

Upper Columbia Academy

May 6-12, 2018

Week # 4 - Subject to Change

ASB Spring Party/Track & Field day/Spring Week of Prayer/HOPE/Closed Weekend

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
BREAKFAST	Continental Breakfast	Bagel Bar	*Mr & Mrs Kravik	Egg Muffin Bar	Yogurt Bar	Apple/Cherry Turnover	Breakfast Cake
		Savory & Sweet Toppings	Biscuits&Gravy Magic Mtn.	Fried Eggs	Fresh Fruits	Cube Red Potatoes	Omellete
		Thin Sliced Fruits & Veggies	Hashbrown/biscuits/Cheese	Condiments	Granola	Breakfast Sausage Patties	Links
		Spreads	Scrambled Eggs/Gravy/burger	Veggie Meat		Hard Boiled Eggs	Fresh Cut Fruits
		Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt
		Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings
		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
		Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles/Lunch Line	Belgium Waffles	Belgium Waffles
		10:00 AM	6:45AM	6:45AM	6:45AM	6:45AM	8:30 PM
LUNCH		Pita Bar	Garlic Noodles	Wrap Bar	Bean & Cheese Burritos	*Tina B.	Gluten Steaks
		Hummus	Parmessan Cheese	Cream cheese/Hummus/Pesto	Salsa/Sour Cream	Personal Fresh Pizza	Steamed Potatoes
		Pesto	Green Beans	Spinach/tomatoes/Red Onion	Shredded Cheese/Onions	Fresh toppings	Mixed Veggie
		Spinach, Tomato	Fresh Bake Dinner Rolls	Cucumbers/Chicken Strips	Shredded Lettuce	Sauces	Dinner Rolls
		Red Onion	Garlic Butter	Feta Cheese/Dressing	Sliced Olives	Pesto	Ice Cream/Sorbet
		Feta, Cheese		Pesto	Guacamole	Ranch	
		Cucumber		dressing			
		Ranch					
		Lentil Soup	Salad Bar				Short Salad Bar
		12:15PM	12:15PM	12:00 Nn	12:15PM	12:00 Nn	12:30PM
DINNER	ASB Banquet	Chili Dogs	Potluck Style	Bed of Lettuce/Sandwich Bread	*Mandy		Popcorn/Fruit Salad
		Big Franks		Wham Salad Sandwich Spread	Pigs in the Blanket	Potato Soup	Croissants
		Onions, Cheese		Sweet Pickle Relish/Condiments	Condiments	Muffin Corn Bread	Egg salad/tofu spread
		Tortilla Chips/Salsa		Veggie Platter + Dip	Epicurian Delight	Butter	Sliced cut cheese/crackers
		Short Salad Bar	Short Salad Bar	Short Salad Bar	Short Salad Bar	Short Salad Bar	Short Salad Bar
		Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean
		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
		4:00 PM	5:00PM	5:00PM	5:00PM	5:00 PM	5:30 PM

Brunch in the Dorms