Upper Columbia Academy June 2-8 2019 Week #___4___ - Subject to Change

Graduation Weekend / Class Night

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
	Bagels	Breakfast Sandwiches	Choc. Chip Pancakes	Hashbrowns	Waffles	Biscuits & Gravy	Muffins
r.	Pastries	Fried Eggs/Tofu	Blueberry Sauce	Scrambled Eggs	Strawberries	Fried Eggs	Hashbrowns
Ŋ	Hard Boiled Eggs	Cheese	Whipped Topping	Stipples	Oatmeal	Sauteed Mushrooms	Tofu
A L	Cereal	Vegi-meat	Scrambled Tofu	Cheese/Onions	Tofu	Cheese/Onions	Sausage Links
LKT	Yogurt	Condiments	Stripples	Sausage Crumbles	Yogurt & Pears	Tofu	Fresh fruit, cereal bar
H I	Fresh fruit, cereal bar	Hot Cereal	Hot Cereal & Toppings	Salsa/Sour Cream	Fresh fruit, cereal bar	Fresh Fruit, Cereal Bar	Belgium Waffles
BKE	Belgium Waffles	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Tofu	Belgium Waffles	Belgium Waffles	Cream of Wheat
	Senior Breakfast @ 8	Belgium Waffles	Belgium Waffles	Fresh Fruit, Cereal Bar			
	10:00 AM	7:15am	7:15am	7:15am	Brunch-10:00	Brunch10:00	8:30AM
		Pasta Bar - Ravioli	Burrito Bar	Biscuits	Snacks	Snacks	Haystacks
		Marinara Sauce	Pinto Beans	Chicken Pot Pie			Rice/Beans
		Alfredo Sauce	Cilantro/Lime Rice	Broccoli			Lettuce/Tomatoes
Ē		Pesto Sauce	Shredded Lettuce	Salad Bar			Olives/Onions
$\sum_{i=1}^{n}$		Rolls/French Bread	Diced Tomatoes				Guacamole/Salsa
LUNCH			Diced Onions				Sour Cream
-			Shredded Cheese				Lemon Bars
			Salsa				
		Salad Bar	Guacamole				
		11:55AM	11:55AM	11:55AM		11:55AM	12:15AM
	Little Pizzas	Stroganoff	Macaroni & Cheese	Wraps/	Chicken Burgers	Fruit Pizza	Chick Nuggets
	Veggie	Steamed Veggies	Vegan Mac & Cheese	Cream cheese/Hummus/Pe	Regular Fries	Tossed Salad/Croutons	tartar sauce
Z L K	Fresh Toppings	Bread Rolls	Peas	Spinach/tomatoes/Red Oni	Lettuce/Tomatoes	Salad Dressing	Curly Fries
Z	Short salad bar	Salad Bar	Salad bar	Cucumbers/Chicken Strips	Onions/Pickles		short salad bar
UIN			Dinner rolls	Feta Cheese/Dressing	Condiments		check left over
	Fresh Fruit, Cereal Bar			Rice & Beans	Fresh Fruit	Rice/Beans	rice/bean soup
				Fresh Fruit, Cereal Bar	Veggies	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar
	4:00pm	5:00pm	5:00pm	5:00pm	5:00pm	5:00pm	5:00pm