Upper Columbia Academy April 15-21, 2012 Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
Scrambled Eggs (Tofu)	Pancakes	Hashbrowns, Muffins	Biscuits & Gravy	Breakfast Burritos	Waffles	Breakfast Cake
Tater Tots	Stripples	Breakfast Patties	Tater Tots	Tofu	Breakfast Links	Breakfast Patties
Pears	Applesauce	Peaches	Mandarin Oranges	Pears	Strawberries	Peaches
Cream of Wheat	Cream of Wheat	Malt-O Meal	Oatmeal	Cream of Wheat	Oatmeal	Oatmeal
Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
	Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles	
10:00 AM	6:30 AM	6:30 AM	6:30 AM	6:30 AM	6:30 AM	8:30 AM
	Potato Bar	Pasta Primavera	Pizza	Mashed Potato	Burrito Bar	Stuffed Shells
	Toritlla Chips	French Bread		Fri Chick		Bread Sticks
	Chili	Capri Vegetables		Gravy		Peas, Corn
	Broccoli	Cookies		Carabian Mix		Brownies
	Carrots					
	Salad/Sandwich Bar	Salad/Sandwich Bar	Salad/Sandwich Bar	Salad/Sandwich Bar	Salad/Sandwich Bar	Salad/Sandwich Bar
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
	Belgium Waffles/Soup	Belgium Waffles/Soup	Belgium Waffles/Soup	Belgium Waffles/Soup	Belgium Waffles	
	11:45 PM	11:45 PM	11:45 AM	11:45:00 PM	11:15 AM	12:30 PM
Seniors Doing Supper	Quesadillas	Chicken Nuggets	Fajitas	Macaroni & Cheese	Broccoli Cheese Soup	Corn Dogs
	Taco Soup	Green Chili Rice	Spanish Rice	Baked Beans	Cheese / Crackers	Potato Chips
	Monaco Vegetables	Broccoli Normandy	Carabean Blend	Zucchini	Bread Boules	Chili, Green Beans
	Vegan / Wheat Free Bar	Vegan / Wheat Free Bar	 Vegan / Wheat Free Bar	Vegan / Wheat Free Bar	Vegan / Wheat Free Bar	Tossed Salad, Bread
	Salad, Bread, Fresh Fruit	Salad, Bread, Fresh Fruit	Salad, Bread, Fresh Fru	Salad, Bread, Fresh Fruit	Salad, Bread, Fresh Fruit	Fresh Fruit, Cereal
	Cereal, Belgium Waffles			Cereal, Belgium Waffles		
4:00 PM	5:30 PM	5:30 PM	5:30 PM	5:30 PM	5:00 PM	5:30 PM