Upper Columbia Academy April 24 -30, 2016

Week #_____ - Subject to Change

Home leave starts 27th

Sunday School

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
BREAKFAST	French Toast	Breakfast Burritos	Pancakes	Biscuits & Gravy			
	Strawberries	Scrambled Eggs	Syrup	Hard Boiled Eggs			
	Applesauce	Toppings	Breakfast Links	Toppings			
	Tofu	Malt-O-Meal	Tofu	Tofu			
	Breakfast Patties	Apple Sauce	Steamed Rice	Yogurt & Peaches			
	Hot Cereal	Tofu	Mixed Fruit	Cream of Wheat			
	Fresh Fruit, Cereal Bar						
		Belgium Waffles	Belgium Waffles	Belgium Waffles			
	10:00 AM	6:30 AM	6:30 AM	6:30 AM	6:30 AM	6:30 AM	8:30 AM
		Prime Stakes	Potato Bar				
		Mashed Potatoes	Chili				
LUNCH		Green Beans	Broccoli	Lunch Line			
		Salad Bar	Cheese Sauce				
			Chips				
			Salad bar				
			Cookies				
		11:45 AM	11:45 AM	11:45 AM	11:45 AM	11:15 AM	12:30 PM
DINNER	Little Pizzas	Baked Bean Burritos	Black Bean Burgers				
	Toppings, Pineapple	Fresh salsa	Sweet Potato Fries				
	Olives, Onion	Bean & Rice	Carrot & Celery Sticks				
	Peppers, Mushrooms	Chips	Cottage Cheese				
	Toss Salad		Peaches				
	Ranch & Italian						
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar				
	4:00 PM	5:30 PM	5:30 PM	5:30 PM	5:30 PM	5:30 PM	5:30 PM