

Upper Columbia Academy
September 30 - Oct 6, 2018

Menu

Alumni Weekend(30)/Class Elections(1)HOPE(1)/School Picture Day(2)/WWU Fall Classic(4-6)

	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Sabbath</i>
BREAKFAST	Pancakes	Breakfast Burritos	Biscuits & Gravy	Chocolate Scones	Bagel Sandwiches	Waffle Bar	Continental Breakfast
	Hashbrowns	Scrambled Eggs	Vegan Gravy	Fried Eggs	Sliced Turkey	Strawberry Sauce	Cereal
	Breakfast Strips	Black Beans	Raspberry Crepes	Hashbrown Patties	Cheese	Syrup/Butter/PB	Yogurt
	Tofu/Sauces/Yogurt	Griller Crumbles	Roasted Potatoes	Tofu/Sauces/Yogurt	Fried Egg	Potatoes	Bagels/Cream Cheese
	Hot Drinks	Tator Tots	Tofu/Hardboiled Eggs		Tofu/Sauces/Yogurt	Tofu/Sauces/Yogurt	Cinnamon Rolls
	Fresh Fruit Salad	Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Hot Cereal/Dry Toppings	Fresh Fruit
		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	
		Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles	Belgium Waffles	
LUNCH		Manicotti	Enchiladas	Grilled Chicken	Chicken Burgers	Creamy Curry	Scalloped Potatoes
		Breadsticks	Cilantro/Lime Rice	Herb Roasted Potatoes	Cheese	Yellow Rice	Prime Stakes
		Broccoli	Beans	Haricot Verts	Fresh Cut Veggies	Garlic Naan	Green Beans
		Shredded Parmesan	Fresh Salsa	Bread Rolls	Dip & Condiments	Yogurt	Dinner rolls
		Salad Bar	Fresh Guacamole	Sauce	Fruit Salad	Tossed Salad	Garlic Butter
			Salad Bar	Salad Bar	Chips		Tossed Salad
							Dry Toppings
							Dressing
			Cookie Day				Pie
DINNER	Quesadillas	Super Link Hot Dogs	Smoothie Bowls	Blueberry Crepes	Black Bean Tacos	Chicken Noodle Soup	Panini Bar
	Rice	Chips	Granola	Chocolate Crepes	Cut Veggies	Bread Bowls	Bread/Cheese
	Beans	Chili	Fresh Fruit	Raspberry Crepes	Shredded Cheese	Crackers	Veggies
	Toppings	Fresh Fruit Salad	Jo Jos	Roasted Poatoes	Toppings	Cheese	Chips
	Watermelon	Tossed Salad/Dressing	Short Salad Bar	Tofu/Hardboiled Eggs	Fresh Cut Fruit	Fresh Cut Fruit	Short Salad Bar
		Rice & Bean	Rice & Bean	Rice & Bean		Rice & Bean	Rice & Bean
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar