## Upper Columbia Academy May 29 - June 4, 2016

*Week #\_\_\_\_2 \_\_\_\_ - Subject to Change* 

Senior Trip 29 - 3 Freshmen and Sophomores Leave 1st Graduation Weekend Class Night Commencement

Su	nday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
French Toa	ıst	Breakfast Burritos	Pancakes	Biscuits & Gravy	Omelets	Waffles	Crepes
Strawberrie	es	Scrambled Eggs	Syrup	Hard Boiled Eggs	Tri Tators	Strawberries	Hot fruit
Applesauce	e	Toppings	Breakfast Links	Toppings	Tofu	Applesauce	Whipping Cream
Tofu Breakfast F		Malt-O-Meal	Tofu	Tofu	Pears	Oatmeal	Hard boiled eggs
Breakfast F	Patties	Apple Sauce	Steamed Rice	Yogurt & Peaches	Hot Cereal	Scrambled Eggs	Tofu
Hot Cereal		Tofu	Mixed Fruit	Cream of Wheat		Tofu	Yogurt & Peaches
Fresh Fruit	, Cereal Bar	Fresh Fruit, Cereal Bar					
		Belgium Waffles					
10:00 AM		6:30 AM	8:30 AM				
		Prime Stakes	Potato Bar	Asian Haystacks	Burrito Bar	Pita Bar	Haystacks
		Mashed Potatoes	Chili	Brown Rice	Pinto Beans	Hummus	Cookies
		Green Beans	Broccoli	Black Beans	Rice	Cucumber	
:		Salad Bar	Cheese Sauce	Cabbage & Celery	Lettuce & Tomato	Spinach	
			Chips	Red Pepper	Cheese & Olives		
			Salad bar	Cucumber	Salsa & Sour Cream	Sundried Tomatoes	
1			Cookies	Carrots	Guacamole	Pasta Salad	
				Pineapple Chunks		{Snacks in the Gym	
				Asian Sauce		for practice}	
		11:45 AM	11:45 AM	11:45 AM	11:45 AM	11:15 AM	12:30 PM
Ravioli		Baked Bean Burritos	UCA Subs	Black Bean Burgers	Hot Dogs	Fruit Pizza	Chicken Sandwiches
French Bre	ad	Fresh salsa	S/S Chips	Sweet Potato Fries	Baked Beans	Navy Bean Soup	Potato Chips
Green Bear	ns	Bean & Rice	Cream of Broccoli	Carrot & Celery Sticks	Potato Chips	Crackers	Fresh Cut Veggies
Garden Sal	ad	Chips	Soup	Cottage Cheese	Carrot & Celery Sticks		Dip
				Peaches	Cottage Cheese		Cantaloupe
Fresh Fruit	, Cereal Bar	Fresh Fruit, Cereal Bar					
4:00 PM	,	5:30 PM					