

Upper Columbia Academy

December 10 - 16, 2017

Week # 2 - Subject to Change

ACT Test ASB Party Home leave starts 15th

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
BREAKFAST	Breakfast Hash	Yogurt Parfaits	Huevos Rancheros	Pancakes	Scones		
	Scrambled Eggs/Tofu	Yogurt	Corn Tortillas	Blueberry Sauce	Tri Tators		
	Potatoes	Fruit	Fried Eggs	Apple/Cinnamon Sauce	Tofu		
	Veggies	Granola	Sauce	Stripples	Hot Cereal		
	Cheese	Roasted Potatoes	Toppings	Tator Tots	Fresh Fruit, Cereal Bar		
	Hot Cereal	Baked Tofu	Hot Cereal	Hot Cereal	Belgium Waffles		
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar			
		Belgium Waffles	Belgium Waffles	Belgium Waffles			
	10:00 AM	6:45AM	6:45AM	6:45AM	6:45AM	6:30 AM	8:30 AM
LUNCH		Haystacks	Ravioli	Chicken Burgers	Pad Thai		
		Beans/Rice	Green Beans	Chicken Patties	Noodles		
		Griller Crumbles	Bread Rolls	Sliced Cheese	Diced Crispy Tofu		
		Lettuce & Tomato	Shredded Parmesean	Lettuce/Tomatoes	Eggs/Vegi-Duck	Christmas Break-----	
		Cheese & Olives	Salad Bar	Onions/Pickles	Veggies		
		Salsa & Sour Cream	Cookies	Condiments	Thai Basil		
		Guacamole		French Fries	Sauce		
		Salad Bar		Sweet Potato Fries	Salad Bar		
				Salad Bar	<u>Dinner/Breakfast Line</u>		
		12:15PM	12:15PM	12:15PM	12:15PM		
DINNER	Roasted Hot Dogs	Flatbread Pizza	Fajitas	Nachos			
	Chili Beans	Gourmet Salad Bar	Corn Tortillas	Black Beans/Rice			
	Cheese	Fresh Fruit, Cereal Bar	Roasted Veggies	Cheese Sauce			
	Diced Onions		Rice	Spinach/Tomatoes			
	Jalapenos		Braised Gluten	Green Onions/Olives			
	Veggies		Fresh Fruit, Cereal Bar	Cilantro/Jalapenos			
	Fresh Fruit, Cereal Bar			Fruit Smoothies			
	4:00 PM	5:00PM	5:00PM	5:00PM		5:30 PM	5:30 PM