

Upper Columbia Academy
March 4-10, 2012
Subject to Change

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
<i>French Toast</i> <i>Breakfast Strips</i> <i>Strawberries / Whip Cr.</i> <i>Grits</i> <i>Fresh Fruit, Cereal Bar</i> <i>10:00 AM</i>	<i>Hashbrowns</i> <i>Breakfast Links</i> <i>Peaches</i> <i>Malt-O Meal</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles</i> <i>6:30 AM</i>	<i>Breakfast Burritos</i> <i>Tofu</i> <i>Pears</i> <i>Cream of Wheat</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles</i> <i>6:30 AM</i>	<i>Pancakes</i> <i>Prosage Roll</i> <i>Applesauce</i> <i>Oatmeal</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles</i> <i>6:30 AM</i>	<i>Scrambled Eggs (Tofu)</i> <i>Tater Tots, Doughnuts</i> <i>Fruit Cocktail</i> <i>Malt-O Meal</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles</i> <i>6:30 AM</i>	<i>Crepes, Hash Browns</i> <i>Cream Cheese</i> <i>Hot Fruit</i> <i>Cream of Wheat</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles</i> <i>6:30 AM</i>	<i>Breakfast Cake</i> <i>Breakfast Patties</i> <i>Peaches</i> <i>Oatmeal</i> <i>Fresh Fruit, Cereal Bar</i> <i>8:30 AM</i>
	<i>Spaghetti</i> <i>Alfredo/Marinara Sauce</i> <i>Bread Sticks</i> <i>Corn</i> <i>Peas</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles/Soup</i> <i>11:45 PM</i>	<i>Burrito Bar</i> <i>Haystacks</i> <i>Fresh Salsa</i> <i>Cookies</i> <i>Vegan Option:</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles/Soup</i> <i>11:45 PM</i>	<i>Cheese Burger loaf</i> <i>Mashed Potatoes</i> <i>Gravy</i> <i>Mixed Vegetables</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles/Soup</i> <i>11:45 AM</i>	<i>Veggie Sandwiches</i> <i>Potato Salad</i> <i>Baked Beans</i> <i>Chips</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles/Soup</i> <i>11:45:00 PM</i>	<i>Manicotti</i> <i>Bread Sticks</i> <i>Manaco Blend</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles/Soup</i> <i>11:15 AM</i>	<i>Baked Potato</i> <i>Prime Steaks</i> <i>Baked Beans</i> <i>Broccoli, Corn</i> <i>Ice Cream</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>12:30 PM</i>
<i>Veggie Burgers</i> <i>French Fries</i> <i>Ice Cream</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>4:00 PM</i>	<i>Oriental Rice</i> <i>Egg Rolls, Corn</i> <i>Bagles / Cream Cheese</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles/Soup</i> <i>5:30 PM</i>	<i>Grill Cheese</i> <i>Tomato Soup/Crackers</i> <i>Potato Chips</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles/Soup</i> <i>5:30 PM</i>	<i>Chicken Nuggets</i> <i>Potato Wedges</i> <i>Green Beans</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles/Soup</i> <i>5:30 PM</i>	<i>Fajitas</i> <i>Spanish Rice</i> <i>Carabean Blend</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles/Soup</i> <i>5:30 PM</i>	<i>Potato Soup, Broccoli</i> <i>Cheese / Crackers</i> <i>Bread Boules</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>Belgium Waffles/Soup</i> <i>5:00 PM</i>	<i>Pizza Buns</i> <i>Fruit Salad</i> <i>Salad/Sandwich Bar</i> <i>Fresh Fruit, Cereal Bar</i> <i>5:30 PM</i>