

Upper Columbia Academy
August 27- September 2, 2017
 Week # 2 - Subject to Change

Fall Picnic-Tuesday Backpacking Trip Freshmen Retreat Open Weekend

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
BREAKFAST	Breakfast Hash	Breakfast Sandwiches	Yogurt Parfaits	Pancakes	Huevos Rancheros	Scones	Continental Breakfast
	Eggs/Tofu	Eggs/Tofu	Non-Dairy Yogurt	Blueberry Sauce	Corn Tortillas	Baked Oatmeal	Bagels
	Potatoes	Cheese/Veggie Meat	Fresh Fruit	Cinnamon Applesauce	Fried Eggs/Tofu	Breakfast Patties	Blueberry/Poppyseed Muffins
	Veggies	Condiments	Granola	Breakfast Stripples	Diced Green Onions	Tofu	Assorted Yogurt
	Cheese	Oatmeal	Fire-Roasted Potatoes	Tator Tots	Cheese	Fresh Fruit, Cereal Bar	Cream Cheese
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Belgium Waffles	Condiments	Sauces	Belgium Waffles	Cereal
	Belgium Waffles	Belgium Waffles		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar		Fresh Fruit
			Sack Lunches-Fall Picnic	Belgium Waffles	Belgium Waffles		
	<i>10:00 AM</i>	<i>6:45AM</i>	<i>6:45AM</i>	<i>6:45AM</i>	<i>6:45AM</i>	<i>6:45AM</i>	<i>8:30 AM</i>
LUNCH		Taco Casserole	Sack Lunches-Fall Picnic	Ravioli	Pad Thai Noodles	Mazidra	Eggplant Parmesean
		Spanish Rice	Snacks	Green Beans	Diced Crispy Tofu	Rice	Broccoli
		Toppings	Assorted Drinks	Homemade Bread Rolls	Scrambled Eggs	Lentils	Homemade Breadsticks
		Salad Bar		Shredded Parmesean	Veggies	Kalamata Olives	Salad Bar
				Salad Bar	Chopped Thai Basil	Veggies	Chocolate Mousse
				Cookies	Sauces	Greek Sauce	
					Salad Bar	Salad Bar	
	<i>12:15PM</i>	<i>12:15PM</i>	<i>12:00PM</i>	<i>12:15PM</i>	<i>12:00PM</i>	<i>12:30 PM</i>	
DINNER	Croissant Sandwiches	Fajitas	Pizza--Fall Picnic	Haystacks	Nachos	Chicken Noodle Soup	Roasted Big Franks
	Egg Salad	Corn Tortillas	Salad	Rice/Beans	Chips	Filipino Stew	Potato Salad
	Tofu Salad	Roasted Veggies	Watermelon	Veggies	Cheese Sauces	Fresh Bread Bowls	Fresh Cut Veggies
	Chicken Salad	Rice/Beans		Cheese	Rice/Beans	Fresh Fruit, Cereal Bar	Watermelon
	Carrot/Celery Sticks	Braised Gluten		Fresh Guacamole	Veggies		Cantaloupe
	Apple/Orange Slices	Toppings		Fresh Salsa	Leftover Alternatives		
	Rice/Beans	Fresh Fruit, Cereal Bar		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar		
	<i>4:00 PM</i>	<i>5:00PM</i>	<i>5:00PM</i>	<i>5:00PM</i>	<i>5:00PM</i>	<i>5:30 PM</i>	