

UCA welcomes singers

After many hours, water bottles and sore throats, the UCA choir along with 127 students from various schools around the Northwest combined their 218 voices for a performance Saturday night, February 17.

Choir Clinic participants performed six songs including the evening's favorite, "Rhythm of Life." Along with UCA choral director Mr. Anderson singing bass, the guest artists, the Eastern Washington Chamber Chorus under the direction of Dr. Randel Wagner, performed another six songs.

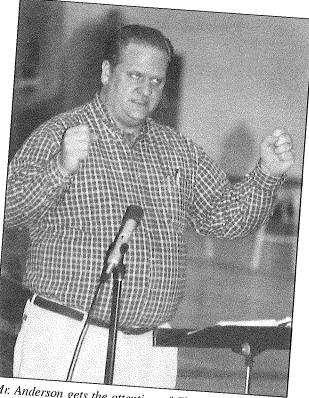
To end the evening, the UCA Clinic Choir and the Chamber Chorus combined to perform "Battle Hymn of the Republic." Senior Emily Cutting commented, "It was wonderful; they did a great job."

Choir Clinic is one way of introducing prospective students to the UCA campus. Mr. Anderson hoped that first it would interest them in coming to UCA, and second, it would get them to join the choral department.

It was discouraging that some students went a little overboard with "initiations" to dorm life, but the majority of UCA students were friendly and hospitable.

The next performance by the UCA Choir will be during Music-a-Rama on March 31.

Laura McDow



Mr. Anderson gets the attention of Choir Clinic participants

Reaching out to the world

A new industry has arrived on campus and is providing a few students with jobs. ADRA (Adventist Development Relief Agency) has moved into the building where Bench Boss was located.

The work done on this campus is sorting and baling clothes to send to other countries. There are only two baling sites in the United States. The other is in Indiana. People from California, Montana, Idaho, Washington and other neighboring states will be bringing their boxes of clothes here. From here the bales are taken by container truck to be loaded on to a ship and taken around the world.

Sheila Campbell, who is overseeing the operation, is thankful because there was a need for this industry. When asked how she thought this industry would do, she said, "I feel that because of how well this school is run, this business could be a success and a help to many people."

Currently, five students are working for ADRA. There is a lot of work to be done besides sorting and baling clothes. At the end of the day there are boxes to be tied and sent back for reuse, and, of course, there is the never-ending job of clean-up.

Trina Perez

Upper Columbia Academy, Spangle, Washington





On Sunday, February 18, the ASB second semester officers

presented the second UCA banquet of the year.

The excitement started at 4:00 P.M. when the young gentlemen came to the girls' dorm to escort their dates to take pictures in the Power House. By about 5:00, most of the couples had arrived at the "banquet hall" dressed in their evening gowns and tuxedos. The theme was Paris, and the cafeteria was decorated with blue lights arranged as the skyline of the city complete with the Eiffel Tower.

The menu consisted of typical French cuisine. Cheese souffle, crepes, fondue and other delicious dishes were served. After people were done eating, Dean Jonathan Lundgrin and students David Lundgrin, Bob Renck, and RJ Henneberg provided entertainment. Since it was the Valentine's banquet, they sang two love songs. Pastor Paul Lundgrin sang a love song he had written, and to top off the evening science teacher Gary Thayer sang about his admiration for H2O.

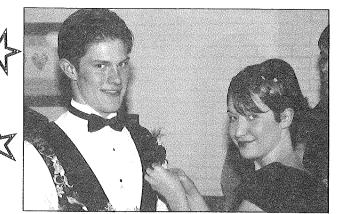
With the dinner over, couples had the choice of either going bowling in Spokane or staying on campus to watch a movie in the Power House. Most paid four dollars to go bowling while a small group of about twenty stayed to watch the romantic tear-jerking Disney classic, "Lady and the Tramp."

It was about midnight when things finally began to settle down in the dorms. The next morning all had returned to normal with the banquet-goers grumbling as they had to wake up for a normal day of school.

Kathleen Boone



Tiffany Larson, Taylor Wilkens, Bob Renck and Emily Wilkens pose while waiting in line to have their photo taken



Kirt O'Connor and Kate Mahoney meet up in the lobby

Group visits Centralia

Recently, Pastor Lundgrin took a group of nine students to help perform the church service and recruit for UCA at the Centralia Church. The group consisted of Jon Koncz, Ryan Bell, Katy Bandy, Fernando Bautista, Rachel Holliday, Ben Crew, Kari Soule, Kirt O'Connor, David Lundgrin, and of course Pastor and Mrs. Lundgrin.

The whole crew piled into a van on Friday February 9 and began the six-hour drive to Kirt O'Connor's home which is very near Centralia. There they practiced some of the following day's activities, ate delicious food that Mrs. O'Connor had made, and spent the night.

In the morning and after a huge breakfast, the group went to the Centralia Church. After Sabbath school the students led out in song service, and introduced themselves. David Lundgrin, Jon Koncz, and Ryan Bell had special music, and then Pastor Lundgrin interviewed Ben Crew on how God had helped him to come to UCA. Following that, the group did a series of charades which went over very well for the children's story, and then Ryan Bell gave a short testimonial concerning how SWOP had worked in his life. Most of the students then took part in a play which was received very well by the congregation and then Pastor Lundgrin had a short follow up sermon.

Ben Crew

WWC band clinic

A few weekends ago, a group of students chosen for their musical abilities headed down to Walla Walla College for the annual Band Clinic. The weekend was spent mostly in rehearsal, learning techniques of tonal quality, intonation, and listening. Nissa Haugen felt it was very beneficial and said she definitely did learn some new techniques to help with intonation.

Along with many hours of practice, there was time to get to know other musicians from all over the North Pacific Union Conference. Students came from Auburn Adventist Academy, Portland Adventist Academy, Columbia Adventist Academy and others. Christina Jenks said, "It was an experience I will never forget. I roomed with the coolest people,"

To summarize the weekend, Wendy Dale said, "It was a very neat experience. I liked being able to play with the best band people from all over the NPUC!" Playing in the College Church on Sabbath culminated the fun and rewarded the musicians for their hours of practice.

Laura Davis

Miniature gymnasts

The Bombardment of Miniature Gymnasts

The UCA Gymnastics team slowly limped their way toward the dorm. They were tired and sore. Their day had begun early and ended late, but looking back on it, many of them couldn't help but smile.

It had stared at ten that morning, February 13, 2001, with approximately 145 kids bounding through the gym. David Lundgrin and Becca Flaiz taught them how to stretch out properly then sent them off to their stations.

The stations were divided into difficulty levels ranging from beginners, who learned cartwheels and forward roles, to the more advanced, who learned back-walkovers and back hand springs,

After a good days workout, the tired kids sat down and watched the presentation the UCA gym team had prepared for them.

"I was amazed," Jennifer Pick, a UCA gymnast, said. "Some of the kids were only 3 or 4 feet tall and they could do backflips! I love working with kids; they're so much fun.'

The day was fun; however, many of the UCA team found simple tasks-like walking-to be difficult for several days afterward.. It was worth it though. The smiles on those kids' faces would be enough to make anyone's day.

Christina Wilbur





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Nick Lambert, Laura McDow

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Bread consumes campus

The smell of fresh baked bread filled the UCA campus air recently. Ms. Denise and her bread-baking posse

were up till the wee hours of the morning making bread for a lot of people. With the help of Phyllis Starr, John Nafie, John Winslow, and Ron and Joy Turner, Ms. Denise made loaves of bread for all the UCA students, all the faculty families, and all the board members.

Now this may sound like a long and boring job, but Mrs. Turner said there were plenty of bread puns going around. "It was hilarious," she said. "Winslow and Nafie just kept coming up with jokes."

So while the bread army was "loafing" about, the unsuspecting students were asleep, looking forward to another carbon-copy day of school. Nobody knew what was awaiting them.

"I enjoyed the break from café food. It really hit the spot!" said a happy Bob Renck. He wasn't the only one who was pleased with the bread though. "I like eating it like a candy bar," mumbled Jon Koncz after getting his loaf. Yes, the reaction seemed to be the same everywhere with dorm and village students alike. But it wasn't just a one-day thing. Loaves were still being eaten a day or two after they were handed out. "It was fun to eat at night in my room," commented Emily Cutting.

So, a very large thank-you goes out to all of the faculty involved in providing such a wonderful gift. And if it's true that the way to our hearts is through our stomachs, then the "Brioche Brahmins" stole ours.

Nick Lambert

Where's my burrito?

A while back the senior class started a Taco Bell fundraiser. The idea was to sell Taco Bell products to the fast-food starved dorm students once a week. With a slight increase in price, hundreds of dollars were waiting to be made. The class has needed funds for various trips and projects and has tried to be creative when coming up with fund-raising ideas.

A large amount of time was put into this fundraiser. Transportation to Taco Bell had to be found each week, and seniors had to go around the dorms every Monday night, knocking on doors and taking orders. The fundraiser had a little success. With the small mark-up on each item, it has brought in about \$50. This is not very much profit, considering the amount of time and effort that is spent.

The senior class still needs funds and brilliant ideas for fundraising. If you have any good ideas, please contact a class officer or sponsor.

Rebecca Wahlman

FU N leaves emptiness

People look for pleasure in many ways. Some waste time and money gambling, drinking, smoking, shooting, and participating in other nonproductive activities. Many people leave necessary work unfinished to fill their time with momentary pleasure. Cards, computers, movies, and parties absorb attention of people who find emptiness afterward. Many people in their pursuit of joy find hardship after the fun ends.

Within each human heart burns a desire for pleasure, but sometimes people lose sight of joy and fulfillment in this pursuit. Caught up in the thrill of the moment, they create emptiness in their hearts that they don't recognize until later--if at all. This emptiness felt in peaceful moments often leads people to pursue fun even more earnestly. The pursuit of fun never completely satisfies, though, even when people find all the success, materials, and action they want.

Fulfillment fills this emptiness with joy, but often people ignore fulfillment for fun. "There is a way that seemeth right unto a man, but the end thereof are the ways of death." reads Proverbs 16:25 KJV. People naturally forget God and pursue their own desires, and this is a dangerous problem with pleasure-seeking.

There are good pleasures, though. God made it clear that He wants us to be happy in Galatians 5:22-23, which states: "But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law." Joy comes from God, and people will never find it apart from Him. Fun that draws us to God will naturally gives us joy, but fun that separates us from the source of joy leaves emptiness. People should make God their first priority in life and realize that fun isn't everything.

Ryan Mundall





What is that mystery to our north--the country known by some as the land of the 'Canucks'? This wide expanse of unpopulated land is also known as Canada. Often Canada is either underrated or ignored by the United States. Some think it to be a large wasteland, covered with ice, snow and polar bears, and with dog-sleds as the only transportation. But Canada is a rich, diverse country with the Atlantic and the Pacific coasts, prairies, fantastic mountains, islands, and yes, the snowy, cold arctic of the north.

The few Canadian VIP's at UCA this year are happy to be here although we have to get used to the green money, travelling in miles, and forecasting the temperature in degrees Fahrenheit. Ben Nickel ('01), from Armstrong, B.C., says, "Canada is less populated and the people are less assuming. They usually don't take you for granted before they get to know you."

Canadians are patriotic by nature. We're proud of our culture and our quirks (not all of us say 'eh'). And now, for our national anthem. Sing along!

O Canada, our home and native land,

True patriot love, in all our son's command,

With glowing hearts we see thee rise,

The true north strong and free.
From far and wide, Oh Canada,
We stand on guard for thee.
God keep our land, glorious and
free.

Oh Canada, we stand on guard for thee,

Oh Canada we stand on guard for thee.

Laura Davis



Unpardonable acts of kindness

The room was awfully silent. A scraping sound could be heard on the other side of the door. Then I heard some giggles and whispering. "Shhh, some one might hear us," a whispering voice said. The room went silent again, except for the scraping noise. The longer I stood outside the door, the more my curiosity grew. Finally I couldn't stand it any longer and I opened the door.

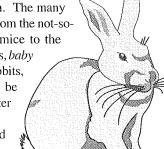
"Uh," came the startled response to my appearance in the doorway. I could not believe what I had just seen. In a hurry the girls reached for whatever they could find to cover up the baby rabbit they had been contemplating earlier.

"What was that?" I asked. The scared girls looked at each other and said "nothing." It was a rather live and furry "nothing."

Over time the girls at UCA have shelter many creatures. Some are allowed and others are not. The girls, though, seem to prefer the ones that are not allowed in the dorm. The many animals that find a home in girls' rooms range from the not-sowanted spiders, ant farms, cockroaches, and mice to the desirable ones: turtles, salamanders, kittens, lizards, *baby* mice, hamsters, snakes, baby chicks, baby rabbits, baby ducks, frogs, and whatever else that can be hidden under their beds. Once even a Gila monster was discovered and then reported missing.

The only pets in the dorm are Amy and Pierre. Besides them only fish are allowed.

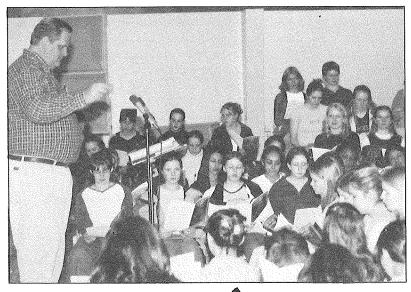
Lourdes Colin.



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SOME IMPORTANT DATES

Spring Vacation March 14 - 25 March 30-31 Grandparent Weekend March 31 Music-a-Rama April 13-14 Alumni Weekend April 15 Easter **April 22-25** Advanced **Biology Trip** April 25 -29 Homeleave May 6 **Bloomsday Race**

June 1-3 Graduation