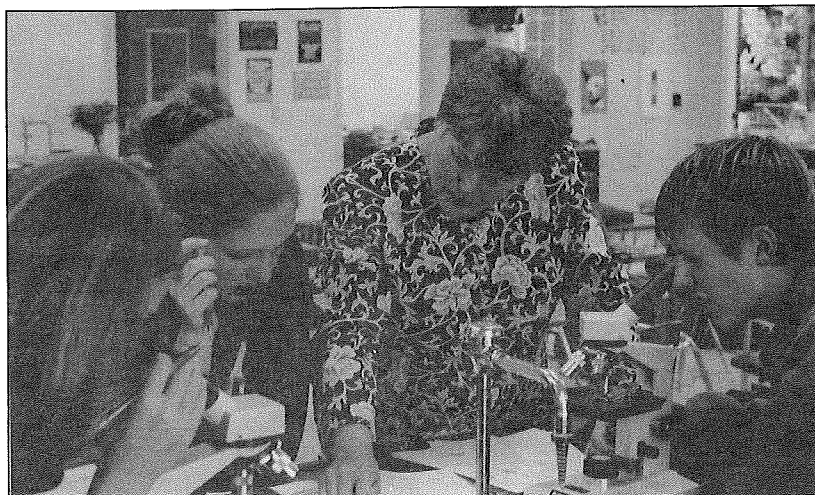


echoes

October 1999



Lindsey Smith, Andrea Stout, and Ross Magi get expert directions about the microscopic world from Mrs. Haeger

Parents flood campus

Two hundred and forty-two parents of Upper Columbia Academy students registered for the annual Parent Weekend, October 8 through 10, 1999.

The weekend started off with a Friday night vespers program in the UCA church. A "Tribute to Parents" was read by Mr. Turner and several parents were asked to answer the question: "Is Christian education worth it?" The three families asked to give their responses all enthusiastically support Christian education at UCA because positive choices are encouraged there. In between talking segments, several music selections were performed by the academy's Trumpet Sextet, Choraliers, and Vocal Octet.

Sabbath school started the next morning at 10:00 am in the convocation center where Pastor Mike Stevenson taught an interesting lesson on being possessed by God. After a beautiful prelude provided by Mrs. Anderson and Erika Beck, church began at 11:15 am. Mr. Turner led congregational singing with the accompaniment of the 20 member Brass Choir, and UCA's 85 member Choir, led by Curtis Anderson, performed other music selections along with the prayer

response. Doctor Darrold Bigger, from Walla Walla College, gave the sermon titled "Sleeping through Y2K," after the choir performed a rousing rendition of "Old Time Religion."

Saturday night, teachers and parents met in the Spangle Adventist Elementary school multi-purpose room for the parent/teacher forum and dinner. The tables were decorated with a tropical beach theme for a festive atmosphere. A record showing of 148 parents were present, double the amount from last school year.

After sundown, varsity football games were held up at the football field for anyone who wanted to watch while parent/teacher conferences, by appointment, were held in the administration building.

The Parent Weekend concluded Sunday morning after more varsity games, parent/teacher conferences, a college information seminar and many tearful good-byes.

"It was cool," says student, Rachel Reedy, when asked about Parent Weekend. "It was nice having my parents here to take me out to lunch."

Cassandra Shewmake

Students help change UCA

Student council has been talked about for quite a few years now, but nothing consistent has been done. Last year there was a student council for a while, but it didn't last all year. This year, however, all the right steps are being taken, and there will be a student council. In the past few weeks meetings were held to vote on the guidelines for the student council members, and a position description was also voted. These meetings were open to anyone who wanted to come, and supervised by Pastor Fred and Mr. Jenks.

Student council will be the voice of the students to the faculty. There are things wrong with every school, and the hopes for student council are that they will work together with the faculty and God to make this school a better place to be. There are two representatives from each class with exception of freshmen, who have one. There are also four elected faculty representatives. The students that are elected must wish to make UCA a better place for their fellow students and a place where God is present. They must see the problems that UCA has and instead of complaining, they must be able to look for ways to solve them. Students that had these qualities were chosen by their class on the night of class organization.

Student council is to be taken seriously, and is considered a primary office. The election of student council members was thought out carefully. These students are going to be the ones to make changes on campus, and that is not an easy task for anyone.

The council members should be willing to hang in there until they make the changes that are necessary. Hopefully, this year will be the best UCA has ever seen, and student council will be to thank for it.

Mandy Hebard

Friday night frustrations

Students who want to go to faculty homes after vespers now have to sign a sheet in the dorm in advance saying which house they are going to. After vespers the students who were able to sign up have 15 minutes to get to that faculty house, and once they are there, they cannot leave until 10:00. If they wish to leave early, a faculty member will escort them back to their dorms.

This new system poses a few problems. Students don't always know in advance if they want to go to a faculty house or which one they want to go to. If students feel sick, they won't want to go, but what if they start to feel better later? Some students are sanguine, and sanguines can't be expected to know what they're going to do later that night. There are also some melancholy students who have everything planned out. They know what they're going to do Friday night this week and next, but what if they want to stay for Afterglow after vespers? Fifteen minutes just isn't enough time to stay for part of Afterglow and then change out of vespers clothes and head to a faculty house. Then there's the phlegmatic who gets told by a choleric which house to go to and when. They make it to the house, but the phlegmatic gets sick and wants to go back to the dorm...

"It's a hassle," said Becca Flaiz, "but we brought it on ourselves." The new rules exist because some didn't respect the school's generosity in letting us go to faculty houses. Students didn't go where they said they were going and some just wandered around campus. Therefore, the administration made a system to help irresponsible people be responsible. "There are so many minute rules in this school we might as well sign up to use the bathroom," said Phil Prins. But Staj Olson commented, "If we want to be treated like adults, we need to act like adults."

If students show they are trustworthy, they will be trusted and fewer rules will be necessary.

Randy Johnson

New power in the power house

Plans for the new Power House, due to be completed by the end of Thanksgiving break, entail a large student lounge, offices, a room for the yearbook staff, and other miscellaneous rooms and places for groups to meet.

Originally built as a place to do laundry and to house huge boilers, the building has been used recently for the HOPE Taskforce office, the maintenance department, and the old school radio station, KUCA. The Alumni committee chose to remodel it for a fund raising project and as a gift to the school.

Funding for the project came from several generous matching grants and the generous donations of alumni and others. Of the \$150,000 needed to complete the project \$137,931 has been raised. Mrs. Torkelsen, Alumni Director, says that any donations from seniors willing to help raise the remaining \$12,069 will be especially welcome. In fact, all willing to help out will receive a tax-deductible receipt and immense thanks.

Originally, the power house was scheduled to be finished in September; however, when a crack was discovered in a chimney inside the structure, extra time had to be taken to properly fix it. This delayed the other finishing crews and pushed back the final date.

Since the refurbished building is intended to be the outreach center of the school, the name has been changed from power house to "Power House," representing the power of God's work that will be conducted inside. On April 8th (Alumni weekend) the new "Power House" is scheduled for its dedication.

Justin Reese

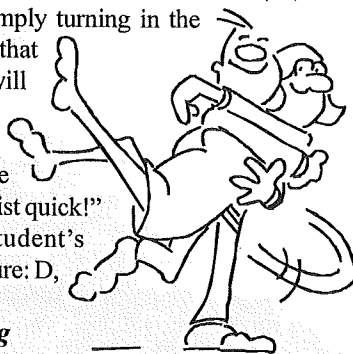
The joys of D, F, and I

On the UCA campus those students who receive a D, F, or I on their midterms or on their report cards get to spend extra time studying.

There are many hard classes at UCA. Most, if not all of them, are easy to fail if you don't stay on top of your homework. For those who fall behind or for those who have difficulty paying attention to their academics, the D, F, & I list was formed. This list has been in place for many years. Each year a different approach seems to be taken to those on the list. This year in the boys' dorm Resident Assistants (RA's) are given the list of students on D, F, & I and are supposed to make sure that those students use the time from 9:00 p.m. to 10:15 p.m. to work on their studies rather than their social skills. In the girls' dorm, the girls on the D, F, & I list meet in a special study room from 8:45 p.m. to 9:45 p.m. to work on homework or study. While studying they are monitored by deans and RA's.

Many students question how well the system works because some people don't take advantage of this study opportunity. It is a good idea but requires some positive student participation. Sometimes, a student on D, F, & I can get off the list rather quickly by simply turning in the assignments they have in their folders that they forgot to hand in. Most students will do almost anything to get off the list. When a former D, F, & I student was asked if he had any advice for those on the list he said, "It would be good if you get off the list quick!" Whether the list truly improves a student's academics is uncertain. One thing is for sure: D, F, & I does get students motivated.

Barry Grussling



Taskforce gives H.O.P.E.

Helping Other People Everywhere, or HOPE Taskforce for short, is where the students and staff of UCA participate in a community outreach program. It has been held at least six times a year for seven years. The first of this school year was held on September, 17. There were many projects for students to choose from--everything from helping the elderly to cleaning up at Camp

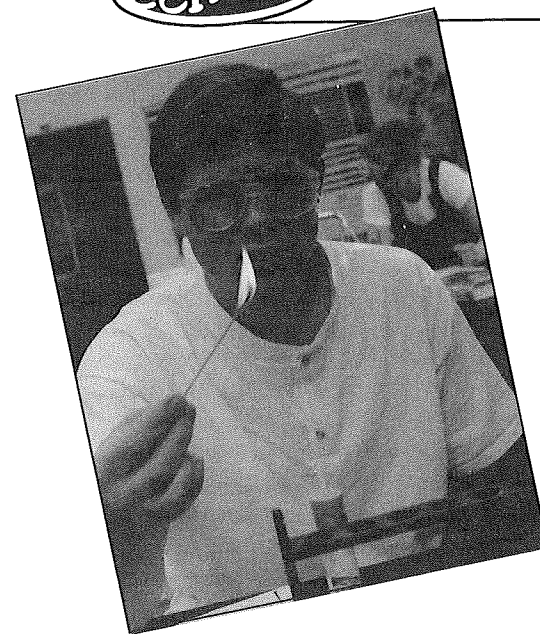
MiVoden.

One group went to Inchelium to help with a mini mission trip. They left Friday morning and drove to Inchelium, taking the ferry across Lake Roosevelt to the Colville Indian Reservation. They returned Sunday afternoon.

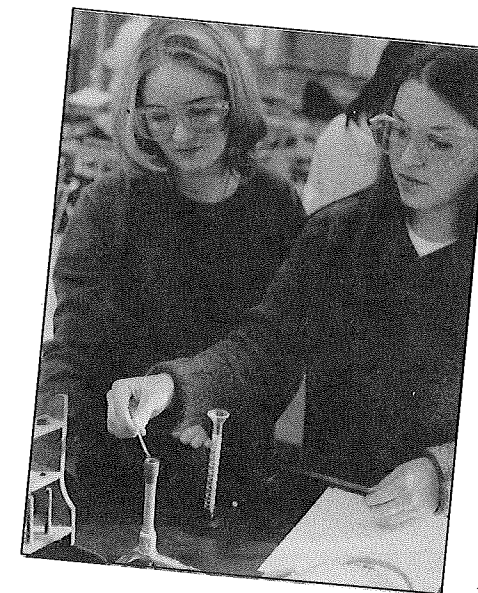
Sarah Trudeau remembers how they took a 75-foot plastic inflatable blue whale to the Inchelium grade school and gave a presentation while the kids crawled inside. Eight others the went to a house and mowed the tall grass and split stacked wood. Christina Wilbur helped on a crew that washed widows and remembers having a lot of fun watching the expressions on people's faces. She wants to go back. On Sabbath the group passed out fliers of the Ten Commandments in preparation for the Angel Seminar evangelistic meetings. They also led out in the church service which was a blessing to all.

Director of HOPE Taskforce and Communications Coordinator, Cheri Corder had this to say, "From my perspective this was the best HOPE Taskforce. It went great. Faculty sponsors were positive, students were enthusiastic, and the people in the community really appreciated what was done for them."

Brian Catelli



Wearing stylish Bill Nye science glasses, Andrew Bigelow thoughtfully ponders the meaning of fire while Kiera Unsell and Mistie Imdieke cautiously prepare to gather some empirical evidence in the Chemistry lab



Holy Spirit descends on campus

Holy Spirit Week, that began on September 13, was a week spent learning how to have a closer or more meaningful relationship with God. This focus made the week survivable for many of the student (and staff) who could choose to attend the optional worshipers that were provided.

Monday night, we met in Mr. Thorman's classroom, or the "upper room" as it was called, in the Ad. Building. The room was packed with students. Andy Hanson, a junior, shared with us the way to have a meaningful prayer life. Prayer is the greatest thing in Andy's life. He says, "It relieves stress in my life and puts me in connection with the Father. When I don't pray my week starts getting bad and I can't feel the bond with God I need. So at the end of that I always end up on my face again before God in prayer."

Tuesday night, we met in Pastor Fred's classroom because the upper room was just about crowded to overflowing. Mrs. Curtis talked on meditation with Scripture. She explained how to put yourself into the Scripture you are studying to make it real for you instead of just being words on paper.

Wednesday evening was joint-worship, and all the students met in the gym. Pastor Curtis talked about communion and fellowship with friends and in relationships and how we can benefit from them.

Thursday was an extremely tough day for many of the faculty and students. Because of some miscommunication and misunderstandings, many of the students thought worship was canceled, so only a few attended Pastor Fred's talk on the subject of fasting. Pastor Fred did not challenge us to fast from café food, but challenged us to fast from judging others and from our other bad habits.

Friday night in the church, students had an opportunity to share how the Holy Spirit had worked in their lives. Some stories were shared with laughter while others brought tears. It was a humbling and inspiring week that helped bring students together.

Sarah Rogers

Responding to reform *part 2*

"Let us not ask from church what can we get, but instead what can we give."
Charles Martin

"A man who would refuse to exercise his limbs would soon lose all power to use them. Thus the Christian who will not exercise his God-given powers not only fails to grow up in Christ, but he loses the strength that he already had."
Ellen White

"Worship and class enjoyment comes not from wanting to get but to give. Coming to church or class saying, 'What can I do or give to make this experience excellent?' changes the whole atmosphere." Gordon Pifher

We are all unique in the gifts we have been given, but one string runs common through us all, and that is the ability to show respect and reverence. It has been argued that if it weren't boring we would listen quietly. Ironically, if we listened it wouldn't seem so boring.

"Regretfully, our culture has lost a sense of what is holy. When there is no sense of awe, no genuine reverence for the Divine, it is much easier to ignore God's claim on our lives. Our real attitude toward God and sacred things is revealed not so much by the words we mouth but by the reverence we show in regard to holy things." Max Torkelsen

As a society we struggle with respect and reverence when people are speaking, and this is simply a common courtesy. And it isn't just at church, either; it is spreading year by year and day by day. In Gymnastics coach has a hard time keeping the team focused and listening. In our classrooms each day teachers are required to repeat themselves several times to get their ideas across.

The overall point is this: If we were quiet and respectful without having to be told, we could do more. Classes would go more smoothly and would be more beneficial. The source of the problem is communication or lack thereof. As Pastor Fred once said, "Selfishness is the root of all problems." Expanding on this idea, Pastor Mike Stevenson said, "If this is true, as had been said, then it is into the mirror that we must look. As you look into your own eyes, look into your soul and see whether your lack of respect is rooted in just plain selfishness."

As a school can we value each other enough to listen?

Staj Olson



Picture this senior girls: We are standing in a dressing room. We think our outfit is stupid because our mom picked it out. Our makeup, of course, looks the worst today, and anything that we do to it just makes it worse. And no matter how many times we place that one renegade strand of hair into place, it just won't stay, and we know it is going to ruin the whole picture.

At about this moment we think our life is going to end. This is our senior year, and everybody looks good in their senior pictures. But we just know that we are going to be about the ugliest one out of all the seniors.

We finally give up and step out of the dressing room very cautiously. The photographer takes us into a room and starts taking shots. Every time he tells us to smile we feel like a Mr. Ed (You know that show on Nick at Night about the talking horse?) because we opened our mouths too big as we smiled. But that isn't the end of our problems. The photographer is about the cheesiest guy that we could get. He starts making weird sounds and bizarre comments to try to get us to smile. Now we want to be done with this disaster. We just want to run out of the studio like a mad cow. But we can't, so we finally finish after a couple of hours that seemed to last forever.

A few weeks go by and we get our proofs. Surprisingly, they turned out really well. In fact, they are the best pictures that we have ever had! But then there is the little issue of money. By the time we pick out all the different sizes of pictures and different poses that we want, we have spent at least \$400! Everyone beware!!!

Laura Nelson

Breaks from school

Every year at the end of each month, students from Upper Columbia Academy, take homeleave breaks from their busy lives at school. "Homeleaves are great for catching up on sleep," says Rachel Holliday, a junior. And Sandra Van Doren, a senior, says she likes homeleaves because they give a chance to "eat good food, see my family, my boyfriend, and occasionally do my homework."

Homeleaves have always been necessary at boarding schools. According to Mr. Larry Marsh, principal, they were even around when he was in school. Then they only happened every nine weeks and were called "nine weeks leave." After that, homeleaves came every six weeks, and now they are almost every month. Parents just wanted to see their children more often, and the teachers needed a break from the students.

Once UCA tried to have homeleaves lasting from Thursday through Monday, but that did not work for parents who had to work on Monday and so could not bring their children back to school. It was more convenient to have the break start on Wednesday and end on Sunday. Running bus routes at homeleave time is another convenience for parents who live too far away to make a return trip to campus in one day.

School breaks are enjoyed by everyone. Talia Silva, a senior, says she gets to breathe new air and get out of her daily routine for a change. And Alma Flores, also a senior, says, "Yes, I finally get to go home!" Others who live too far from the school to go home every month have to find somewhere else to go. Junior Kiera Unsell from Oklahoma says, "Sometimes it's hard to find a place to go, but when I do it turns out to be a lot of fun."

Sometimes it may be difficult to find a ride, or to have enough gas in your car or enough money to get home, but it is such a blessing to be able to take a break from school and enjoy life.

Mistie Imdieke

IT'S ON THE CALENDAR

November 5	Shortened Friday Schedule Begins
November 5	Band Tour Begins
November 7	SAT Tests
November 12	UCC Family Festival Begins
November 13	EKE Amateur Hour
November 19	HOPE Taskforce
November 20	Class Parties
November 21	Sunday School
November 23	Thanksgiving Vacation Begins

Volleying to new highs

It's a completely different ladies varsity volleyball team at UCA this year--a different coach, only two returning players and even different practice times! Only Janelle Myers and Kristi Franklin have returned to play this year. Most of last year's team was part of the graduating class of 1999, and ten new players joined the team, two more than were on last year's team of ten.

Amy Wolfson took over the reins of Head Coach from John Soule this year, and with upcoming games on November 7, 14, 21 and December 4, the team is looking forward to showing the school and their opponents their extraordinary abilities.

With forty-five minute practices three times a week in the evenings, these girls need to stay pumped up, and so it is no surprise that enthusiasm, diversity, and athleticism keep this team going. Jacenda Harvey is known for her serving and bumping; Alecia Stentzel is wicked on the backcourt; Janelle Myers is a great bumper; Lisa Badzik, Michelle Mayle, Kim Krueger and Erica Lomeli are the important setters of the team; and Larissa Skinner is the important all-round player. The enthusiasm of Amanda Parker and Michelle Mayle keeps everyone going, while the music from Kristi Franklin "makes practice fun," according to Michelle Mayle. And it's not uncommon to see Lisa Badzik bringing her dinner with her to practice.

After only one week of practice, UCA Ladies Varsity Volleyball played their first game against Moses Lake. However, their uniforms had yet to arrive, so they played in white T-shirts and black shorts. The game was close, but Moses Lake ended up winning.

"I love everyone on the team and they make me look forward to practice," said Michelle Mayle, and adding to that Janelle Myers said, "[It] looks like we have a good team this year and looking forward to having a good year."

So come out and support your Lady Lions, who knows where they'll end up.

Krista Schrader



Ladies Varsity Volleyball

Janelle Myers
Kristi Franklin
Julie Anspach
Alecia Stentzel
Lisa Badzik
Jacenda Harvey
Stephanie Dyer
Kimberly Krueger
Larissa Skinner
Michelle Mayle
Amanda Parker
Erica Lomeli
Coach: Amy Wolfson

The Upper Columbian

echoes

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This issue's contributors included

Brian Catelli, Jon Engleman, Barry Grussling, Eric Hatton, Mandy Hebard, Mistie Imdieke, Randy Johnson, Brian Jorgenson, Laura Nelson, Staj Olson, Justin Reese, Reuben Rogers, Sarah Rogers, Krista Schrader, Stephon Schulze, Cassandra Shewmake, Daniel Zimmerman, and Stephen Lacey, adviser

Odds & Ends

The grasshoppers on Senior Survival tasted like almonds.

There's a new multi-media projector in the Biology lab.

The hallway to the girls' chapel has been reroofed.

The gym floor has been repaired and refinished.

The choir room is overcrowded with 85 choir members.

The Power House passed inspection, so work can continue.

Class of 2000 falls together

This year's senior survival group exposed themselves to the harshness of northern Idaho's wilderness. Working as a class to overcome the difficulties set before them took teamwork, devotion, time and, most of all, God. "The change that seemed to overwhelm a lot of my friends was amazing," said Henry Baumgartner.

The days consisted of a strong in-depth study of the Great Controversy which showed the students what to expect in the end times. Following that was a class on how to survive by using only the resources of the forest, including what can or can't be eaten. Also there was a class that required a group of students to rely on each other instead of themselves.

Senior Survival was also a very emotional time for a lot of people. It allowed them to open up to their newly-formed friends like they never would've thought possible. Justin Reese said, "The trust fall was the spiritual highlight of the week." The trust fall was an opportunity for people to let go of feelings and frustrations and eventually come closer to God.

The organization of the whole week along with the volunteer staff provided an excellent learning environment. Every evening at a fire bowl vespers the seniors gathered to recapture the lessons learned throughout the day. Although some went with feelings and questions of doubt, most left with a sense of accomplishment.

Stephon Schulze



Seniors prepare to survive

On September 17, the first HOPE Taskforce day of the year, Pastor Riffel, Mr. Thorman, and 15 students left UCA to prepare a site that had never before been used for Senior Survival.

The preparations had started about a month before when Pastor Riffel and Mr. Thorman found that UCA and WWVA were both scheduled for the same time to use the site UCA has developed at Camp MiVoden. So the date for Senior Survival was changed, but then the dilemma really started two weeks before Senior Survival when they discovered that a new road had been put right through the site.

They looked at four alternate sites, and they chose a site near Bonners Ferry the Sunday before Senior Survival. They tried to, but couldn't contact the owner of part of the property that they wanted to use. The group left UCA not knowing if they would be able to use the area that they wanted for the firebowl. Mr. Thorman tried calling the owner of the property from Newport and Sandpoint, but got no answer. From Sandpoint to Bonners Ferry the group prayed and sang. In Bonners Ferry, Mr. Thorman again tied to call the owner. This time he got an answer and was given permission to use the property.

Friday, after the group arrived, the trailer that carried the equipment was unloaded. On Sunday, the equipment was sorted, the cooking area was set up, the firebowl area was prepared, the fire pits were dug, and wood was cut. Each day Pastor Riffel and Mr. Thorman prepared the initiative for the next day. Preparing for Senior Survival was a faith-building experience.

Chrislyn Clayville had this to say, "I thought that the preparation and cleanup were more fun than the actual Senior Survival. For me it was more spiritual than the rest of the week and I got closer to the others who were with me for the preparation and cleanup. It was a blast."

Reuben Rogers

Surviving or not

Again this year, the UCA senior class went through a week of grueling wilderness survival and pulled together as a class. The Senior Survival program started years ago to help the senior class work together and to boost their spirit of camaraderie.

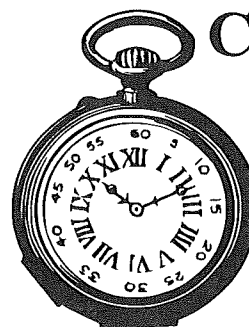
One main focus of Senior Survival is to help the class understand their need for God and for other human beings. Four activities each day are designed to help students understand how to live off the land and how they need each other to do so. These activities include a study on the Great Controversy which educates students on how the end of this world's history affects them. There is also a survival course where the students are taught how to build a safe wilderness shelter, how to read a compass, and other outdoor skills. There is also wild edibles education which teaches the kids what is not safe to eat or touch and what is okay for "mucking on down" as instructor Keith Garrison says. Finally, there is an initiative program involving problem-solving activities in which the entire group must participate. This really gets the students working as one. "It's awesome to see them work like that," says Pastor Fred Riffel.

All the counselors and instructors involved in Senior Survival stress that everyone is different and gifted and that any human cannot do everything alone. Instructors teach their groups that by working together as a team and by using each person's gifts and talents, they will be able to accomplish more. The students learn their strengths and weaknesses and how best to use them in real-life situations.

Senior Survival was started to draw the classes together, making each student feel a part of the larger body with a special part to play. Students are encouraged to use the gifts they were blessed with to God's glory.

Daniel Zimmerman

Campus falls back



Daylight savings time terminates October 24, 1999, but the campus really falls back November 5, when the shortened Friday schedule takes effect, and continues until April 7.

The shortened Friday schedule halves the number of Friday afternoon classes with the first half meeting one Friday and the second half meeting the next. This gives students time to prepare for Sabbath or to travel home before sundown.

This change is considerable for seniors and sophomores who primarily have afternoon classes. However, freshmen and juniors don't get a very big break unless they are taking a senior class.

Kirt O'Connor had a good idea: "Why couldn't they shorten all the classes a few minutes?" When asked about this Principal Larry Marsh explained that when you shorten classes teachers don't have the time they need for a complete lesson and so it is difficult for them to accomplish what needs to get done. When that happens you lose a class period. He added that of the different plans that have been used over the years, this plan which has been used for the last three years is the best yet. Kenny Woodruff agreed, "The less classes the more fun." Robert Bailey felt much the same, "It's awesome, I love it, and I think that it should be every day."

There is no really elegant solution to the problem. Nevertheless, the current schedule continues to work to the delight of some and the disappointment of others.

Brian Jorgenson

Testing, testing, 1-2-3

On September 23 and 24 the freshmen, sophomore, and junior classes took the annual but mandatory TAP tests while the seniors were gone on Senior Survival. The juniors took the test in the morning while the freshmen and sophomores took the tests in the afternoon.

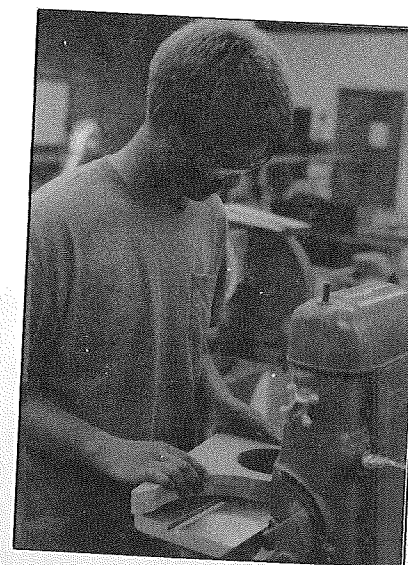
Some say the TAP tests are pointless exams that get you out of class but otherwise waste your time. Others welcome the chance for some variety, something out of the ordinary. Whatever the reason, the TAP tests are here for good.

"The TAP tests are similar to the ITBS tests in that they are standardized achievement tests," explains Florence Lacey, Guidance Counselor. "They help give us, as a faculty, a good idea where a student stands academically. On the score printouts we can tell which subjects are a strength or a weakness of a student. The tests are required so that we can tell what a student learns from year to year. TAP tests also tell the school how well it is helping students learn."

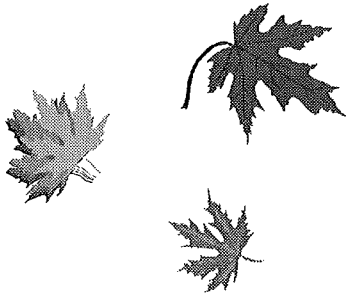
Seniors are not required to take the TAP, and some juniors are glad to have finally finished with it. "I don't really care about the TAP test anymore," says Nick Lambert. "I don't have to take them ever again."

The TAP tests were not the only tests this fall. On October 12 the juniors were required to take the PSAT. This test is a preliminary test to the SAT. Although a short test in comparison to the TAP tests, the PSAT helps prepare a student mentally for the SATs. The PSAT is also the qualifying test for the National Merit Scholarship Awards. The scholarship awards could pay a student's a full tuition if the score is high enough. The benefits of the PSATs, at least, could be very rewarding. Now, what about the ACTs?

Jon Engelman

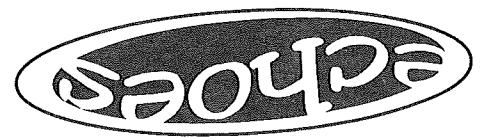


David Nielsen, Rhonda Coy, and Alan George hone (sand and cut) their woodworking skills



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want but
to want
what
we get.

