

Upper Columbia Academy

Oct 16 - 22, 2016

Week # 4 - Subject to Change

School Board - Tuesday

Home Leave - Wednesday

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
BREAKFAST	French Toast	Omelet	Egg McMuffins	Breakfast Burritos			
	Strawberries	Hash browns	Tofu	Scrambled eggs			
	Applesauce	Breakfast Patties	Grits	Toppings			
	Tofu	Tofu	Pineapple	Hot Cereal			
	Breakfast Patties	Hot cereal		Yogurt/Peaches			
	Hot Cereal	Toppings		Lunch Line			
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar			
		Belgium Waffles	Belgium Waffles	Belgium Waffles			
	<i>10:00 AM</i>	<i>6:30 AM</i>	<i>6:30 AM</i>	<i>6:30 AM</i>	<i>6:30 AM</i>	<i>6:30 AM</i>	<i>8:30 AM</i>
LUNCH	Haystacks	Chicken Pot Pie	Fresh Pizza				
		Mashed Potatoes	Pesto, Ranch				
		Broccoli	Red Sauce	Sack Lunch			
		Biscuits	Cheddar Cheese				
		Salad Bar	Feta				
			Broccoli, Tomato				
			Purple onion, Olives				
			Mushrooms, Peppers				
		Dressings					
	<i>11:45 AM</i>	<i>11:45 AM</i>	<i>11:45 AM</i>	<i>11:45 AM</i>	<i>11:15 AM</i>	<i>12:30 PM</i>	
DINNER	Little Pizzas	Manicotti	Corn dogs				
	Toppings	Green beans	Potato Salad				
	Garden salad	Garlic Bread	Fruit salad				
	Cottage Cheese	Short Salad bar					
	Peaches						
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
	<i>4:00 PM</i>	<i>5:30 PM</i>	<i>5:30 PM</i>	<i>5:30 PM</i>	<i>5:30 PM</i>	<i>5:30 PM</i>	