

Upper Columbia Academy

April 8-14, 2018

Week # 5 - Subject to Change

WWU Days / ASB Officer Petitions Begin/Music/Gymnastics Tour

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
BREAKFAST	Waffles	*Sarah A.	*Mr & Mrs Kraviq	Potato O'Brien	*Mrs. Aguilera	*Jonathan J.	
	Strawberry Sauce	Pancake Bar	Biscuits&Gravy Magic Mtn.	Scramble Eggs	Banana & Nutella Stuffed	Turnovers	Breakfast in Dorms
	Apple Sauce/Peanut butter	Butter/Syrup/Whip Cream	Hashbrown/biscuits/Cheese	Sausage Patties	French toast/links	Stripples	
	Links/syrup/Hashbrown	Apple Sauce/Berry Sauce	Scrambled Eggs/Gravy/burger	Condiments	Sliced Fruits/Syrup	Hashbrowns	
	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt
	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
		Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles/Lunch Line	Belgium Waffles	Belgium Waffles
	10:00 AM	6:45AM	6:45AM	6:45AM	6:45AM	6:45AM	8:30 PM
LUNCH		Nacho Bar		*Katy Luke	Baked Potato Bar	*John P	*Caleb N.
		Refried Beans	Steamed Rice	Cesar Salad Wraps	Chili	Lasagna	Haystacks
		Cilantro Lime Rice	Curry / Steamed Eggs	Tortilla Flour	Shredded Cheese	Garlic Bread	lettuce/Tomatoes
		Brown Rice	Baked tofu	Romaine Lettuce	Green Onions	Carribbean Blend	Onion/Sliced Olive
		Cheese Sauce/tomatoes	Egg rolls/Sauces	Spinach/Slice Tomatoes	Jalapenos/	Olive Garden Salad	Beans/Rice
		Jalapenos & Onion	Black Beans	Sliced Cucumber	Carribbean Blend	Kale Salad	Shredded Cheese
		Olives & Sour Cream	Nan Bread	Chicken Strips			Salsa/Guacamole
		Cilantro & Salsa	Cookies	Sauces			Sour cream
		Shredded Lettuce	Salad Bar	Parmessan Cheese	Salad Bar		Icecream Sundies
		12:15PM	12:15PM	12:00 Nn	12:15PM	12:00 Nn	12:30PM
DINNER	Hamburger Buns	Grilled Sandwiches	*Angel W.	Vegetables Spaghetti Bar	Sandwich Bar	5 Bean Soup	Smoothie Bowls
	Grillers/Sliced Cheese	Tomato Soup/Crackers	Hamburger Buns/Sloppy Joes	Butternut Squash/Broccoli	Sliced Deli Meat	Fresh Bake Rolls	Yogurt/Granola
	Condiments	Carrot/Celery Sticks	Baked Potato wedges	Mushroom & Onion Saute'	Sliced Cheese/Tomatoes	Crackers/Butter	Strawberries/Blueberries
	Fruit Salad	Peanut Buter/Cream Cheese	Ketchup	Zucchini/BellPeppers	Leaf Lettuce/sliced Onion	Epicurian delight	Fresh Fruit/Whip Cream
	Short Salad Bar	Short Salad Bar	Short Salad Bar	Short Salad Bar	Condiments/ Sliced Fruits	Short Salad Bar	Muffins
	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
	4:00 PM	5:00PM	5:00PM	5:00PM	5:00PM	5:00 PM	5:30 PM

*Suggested By