well-liked, teacher from W.W.V.A., Gayle Haeger.

Well, regardless of all the new experiences that they create, the students here are generally very happy to welcome all the new faculty to Upper Columbia Academy.

*Melissa Tucker*

## The Echoes

is a regular student publication of Upper Columbia Academy, a non-profit Seventh-day Adventist boarding high school, Spangle, Washington

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