

Upper Columbia Academy

October 6-12, 2019

Week #2 - Supervisor on Duty: Mrs. Huggard and Mrs. Allison, Mikayla Brenton

School Pictures, HOPE Taskforce, NPUC Leadership Retreat, Faculty Advisee Lunch, Class Parties

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
BREAKFAST	Coffee Cake	Breakfast Sandwiches	Blueberry Pancakes	Hashbrowns	Biscuits & Gravy	Waffles	Cinnamon Rolls
	Hashbrowns	Fried Eggs/Tofu	Syrup/Peanut Butter	Scrambled Eggs	Scrambled Eggs	Strawberries	Scrambled Eggs/Tofu
	Fresh Fruit, Cereal Bar	Cheese	Whipped Topping	Cheese/Onions	Sauteed Mushrooms	Oatmeal	Stripples
	Fruit Smoothies	Vegi-meat	Scrambled Tofu	Salsa/Sour Cream	Cheese/Onions	Tofu	Hot Cereal
	Belgium Waffles	Condiments	Hot Cereal & Toppings	Tofu	Tofu	Yogurt & Pears	Fruit Smoothies
		Hot Cereal	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Fresh fruit, cereal bar	Fresh Fruit, Cereal Bar
		Fresh Fruit, Cereal Bar	Belgium Waffles		Belgium Waffles	Belgium Waffles	Belgium Waffles
		Belgium Waffles					
	<b>10:00 AM</b>	<b>7:15am</b>	<b>7:15am</b>	<b>7:15am</b>	<b>7:15am</b>	<b>7:15AM</b>	<b>8:30AM</b>
LUNCH		Pasta Bar - Tortellini	Burrito Bar		Griller Burgers	Baked Potato Bar	
		Marinara Sauce	Beans/Rice		Curly Fries	Tortilla Chips	
		Alfredo Sauce	Shredded Lettuce		Lettuce/Tomatoes	Cheese/Vegan Sauce	
		Pesto Sauce	Diced Tomatoes		Onions/Pickles	Broccoli/Tomatoes	
		Rolls/French Bread	Diced Onions	<b>SACK LUNCHESES</b>	Condiments	Onions/Salsa/Baco Bits	<b>ADVISEE LUNCH</b>
		Fresh Fruit, Cereal Bar	Shredded Cheese		Fresh Fruit, Cereal Bar	Rice & Beans	
		Salad Bar	Sour Cream		Veggies	Fresh Fruit, Cereal Bar	
			Salsa/Guacamole		Salad Bar	Salad Bar	
		Fresh fruit, cereal bar					
	<b>11:50 AM</b>	<b>11:50 AM</b>	<b>12:15 PM</b>	<b>11:50 AM</b>	<b>11:50 AM</b>	<b>12:30PM</b>	
DINNER	Little Pizzas	TaterTot Casserole	Potato Soup		Egg Rolls	Macaroni & Cheese	
	Veggie	Steamed Broccoli	Chicken Noodle Soup		Fried-Rice w/Veggies	Vegan Mac & Cheese	
	Fresh Toppings	Steamed Carrots	Crackers		Beans	Peas	
	Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	Rolls		Edamame	Salad bar	
	Salad Bar	Salad Bar	Fruit Salad	<b>PIZZA!!!!</b>	Cucumber/Dill Salad	Dinner rolls	<b>CLASS PARTIES</b>
			Arugula Salad		Fresh Fruit, Cereal Bar	Fresh Fruit, Cereal Bar	
					Salad Bar		
	<b>4:00pm</b>	<b>5:10pm</b>	<b>5:10pm</b>	<b>5:10pm</b>	<b>5:10pm</b>	<b>5:30pm</b>	