Upper Columbia Academy
Nov 20 - 26, 2016
Week #___ 4____ - Subject to Change

Home Leave starts Tuesday ***Thanksgiving Break*** ***Sunday School***

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
BREAKFAST	French Toast	Egg McMuffins	Breakfast Burritos				
	Strawberries	Tofu	Scrambled Eggs				
	Applesauce	Pineapple Chunks	Toppings				
	Tofu	Grits	Malt-O-Meal				
	Breakfast Patties		Apple Sauce				
	Hot Cereal	Tofu	Tofu				
	Fresh fruit, cereal bar	Fresh fruit, cereal bar	Fresh Fruit, Cereal Bar				
		Belgium Waffles	Lunch Line				
	10:00 AM	*6:30 AM*	*6:30 AM*	*6:30 AM*	*6:30 AM*	*6:30 AM*	*8:30 AM*
LUNCH	Haystacks	Enchiladas					
		Rice					
		Corn	**Lunch Line**				
		Chips/Salas					
		11:45 AM					
DINNER	Little Pizzas	Manicotti					
	Toppings	Green beans					
	Garden salad	Garlic Bread					
	Cottage Cheese	Short Salad bar					
	Peaches						
	Fresh fruit, cereal bar	Fresh fruit, cereal bar					
	4:00 PM	*5:30 PM*	*5:30 PM*	*5:30 PM*	*5:30 PM*	*5:30 PM*	*5:30 PM*