Upper Columbia Academy
April 23 -29, 2017
Week #___ 2____ - Subject to Change
Home leave starts 26th Sunday School Marine Biology Trip

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
BREAKFAST	French Toast	Breakfast Burritos	Pancakes	Biscuits & Gravy			
	Strawberries	Scrambled Eggs	Syrup	Hard Boiled Eggs			
	Applesauce	Toppings	Breakfast Links	Toppings			
	Tofu	Malt-O-Meal	Tofu	Tofu			
	Breakfast Patties	Apple Sauce	Steamed Rice	Yogurt & Peaches			
	Hot Cereal	Tofu	Mixed Fruit	Cream of Wheat			
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar			
		Belgium Waffles	Belgium Waffles	Belgium Waffles			
	10:00 AM	*6:30 AM*	*6:30 AM*	*6:30 AM*	*6:30 AM*	*6:30 AM*	*8:30 AM*
LUNCH	Haystacks	Prime Stakes	Potato Bar				
	fresh salsa	Mashed Potatoes	Chili				
		Green Beans	Broccoli	Lunch Line			
		Salad Bar	Cheese Sauce				
			Chips				
			Salad bar				
			Cookies				
		11:45 AM	*11:45 AM*	*11:45 AM*	*11:45 AM*	*11:15 AM*	*12:30 PM*
DINNER	Baked Bean Burritos	Little Pizzas	Black Bean Burgers				
	Fresh salsa	Toppings, Pineapple	Sweet Potato Fries				
	Bean & Rice	Olives, Onion	Carrot & Celery Sticks				
	Chips	Peppers, Mushrooms	Cottage Cheese				
		Toss Salad	Peaches				
		Ranch & Italian					
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar				
	4:00 PM	*5:30 PM*	*5:30 PM*	*5:30 PM*	*5:30 PM*	*5:30 PM*	*5:30 PM*