

Upper Columbia Academy

March 4-10, 2018

Week # 5 - Subject to Change

Rec Ski / Hope Sign Up / Music Tour

| | <i>Sunday</i> | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Sabbath</i> |
|------------------|-------------------------|-------------------------|-----------------------------|-------------------------|----------------------------|-------------------------|---------------------------|
| BREAKFAST | | <i>*Mrs Hardy</i> | <i>*Mr & Mrs Kraviq</i> | Omelets | <i>*Lauren E.</i> | Waffles | |
| | French Toast | Scotch Oat Cakes | Biscuits&Gravy Magic Mtn. | Tri Tators | Chocolate Scones | Strawberries | Breakfast in Dorms |
| | Strawberries | Syrup/Whipped Cream | Hashbrown/biscuits | Condiments | Brkfst Patties/Boiled Eggs | Apple Sauce | Check the Lists |
| | Whipped Topping | Fresh Sliced Fruits | Scrambled Eggs | Fresh Sliced Fruits | Fresh Cut fruits | Stripples | |
| | Breakfast Patties | Hard Boiled Egg | Gravy/Burger/Cheese | | | | |
| | Tofu/Sauces/Yogurt | Tofu/Sauces/Yogurt | Tofu/Sauces/Yogurt | Tofu/Sauces/Yogurt | Tofu/Sauces/Yogurt | Tofu/Sauces/Yogurt | |
| | Hot Cereal/Dry Toppings | Hot Cereal/Dry Toppings | Hot Cereal/Dry Toppings | Hot Cereal/Dry Toppings | Hot Cereal/Dry Toppings | Hot Cereal/Dry Toppings | |
| | Fresh Fruit, Cereal Bar | Fresh Fruit, Cereal Bar | Fresh Fruit, Cereal Bar | Fresh Fruit, Cereal Bar | Fresh Fruit, Cereal Bar | Fresh Fruit, Cereal Bar | |
| | Belgium Waffles | Belgium Waffles | Belgium Waffles | Belgium Waffles | Belgium Waffles | | |
| LUNCH | <i>10:00 AM</i> | <i>6:45AM</i> | <i>6:45AM</i> | <i>6:45AM</i> | <i>6:45AM</i> | <i>6:45AM</i> | <i>8:30 PM</i> |
| | | <i>*Alyssa</i> | <i>*Brielle /Michelle C</i> | <i>*Mr Kramer</i> | <i>*Enlai</i> | <i>*Kendrick P.</i> | <i>*Sam A</i> |
| | | Enchilada | Fettucini alfredo | Scalloped Potatoes | Shamburgers | Tamales | Spaghetti |
| | | Spanich Rice | Bread Sticks | Prime Stakes | Lettuce/Onions/Tomatoes | Cilantro Rice | Red/White Sauce |
| | | Roasted Corn | Parmessan Cheese | Green Beans | Sliced cheese | Refried beans | Fresh Baked Rolls/Butter |
| | | Sour Cream/Salsa | Olive Garden Salad | Dinner rolls | Condiments/sauces | Salsa/Sour Cream | Meatballs |
| | | Sauces | Salad Bar | Garlic Butter | Curly Fries/Potato wedges | Guacamole | Short Salad Bar |
| | | Salad Bar | Cookies | Salad Bar | Fruit Salad | Short Salad Bar | Pie/Whipped Cream |
| | | <i>12:15PM</i> | <i>12:15PM</i> | <i>12:00 Nn</i> | <i>12:15PM</i> | <i>12:00 Nn</i> | <i>12:30PM</i> |
| DINNER | <i>*Angel W.</i> | <i>*Kalli V.</i> | <i>*Francisco M</i> | <i>*Mrs. Hardy</i> | Armenien Lentil Soup | Croissant Sandwiches | <i>*Quinton H</i> |
| | Corn Dogs | Frontier Soup | Gourmet Cereal Bar | Tortellini Soup | Bread/Jam/Butter | BLT Sandwiches | Tostino Pizza |
| | Condiments | Fresh Bake Rolls/Butter | Fresh fruits | Cheesy Rolls | Epicurian Delight | Egg salad | |
| | Potato Salad | Short Salad Bar | Short Salad Bar | Short Salad Bar | Muffin Rolls/Crackers | Fruit Salad | Short Salad Bar |
| | Rice & Bean | Rice & Beans | Rice & Beans | Rice & Beans | Rice & Beans | Rice & Beans | Rice & Beans |
| | Fresh Fruit, Cereal Bar | Fresh Fruit, Cereal Bar | Fresh Fruit, Cereal Bar | Fresh Fruit, Cereal Bar | Fresh Fruit, Cereal Bar | Fresh Fruit, Cereal Bar | Fresh Fruit, Cereal Bar |
| | <i>4:00 PM</i> | <i>5:00PM</i> | <i>5:00PM</i> | <i>5:00PM</i> | <i>5:00PM</i> | <i>5:00 PM</i> | <i>5:30 PM</i> |

* Suggested By