## Upper Columbia Academy Oct 1- 7, 2017 Week #\_\_\_2\_\_\_ - Subject to Change

**Class Elections** 

School Picture Tuesday

**Open Weekend-Fall Classic** 

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
	Breakfast Hash	Yogurt Parfaits	Breakfast Sandwiches	Pancakes	Huevos Rancheros	Scones	Continental Breakfast
r .	Scrambled Eggs/Tofu	Fruit	Fried Eggs/Tofu	Tator Tots	Fried Eggs	Hot Cereal	Bagels
ST	Hot Cereal	Granola	Cheese	Berry Sauce	Tofu	Breakfast Patties	Muffins
FA	Tofu	Roasted Potatoes	Vegi-meat	Cinnamon Applesauce	Green Onions/Cilantro	Tofu	Yogurt
K	Toppings	Hard Boiled Eggs	Condiments	Hot Cereal	Sour Cream/Cheese	Fresh Fruit, Cereal Bar	Cream Cheese
ΕĄ	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Hot Cereal	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Belgium Waffles	Smoothies
BRE		Belgium Waffles	Fresh Fruit, Cereal Bar	Belgium Waffles	Belgium Waffles		Fresh Fruit, Cereal Bar
Ι			Belgium Waffles				
	10:00 AM	6:45AM	6:45AM	6:45AM	6:45AM	6:45AM	8:30 AM
		Taco Casserole	Ravioli	Biscuits	Pad Thai	Mazidra	Manicotti
		Spanish Rice	Garlic Green Beans	Chicken Pot Pie Filling	Diced Crispy Tofu	Rice	Roasted Broccolini
		Roasted Corn Salad	Fresh Bread Rolls	Broccoli	Scrambled Eggs	Lentils	Fresh Breadsticks
Η		Fresh Salsa	Grasshopper Pie	Salad Bar	Veggies	Cucumber	Salad Bar
NCH		Blue Corn Chips	Salad Bar		Thai Basil	Tomatoes	Chocolate Mousse Pie
ŇŊ		Salad Bar			Sauces	Kalamata Olives	
Γ					Salad Bar	Sauces	
						Salad Bar	
		12:15PM	12:15PM	12:00PM	12:15PM	12:00PM	12:30PM
	Croissant Sandwiches	Flatbread Pizza	Fajitas	Haystacks	Nachos	Corn Chowder	Grilled Big Franks
~	Egg Salad	Sauces	Roasted Veggies	Rice/Beans	Cheese/Vegan Sauce	Chicken Noodle Soup	Potato Salad
<b>VER</b>	Tofu Salad	Toppings	Braised Gluten	Griller Crumbles	Black Beans	Fresh Bread	Grapes
Ž	Chicken Salad	Salad Bar	Rice	Lettuce/Tomatoes	Spinach/Tomatoes	Fresh Fruit, Cereal Bar	Condiments
DIC	Veggies	Fresh Fruit, Cereal Bar	Cheese	Onions/Olives	Green Onions/Cilantro		Fresh Fruit, Cereal Bar
Γ	Fresh Fruit, Cereal Bar		Smoothies	Cheese/Cilantro	Leftover Alternatives		
			Fresh Fruit, Cereal Bar	Toppings	Fresh Fruit, Cereal Bar		
	4:00 PM	5:00PM	5:00PM	5:00PM	5:00PM	5:00PM	5:30 PM