

**Upper Columbia Academy**  
**February 18-24, 2018**  
**Week # 3 - Subject to Change**  
**Rec Ski/ ASB Spirit Week/President's Day " Closed Weekend"**

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
<b>BREAKFAST</b>			<i>*Mrs Kravik</i>	<i>*Elena P./Mr.C.Breakfast</i>			
	French Toast	Oven Roasted Potatoes	Biscuits and Gravy	Huevos Rancheros	Breakfast Calzones	Quiche	Breakfast Cake
	Strawberries	Scrambled Eggs	Breakfast sausage crumble	Fried Eggs	Shredded Cheese	Breakfast Links	Links/Tofu
	Applesauce	Condiments	Sliced Steamed Eggs	Mexican Cheese	Veggies	Tofu	Hard Boiled Eggs
	Tofu/Sauces	Malt-O-Meal	Tofu/Sauces	Sauce/Sour Cream	Breakfast Sausage	Hashbrown Potatoes	Pineapple
	Breakfast Patties	Apple Sauce		Green Onions	Sauces	Apple Sauce	Sauces
	Yogurt/Peaches/Granola	Yogurt/Pears/Granola	Yogurt/Peaches/Granola	Yogurt/Pears/Granola	Yogurt/Peaches/Granola	Yogurt/Pears/Granola	Yogurt/Peaches/Granola
	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
		Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles
	<i>10:00 AM</i>	<i>6:45AM</i>	<i>6:45AM</i>	<i>6:45AM</i>	<i>6:45AM</i>	<i>6:45AM</i>	<i>8:30 PM</i>
<b>LUNCH</b>		Stroganoff	Curry	Baked Potato Bar	Grillers	Nacho Bar	<i>*Alondra</i>
		Egg Noodles/Rice	Rice	Chili	Hamburger Buns	Refried Beans	Marzetti
		Sauce	Scrambled Eggs/Tofu	Shredded Cheese	Condiments	Super Dip	Green Beens
		Broccoli	Black Beans	Green Onions	Veggies/Dip	Brown Rice	Parmessan Cheese
			Egg rolls/Sauces	Jalapenos	Fruit Salad	Cheese Sauce/tomatoes	Garlic Bread
			Naan Bread	Roasted Broccoli	Potato Chips	Jalapenos & Onion	Short Salad Bar
			Hummus		Cauliflower Patties	Olives & Sour Cream	Dressing
			Cookies			Cilantro & Salsa	Chocolate Cake
		Salad Bar	Salad Bar	Salad Bar		Shredded Lettuce	
		<i>12:15 PM</i>	<i>12:15 PM</i>	<i>12:00 NN</i>	<i>12:15 PM</i>	<i>12:15 PM</i>	<i>12:30 PM</i>
<b>DINNER</b>	Croissant Sandwiches	<i>*Jared &amp; Matthew W.</i>	Samosa	Chili Dogs:	Baked Burritos	Potato Soup	<i>*Elena P.</i>
	Egg Salad	Tater tots Casserole	Veggies	Big Franks, Chili	Salsa/Sour Cream	Corn Bread/Butter	Smoothie Bowls
	Tofu Salad	Kale Salad	Rice	Onions, Cheese	Shredded Cheese	Apple Sauce/Syrup	Assorted Fruit Topping
	Chicken Salad	Sliced Oranges/Apples	Short Salad Bar	Tortilla Chips, Salsa	Diced Onion/Sliced Olives	Sliced Fruits	Chopped Nuts
	Carrot/Celery Sticks	Short Salad Bar	Sauces	Simple Salad Lettuce	Short Salad Bar	Fresh Bread	Granola
	Apple/Orange Slices			Tomatoes/ Olives	Opt.Epicurian Delight		Popcorn
	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
	<i>4:00 PM</i>	<i>5:00PM</i>	<i>5:00PM</i>	<i>5:00PM</i>	<i>5:00PM</i>	<i>5:00 PM</i>	<i>5:30 PM</i>

\*Suggested By