Upper Columbia Academy
Dec 11 - 17, 2016
Week #___ 2____ - Subject to Change
Home leave starts 16th Sunday School

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
BREAKFAST	French Toast	Breakfast Burritos	Pancakes	Biscuits & Gravy	Omelets		
	Strawberries	Scrambled Eggs	Syrup	Hard Boiled Eggs	Tri Tators		
	Applesauce	Toppings	Breakfast Links	Toppings	Tofu		
	Tofu	Malt-O-Meal	Tofu	Tofu	Pears		
	Breakfast Patties	Apple Sauce	Steamed Rice	Yogurt & Peaches	Hot Cereal		
	Hot Cereal	Tofu	Mixed Fruit	Cream of Wheat			
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar		
		Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles		
	10:00 AM	***6:30 AM***	***6:30 AM***	***6:30 AM***	***6:30 AM***	***6:30 AM***	***8:30 AM***
LUNCH	Haystacks	Burrito Bar	Asian Haystacks	Potato Bar	Pasta Bar		
		Pinto Beans	Brown Rice	Chili	Red sauce/Pesto		
		Rice	Black Beans	Broccoli	Grilled Veggies		
		Lettuce & Tomato	Cabbage & Celery	Chips	Feta/Cheese	Christmas Break----------	
		Cheese & Olives	Red Pepper	Salad Bar	Garden Salad		
		Salsa & Sour Cream	Cucumber		Broccoli		
		Guacamole	Carrots				
			Pineapple Chunks				
			Asian Sauce		**Dinner/Breakfast Line**		
		11:45 AM	***11:45 AM***	***11:45 AM***	***11:45 AM***		
DINNER	Little Pizzas	Baked Bean Burritos	Mac and cheese	Kravig Hot Sandwiches			
	Toppings, Pineapple	Cilantro Lime Rice	Peas	Sweet Potato Fries	**Dinner/Breakfast Line**		
	Olives, Onion	Corn	Baked beans	Carrot & Celery Sticks			
	Peppers, Mushrooms		Dinner rolls	Cottage Cheese			
	Toss Salad		Salad/ Cottage cheese	Peaches			
	Ranch & Italian						
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar		
	4:00 PM	***5:30 PM***	***5:30 PM***	***5:30 PM***	***5:30 PM***	***5:30 PM***	***5:30 PM***