

Upper Columbia Academy
August 26- Sept 1, 2018
Week #__1__ - Subject to Change

Registration Day/Parent Orientation/WOP Schedule/First Day of School/Freshman Orientation/Agape Vespers/ASB Class Night/ Campus Dedication/Closed Weekend

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
BREAKFAST	Blueberry Breakfast Bread	Hashbrown	Biscuits & Gravy	Pancakes	Egg McMuffin Bar	Parfaits Bar	Waffles
	Tator Tots	Scramble Eggs	Hard Boiled Eggs	Blueberry/Strawberry Sauce			Strawberries/Peaches
	Breakfast Sausage	Breakfast Links	Griller Crumbles	Applesauce/Toppings			Apple Sauce/Syrup
	Fresh Cut Fruits	Orange Slices	Butter/Honey	Breakfast Links/Stripples			Breakfast Links/Hard Boiled Eggs
	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt
	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
		Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles
	<i>8:30am</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>	<i>7:15am</i>	<i>8am</i>
LUNCH	Haystacks	Pita Bar	Spinach Tortellini	Curry	Tina B.	Hasselback Potatoes	Baked Spaghetti
	Cookies	Fresh Veggies	Roasted Broccoli	Rice	Burger Bar	Roasted Broccoli	Garlic Bread
	Drinks	Cheese	Fresh Baked Rolls	Scrambled Eggs/Tofu	Shamburger	Veggie Meat	Meatballs
		Sauces	Parmesean Cheese	Veggies	Sliced Tomatoes/Lettuce	Shredded Cheese	Haricots verts
				Flatbread	Pickles	Green Onions	Tossed Salad
					Condiments	Dill Sauce	Croutons/dressing
					Fruit Salad/Ruffles		Dessert/Fruits (Church)
		Salad Bar	Salad Bar	Salad Bar	Cookie Day	Salad Bar	Drinks
	<i>12nn</i>	<i>11:45pm</i>	<i>11:45pm</i>	<i>11:45pm</i>	<i>11:45pm</i>	<i>11:45pm</i>	<i>12:30 PM</i>
DINNER	Pizza	Katty Luke*	Gourmet Cereal Bar	Sausage Rolls	Caleb F.	Bread Bowl	Smoothie Bowls
	Watermelon	BLT Ceasar Salad Wraps	Fresh fruits	Baked Beans	Macaroni & Cheese/Peas	Potato Soup	Assorted Fruit Toppings
	Grapes	Fresh Veggies		Coleslaw	Chicken nuggets/Tartar Sauce	Crackers/Cheese	Chopped Nuts
	Tossed Salad	Veg Deli Meat/Tofu		Fresh Slice Fruits	Optional:Epicurian delight	Fresh Cut Fruits	Granola/Popcorn
	Croutons	Cheese/Dressing	Short Salad Bar	Short Salad Bar	Short Salad Bar	Short Salad Bar	Short Salad Bar
	Dressing	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean	Rice & Bean
	Assorted Drinks	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
	<i>5:00pm</i>	<i>5:00pm</i>	<i>5:00pm</i>	<i>5:00pm</i>	<i>5:00pm</i>	<i>5:00pm</i>	<i>5:00pm</i>

* Make Communion bread