OCTOBER 2012 VOLUME 61 NUMBER 1

Former students reunite

by Stewart Kirk

Alumni from as far back as sixty years ago came to reunite with old friends at Alumni Weekend. The main event was the combined church and Sabbath School service in the gym.

Students spent several days preparing the UCA gym for the event. Various responsibilities were assigned to the students. Some had to help with setting up the risers for the orchestra, and others assisted with setting up the stage. Those that were over eighteen years old climbed ladders and pinned a black curtain to a bar to make the stage look better. Many chairs had to be set up in the gym to accommodate all the guests. Some students were assigned the job of setting up food in the gym. A lot of effort was put into this very special weekend.

The weekend began after groundbreaking for the new cafeteria with a Friday night vespers in the gym. The opening music was provided by the UCA Keyboard Department. Carl Wilkens was the main speaker for vespers. Both he and his wife graduated from UCA in the mid-1970's. The scripture reading was Matthew 5:1-10.

On Sabbath, the students and alumni joined for a church service in the gym. A timeline was presented highlighting the technological changes occurring through the years. Richard Hart, Class of 1962, spoke on the genocide in Africa and efforts to stop it. Special pieces were played by the UCA Orchestra, and the choir also sang. The event ended with a shared meal of haystacks in the gym.





Students listen attentively as Pastor Doug Inglish presents a message during Week of Prayer. The focus of the morning and evening meetings from October 8 to 15 was on friends: how Christ is our friend and how we can choose and be a good friend.

Autumn arrives

by Reagan Dieter

Fall is in the air. The weather is starting to chill, the bugs are starting to die, the birds are ceasing to sing, the leaves are starting to turn, the wind is starting to bite . . . and the pumpkin pies are showing up in Costco.

As the temperatures cool, students are wearing more layers to shield themselves from the angry gusts. Unfortunately, the autumn around Spangle does not necessarily mean incredible colors as we are stuck with the lovely brown stubble of the wheat fields surrounding our campus. However, this does mean that ski season is on its way.

Everybody waits in anticipation for the first big snow-fall so they can make good use of their weekends at Schweitzer, skiing or snowboarding all over the mountain. As people wait for this snowfall, the dorms get a bit antsy. People get bored with the mundane dorm life as winter approaches, so they decide to do fun and, sometimes, dumb things. Just remember, as fall is upon us and winter approaches, do not break any of the rules because of boredom. Just wait patiently for ski season because winter *is* coming.

He returns

by Amy Conradt

As usual, the Upper Columbia Academy campus is filled again with many new faces and many old ones. Someone whom we all should know by now is the returning Mr. Winslow, our new principal.

How can Mr. Winslow be our new principal but have returned to this campus? He has worked here as a vice principal, bible teacher and boys' dean, and this year he was asked to come back to UCA to be the principal. He loved his old job working at Campion Academy in Colorado but started praying and felt impressed that he should accept the job as the principal at UCA.

Winslow is married and a father of 3 children, two boys and one little girl. He feels that this year is going to be Spirit filled and wants to share Jesus with the students, staff and our Spangle community.

He loves working with teens, and I've heard comments from many students: "He is getting involved as much as he can." "He tries getting to know us." "Even though he is really busy, he makes time for us." Students have a lot of respect for the principal when they see him interact with the student body.

Cafeteria groundbreaking credits God's faithfulness

by Andrew Sharley

The new cafeteria groundbreaking took place on October 5. God was credited as the faithful provider who motivated major donors, Mr. Carl Campbell and Mrs. O. D. Davis, to help finance the project.

Davis's grown son, Weston, explained that a new cafeteria was truly a necessity. A prayer of dedication for the cafeteria project was offered. The actual ground breaking was done by John Winslow, Debbie Nelson, Larry Marsh, Mr. Campbell, Mrs. Davis, Randall Terry, Rob Beaton, Troy Patzer, and Bob Folkenberg. This group included conference and school administrators, the two major donors, and the head cook, Rob Beaton.

Senior classman, Jordan Wagner, represented the student body by reading Scriptures about God's faithfulness. The hymn "Great Is Thy Faithfulness" was sung, with the Brass Choir accompanying, to dedicate the new cafeteria to God's service.

Other students participated in the ground breaking ceremony by releasing into the sky balloons provided by UCA recruiter, Joe Hess. Some balloons, however, became entangled in the nearby water tower.

As the temperature dropped, people began to shiver, and Wyatt Johnson reported that his trumpet mouthpiece was like ice as he played in the Brass Choir. Nonetheless, the groundbreaking ceremony for the new cafeteria made people smile that evening.

Blood drive

by Jennifer Bays

The October 5 blood drive at UCA was a success according to the Inland Northwest Blood Center although only twelve people donated blood.

Before the Inland Northwest Blood Center came, they told Joe Hess, the school's marketer and recruiter, that they were running low on all types of blood and needed to come early to collect. They have planned more blood drives here to give others the opportunity to donate and save a life.

They have had many different schools cancel recently, and with accidents and surgeries, more blood is being used than is coming in. Every day the Inland Northwest Blood Center needs 200 donors to ensure a safe supply of blood. Many donors who are eligible to give donate "whole blood" which can be donated every 56 days, meaning you can donate up to 6 times a year.

To donate you must be at least sixteen, weigh at least 120 pounds, and be taller than 5 feet 3 inches. Almost anyone in high school can donate blood if they have parental permission. All you have to do to is sign up and arrive on time to the station. They will walk you through the rest.

Two more blood drives are coming up, one in November or December, and one in March. So take the time to sign up to donate blood and you might save a life just by taking 15 minutes to donate one pint of blood.

Barn party at the Gee's

by Ashley Lee

It was 4:30 pm, buses were loading students dressed in warm boots and puffy jackets, and they were all ready for the annual party at the Gee's barn.

About a hundred students went to the barn party along with a few families from the UCA church. The barn was packed with people and lots of energy. After singing the blessing for the meal, it was time for the chili feed. There were dozens of different kinds of homemade soup, chili, cornbread, and dessert. They also had hot chocolate and apple cider. It was a delightful and enjoyable meal for everyone, and no one complained about not having enough food.

After dinner, Pastor John prepared some exciting games like making harvest words, racing to separate M&Ms by color, and eating doughnuts hanging by a string. They also had hav rides around the wheat fields. It was a fun and memorable night, and if you weren't about to go to this year's barn party, you definitely won't want to miss next year's!

Living in the fifties

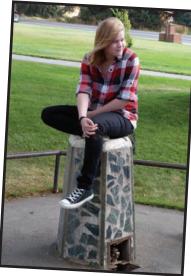
by Alex Dietrich

Boys have been walking down the halls with hair slicked back and wearing leather jackets, and girls have been stumbling in their black pumps and pencil skirts, hair curled crazily. Most of the other students wonder why the entire senior class suddenly looks like they just stepped out of a time machine coming straight from the 1950's.

The seniors did not go back in time; however, some may consider it as close as you can get. Seniors have been studying the 1950's in Mrs. Wickward's 20th Century class, presenting power points on topics they have studied, and dressing up 50's style on all other days for extra credit points. The topics are all over the place: from war and economics to space and fashion. It has been exciting seeing all the strange outfits and funny hairstyles walking the halls, but just wait for the hippie movement.







Prayer ministry open to all students and staff

by Sophia Rich

The alarm goes off at 5:00 on Wednesday morning and Laurel Jessop rolls sleepily out of bed. Even though she is a senior and doesn't have classes until much later in the day, she rouses herself, gets ready for the day, signs out at the front desk, and meets up with her early bird friends to walk to the church across the street. Laurel has done this every day for many weeks. Why? There is a prayer group that meets in the UCA church sanctuary every Wednesday morning at 5:30. To Laurel, rising early on Wednesday mornings has simply become a regular part of her weekly routine. "I go because I like to start my day on a positive note and dedicate my day to God right from the start," she says.

The weekly prayer group, headed by Lisa Randall, associate cafeteria director at UCA, has long been a presence at UCA. It started out as an all-female group, but this year it has been opened up to include any men who are willing to rise early to participate. The group is based around what Mrs. Randall calls "conversational prayer" where each member of the group brings their requests to God and speaks aloud when impressed to do so. This was experienced last year on the UCA campus during Fall Week of Prayer and was called "united prayer."

The meeting lasts from 5:30 to 6:30, but the hour seems to fly by. The hour of prayer is broken up into four fifteen minute sections: Praise, Confession, Supplication, and Thanksgiving. Those praying will praise God, confess their sins, ask God for blessings or for help, and then thank Him for all He has done and will do. Often, someone will feel impressed to sing a song in the middle of the prayer and some might join in. There is a breathtaking feeling of togetherness in the prayers and the songs.

When 6:30 arrives, the students and staff say goodbye and go on about their day, but the feelings they experienced last the rest of the day and often longer. "My favorite part is feeling God come into the church to be with us while we're praying," says Laurel. "Yeah, it's early in the morning, but what better way is there to start your day than with God?"

The group is open to anyone so come as you are and prepare to lift your heart up to God.

Lights out changed to 10:30

by Louis LaRiccia

Most UCA students living in the boys' dorm were shocked to discover that lights-out has been changed to 10:30. This action by the deans caused an uproar with a large number of the upperclassmen. The students find the half-hour subtracted from last year's lights-out time is pointless, and that the dean's don't have a good enough reason for it.

Zach Morrison, an esteemed senior, said, "I want the old time back." as do most other students. However, not everyone was upset with this change. New students and freshmen didn't know the difference between this year and last. Sophomores and Juniors also continued to go to bed at the same time they always have. Tyler Warren, an active sophomore, stated, "I feel that there is no change for me. Bed time was 10:30 for me last year as a freshman and it still is this year."

Still, students who remembered the 11:00 lights-out feel as though they have been robbed of their precious half hour. Last year's students often used this time to finish last minute-assignments that were due the following day or to fit in a quick shower before they went to bed. Now, students had to make up for this lost time and compress their schedules to fit the new time period.

Students in the girl's dorm experienced no change in their lights-out time, and no information was released as to why there was inconsistency between dorms. Boys' dorm students saw this as a total lack of fairness for same-grade students.

For now, male dorm students must learn to live with this half-hour less of power until a resolution takes place.

Scholars get bored in classes

by Rylan Martin

Tired students lose focus and are stressed and bored. They must find ways to be entertained.

Everyone knows how fun school is on the very first day, and how a few days later it just seems to go on and on. Some students are finding it harder and harder to pay attention in class. Teachers are always calling out students telling them to be quiet and to pay attention . . . but to no avail. There are always a few who are asleep as well.

Students are constantly checking the clock, doodling, whispering, and flicking things across the classroom. One anonymous student said, "It's getting harder to pay attention. It seems like we just do the homework and turn it in. I don't think anyone wants to listen to the teacher." For some it is hard to get a lot of sleep or to focus on something they should do.

To be more focused, students should eat breakfast. Lots of students skip breakfast just because they think it is unnecessary or they're not hungry. But studies show that eating breakfast helps get your metabolism started earlier and helps wake you up so you can be more ready for the day. Sleeping better also helps, but is harder to achieve, especially for those in the dorm environment.

UPPER COLUMBIA ACADEMY

ECHOES

is a regular student publication of Upper Columbia Academy, Spangle, Washington 99031 This issue's contributors included:

Anthony Onstott, Jordan Wagner, Ashley Lee, Jessica Wagner, Jody Morlan, Stewart Kirk, Rylan Martin, Louis LaRiccia, Cheyanne Welch, Nick Anderson, Andrew Sharley, Sophia Rich, Alex Dietrich, Jennifer Bays, Amy Conradt, Reagan Dieter, and Stephen Lacey, sponsor

Double take note night in the girls' dorm

by Cheyanne Welch

On the evening of September 2, the girls' dorm was full of emotionally wrecked females, attempting in vain to write "non-creepy" notes to the occupants of the boys' dorm. The halls echoed with frustrated screams and cries for help. As an RA, I had the privilege of being in the center of this storm. My once quiet and peaceful room was crowded with eight girls who, upon hearing the announcement over the speaker system, frantically grabbed paper and pen and kicked down my door.

What ensued was a panic-stricken series of questions, Face-book stalking, advice-asking and wild leaps of faith. Finally, when the messages had been edited, put through rigorous tests of "normalness" and copied onto pretty paper with sparkly pens, they were sent off and the waiting began. Many girls went to bed that night, their nerves frayed and hearts broken over the traumatic event called Note Night.

Ashley Hays claimed her first Note Night was interesting. "I'm personally not used to a bunch of girls around me screaming, but it was fun listening to everyone," she said. Madalynn Kack was one of the participants. She said, "I love Note Night because you can write to anyone you want to and not feel weird about it, and you can get notes from random guys."

"I only wrote around twenty notes, but I got around sixty," laughed Sydney Drury, Head RA and an experienced note writer from her four years at UCA. "I've got some really funny ones. It helped having inside jokes with the guys I already knew. We got to know each other better." When asked for tips about Note Night, she advised, "Don't be afraid to write notes. You never know what they could say. Just throw yourself out there and go for it."

S.O.S. survival of the seniors

by Nick Anderson

What do eating crickets, falling off a six-foot high platform, and jumping into freezing cold water to bathe have in common? They all occur on Senior Survival.

On Sunday, September 16, the Seniors piled into buses and headed up to Camp MiVoden. Upon arrival in the parking lot, the fearless crusaders forged up a trail they knew had been trodden exactly a year before by the Class of 2012. They hiked up for about a mile then set up their homes for the week. Tarps, logs, brush, and anything else they could find were the main components of the fortresses the explorers constructed.

The days that followed would see the Senior class of 2013 through many adventures. Cooking two meals a day over a fire and bathing in bone-chilling, brain-freezing, shriek-inducing waters were just two of the daily rituals. Groupbuilding activities, a basic survival class, a class on wild edibles, and worships were other activities that the survivalists participated in.

Over the course of the week, the class had a chance to coalesce. New friendships were made, and old friendships were strengthened. Many people also said they could feel God's presence out in the wilderness. Whether it was the classes, the worships, or just being together that brought the Senior class of 2013 closer together, it worked.

The survivors returned to UCA on September 21. They were met by warm showers, smoke-free clothes, and comfortable beds. However, I think that all of the Seniors will forever remember their week-long expedition in the woods.

Students take handshake to new level

by Andrew Sharley

Fears of rejection disappeared from the faces of Upper Columbia Academy students as they shook hands with hundreds of staff and peers. Upper Columbia Academy's annual handshake caused new students' insecurities to evaporate, according to one first-year senior.



More than 200 students plus staff greeted each other at the Academy's annual registration day handshake. Several students did not even make it all the way around the circle of faces before the time was up. Some students energetically introduced themselves. Others gave a smile and a short handshake. The math teacher's wife, Mrs. Gladding, held up a bottle of hand sanitizer. But, most of the students did not seem overly concerned about the germs.

All of this happened as, one by one, students made their way around the existing portion of the circle of people. Upon reaching the end, each student became the next piece of the ever growing human loop. With so many people to meet, a variety of greetings were used. One new student introduced himself by name. At other times, he simply mentioned that he was glad to meet them, having just told his name to the adjacent student.

The Upper Columbia Academy handshake happened directly after the first worship thought of the 2012-2013 school year. Consequently, as the handshake wound to a close, the students headed off to their dorms.

Amateur Hour preparation

by Louis LaRiccia

The UCA Music Building has become much louder recently due to the majority of UCA>s talented student body preparing for Amateur Hour auditions on October 23rd. Amateur Hour is Saturday night, November 10, on Parent Weekend, but students still are getting ready for it a month earlier. The auditions are scheduled before home leave specifically so that students are able to bring back any costumes or props that are needed for their acts. The acts vary from simple songs to playful skits, each filled with the talented students.

Last year it was my job to accompany any performers who needed a pianist. The busiest time of the year was Amateur Hour. Requests came from everyone: singers, instrumentalists, dancers, you name it. I couldn't refuse to accompany since it was my job, yet some performers didn't even have sheet music for me to play. I liked the job; it gave me new challenges.

Others are facing challenges with this year's auditions as well. For some, it could be the first time performing in front of a large audience or the first time doing a solo. All get nervous and ask, "Will I make a mistake? What if I forget the notes or words? Why didn't you give me sheet music?"

Amateur Hour is a great chance for everybody to share their talents and overcome their fears. Until then, keep practicing.

Students relive Christ's example

by Stewart Kirk

Christ washed the disciple's feet to show them how to serve and care for each other. The students at Upper Columbia Academy followed His example by washing the feet of their fellow students. They also shared communion together just as Christ shared communion with his disciples.

On Friday, August 31, many Upper Columbia Academy students gathered around tables that were set up in the shape of a cross on the football field. The Associated Student Body put on an Agape Feast so that the students would have a good start to the new school year, and so that they will grow closer to God and to each other.

At the Agape Feast, they served cheese, crackers and fruit while Mr. Purvis shared his life story. He spoke about pride, and he said that he had learned a lot from being in a bad car accident that took away a lot of his abilities. After the talk, the students washed each other's feet and ate unleavened bread and drank grape juice to celebrate communion.

Junior class vespers

by Jessica Wagner

Themes like "grow closer to Christ," "be spiritual leaders," "encourage each other," and "be positive" were written on the banner displayed at the junior class vespers on Friday evening, August 31.

Our junior class met together for a fun and uplifting vespers at the fire bowl. After singing songs, we separated into different groups and each group was given a bag of random objects. With those objects we were to come up with a devotional thought to share with the other groups.

The snacks of crackers and cheese, roasted marshmallows, Rice Krispy treats, and hot cider were filling as we enjoyed the warmth of the fire and grew closer as a class. We watched part of a Ken Davis movie, *Fully Alive*, which challenged us to live each day to the fullest.

The highlight of the evening was focusing on what we wanted our class to represent and how we wanted other classes to see us. We each had an opportunity to list qualities and goals for our class, and it was great to see so many positive and uplifting views of our class written on the banner.

Overall our class vespers helped us draw closer to each other and gave us focus for how we want others to see us as a class.

Park hopping and cart crashing

by Ashley Lee

A typical Sabbath afternoon at UCA usually consists of going on a hike or relaxing at Manito Park. However, on one Sabbath in September, the activity was park hopping and cart crashing.

The group left UCA at 2:30, enthusiastic and excited. The first stop was at Albertsons where, after getting dropped off, everyone ran around gathering carts and pushing them to the store's entrance. Five minutes later, they were back on the bus ready for the next stop.

Several grocery stores later, the group arrived at a kiddie playground at Manito Park. Swinging and sliding were popular amongst the group, but after a few minutes, they were back on the bus heading to Costco.

Costco was busy and shopping carts were everywhere. The group ran off the bus and immediately started collecting all the carts. Costco's employees were quite bewildered by us, a bunch of high school students taking over their job. "Gotta love Christians," one employee said to his coworker.

Cart crashing isn't exactly a normal act of service, but it was definitely one that won't be forgotten.

Called on in class

by Jody Morlan

One thing that always gets me in class is when teachers call my name and pick ME out of the other 34 kids in my class. I always wonder why they do that. Can't they choose someone else that is willing to answer a question and is not afraid to talk in front of other students? The main reason why I don't like being called on is because I am afraid I will give the wrong answer. No one ever wants to be looked at when asked a question, especially if they give the wrong answer. How embarrassing to be in the spotlight for a few minutes and make yourself look bad!

When teachers feel that wonderful urge for picking on someone in the class, they should re-think who they pick on. Students who like to talk or who are knowledgeable should raise their hands when the teacher asks a question. That way the other students who might get picked on will be safe from having to talk.

Teachers should acknowledge the students who want to speak out and be noticed, and if the answer that they give is wrong, correct them as if they were speaking to the whole class. Teachers also should acknowledge partly-correct answers. For instance, if the teacher asks, "What is Osmosis?" and the student says, "The moving of liquid through a membrane," that is not incorrect because it's not a wordfor-word answer from the book. Just because the answer should have been through a semipermeable membrane, doesn't mean that the membrane part is wrong. Students should be acknowledged for being bold and talking in front of the class and made to feel good for speaking up. Answers don't have to be exactly what the book says to be correct. Paraphrased answers are much more rewarding!

All in all, when it comes to answering questions in class, don't be scared of what others think of you, be BOLD and voice your opinion!





Fall Picnic at MiVoden









Classes elect officers

by Jordan Wagner

Class elections come every year right around the end of the first quarter and produce quite a commotion within the student body. Students talk about the candidates and how well they think those particular people would do in office. Students want the leaders of their class to be responsible, creative, and, overall, committed. Otherwise, no fun activities would ever happen. Beyond that, the elected senior President is a lifetime position. That's definitely a pretty big deal.

In past years there has been virtually no campaigning throughout the preliminaries, but this year proved to be slightly different. Two seniors decided to have a little fun. They baked over one hundred assorted cookies to give to the student body. As if that wasn't enough, they also purchased "Vote for Pedro" pins to pass out to other students. Although this did not directly support their campaigns, the majority of people appreciated the general cheerfulness that it brought about.

But what might perhaps be the most exciting event around the time of class elections is the class presentations. This happens only an hour after the actual elections happen. The classes must present their elected officers to the entire student body. Usually this involves a very creative skit, play, or show. People have used pool noodles, lasers, glow-stick cannons, and have even repelled out of the weight room in the back of the gym. There really is no limit as to where the student's creativity can take them.

The beginning of the end

by Anthony Onstott

Hundreds of kids streamed out of the front doors of the administration building; they ran and yelled and threw their books into the air with glee. Why did they do this strange thing? The answer is simple: it was Friday. Here at Upper Columbia Academy, Friday is one of the most anticipated days of the week. It signifies the beginning of the weekend, the greatest two days on Earth for academy students. Friday signifies that there will be one day where they aren't allowed to do schoolwork, and must relax and commune with each other. It also means that there is a day when they can finish all their school work and still have time to go to breakfast at 10:00 am.

But that's not the only thing that they are whooping and hollering about. The seniors already are counting the weeks until graduation. Friday means that there are five fewer school days left until they get to leave the dramatic and overtiring days of high school and move on to the difficult, sleepless nights of college. The seniors tend to think that college is going to be a great and wonderful time that they will be able to just go to parties, skip classes, and then pass tests with flying colors. What they fail to recognize is the fact that those things only happen on the first 2 days of a semester. The rest of that time is usually spent frantically reading up on everything that has even a word to do with their classes.

Therefore, seniors at Upper Columbia Academy tend to be on the most optimistic side of things when it comes to the world after academy. What they really need to do is study the easy subjects they have now, even if it will only barely prepare them for what is to come.

CLASS OFFICERS

President Vice-President Chaplain Secretary Treasurer Historian Sgt-at-Arms Musician **Sports Student Council**

SENIORS Brian Cazan Reagan Dieter Sierra Davis **Bethany Bradshaw** Xandroea Ecklor **Ashley Cuber** Jake Purvis Louis LaRiccia Jonathan Bradshaw Isaac Smith Jordan Wagner

JUNIORS Alex Moseanko Chris Tataryn Sirisha Sukrutham **Ashley Lee** Jasmine Che Alex Tataryn Savannah Ånderson Shawn Stratte Daniel Wilkinson Sara Bumgardner

SOPHOMORES Josh Enjati Jake Carlson Sabrina Beckner Kona Osgood Leah Holden

Melissa Jones Maddy Kack **Brian Paredes** Nathaniel Srikureja Chloe Johnson

FRESHMEN Morgan Stanver Jordan Barnett Elliott Wickward Cassie Gonsalves Ronnie Anderson Nathaneal Mathison Nathaneal Mathison Elliott Fulbright Zachary Tataryn

