

Upper Columbia Academy

February 11-17, 2018

Week # 2 - Subject to Change

Rec Ski/Senior Recognition/Senior Rec Talent Program/Open Weekend

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
BREAKFAST	*Mrs Huggard	*Michael B.	*Mrs Kraviq	* Sarah A.	*Mrs Aguilar	*Sarah A.	*Dylan
	Omelette	Pancakes(Chocolate Chips)	Biscuits and Gravy	Breakfast Apple Burritos	Cinnamon Rolls	Waffles	Blueberry Buckle
	Stripples	Links	Breakfast sausage crumble	Syrup(Honey/Maple/Caramel)	Hash browns	Strawberries	Tri Tators/Tofu
	Tater tots	Toppings	Sliced Steamed Eggs	Butter/Cinnamon Sugar	Fried Eggs	Breakfast links	Hard Boiled Eggs/Sauces
	Tofu/ Sauces	Tofu/Scramble Eggs	Tofu/Sauces	Scramble Eggs/Tofu	Tofu	Tofu	Yogurt & Peaches
	Yogurt & Peaches	Yogurt & Peaches		Sauces	Yogurt & Granola	Yogurt & Pears	Sliced Fruits
	Hot Cereal/Dry Toppings	Hot Cereal/ Dry Toppings	Hot Cereal/ Dry Toppings	Hot Cereal/ Dry Toppings	Hot Cereal/ Dry Toppings	Hot Cereal/ Dry Toppings	Hot Cereal/ Dry Toppings
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
	Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles
	10:00 AM	6:45AM	6:45AM	6:45AM	6:45AM	6:45AM	8:30 AM
LUNCH		*Mr Kraviq	* Josh S.	*Karianne K	*Mrs Hess	*Nick Houpt	*Caleb N/Christian
		Corn Enchiladas	Asian Haystacks	Lentil Shepherd's Pie	Wraps Bar	Lasagna-(white Sauce)	Haystacks
		Spanish Rice	Steamed Rice/Frichik Sauce	Gravy	Seasoned wraps	Greek Salad	Beans/Rice
		Corn	Black Beans	Gluten Stakes	Hummus/Pesto	Nan Bread/Hummus	Griller Crumbles
	Snacks in dorms	Salsa/Sour Cream	Cabbage & Celery	Sauces	Chicken Stripples	Custard Pie	Lettuce & Tomato
		Tortilla Chips	Red Pepper		Spinach		Cheese & Olives
			Cucumber/Carrots		Sliced Veggies		Salsa & Sour Cream
			Pineapple Chunks		Feta Cheese		Grasshopper Pie
		Salad Bar	Peanut Sauce/Cookies	Salad Bar		Salad Bar	
		12:15 PM	12:15 PM	12:00 NN	12:15 PM	12:15 PM	12:30 PM
DINNER		*Elena P.	*Lauren C.	*Alex A./Blake J./Addison	*Mandy		
	ASB Valentines	Minestrone Soup	Ramen Bar	Baked Mac and Cheese	Pigs in the Blanket	Chicken Noodle Soup	Senior Rec
	Party	Bread Bowls	Crackers	Green Peas	Condiments	Dinner rolls	
		Crackers	Garden Salad	Chicken Nuggets	Broccoli	Butter	
		Short Salad bar		Sauces	Optional: Epicurian Delight	Short Salad Bar	
		Slice fruit		Short Salad Bar	Soup		
		Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean	
		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	
6:00 PM	5:00PM	5:00PM	5:00PM	5:00PM	5:00 PM	5:30 PM	

*Suggested By