

echoes

April 2000



Darcy Kasner, Jon Engelman, Andy Hanson and Rachel Holliday pose happily with some military police while in Iquitos, Peru, during their mission trip



Most of the group who went to Borneo gather outside the church they helped to build

Going on a mission trip is a lot of fun, but it is also a lot of work--even before the trip begins.

The fundraising is hard work. Mrs. Corder provides letters and envelopes, and then students have to get addresses of family and friends, address as many envelopes as possible, and stagger under the load of envelopes to the business office to get them mailed.

Immunizations can also present a problem to those getting ready to leave the country. Some people don't like immunizations and just have a hard time feeling right about getting shots. Others have to struggle with trying to go to town during school to get their shots. Then there is also a decision about malaria pills. If you take them they could make you sick; if you don't take them you could get malaria . . .

Working with the government to get a passport can frazzle the most composed student. Always there are a few students frantically trying to get their passports right up until it's time to leave.

Supplies also have to be collected before one leaves on mission trips. This requires several trips to town to get food, clothes, and sleeping stuff. Packing everything while still trying to keep your room clean is also an interesting challenge.

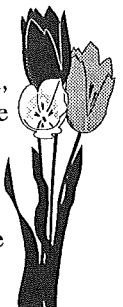
Lastly there is school work. Most mission trips involve missing a few days of school, so students have to make arrangements to do work early or to make up work after they return.

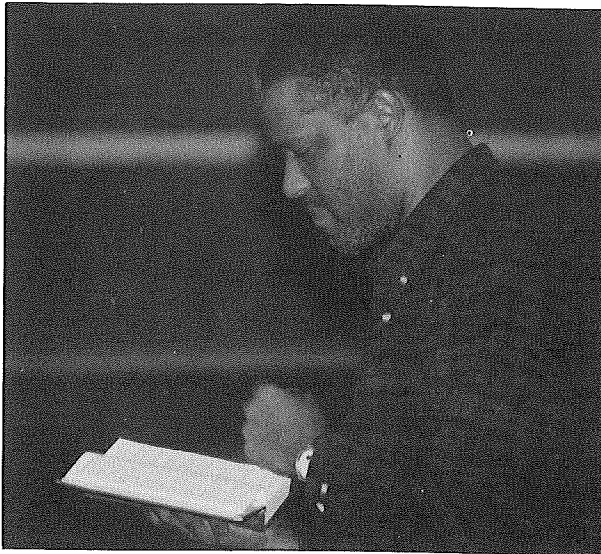
Is a mission trip worth all the headaches? Of course!

Brian Catelli



Upper Columbia Academy, Spangle, Washington





Pastor Maurice Battle

Rise above your roots

March 6-11, 2000, saw another Spring Week of Prayer come around. This year, Maurice Battle, pastor of the Spokane East-Central and Pasco churches, blessed us with his presentations.

Battle's theme for the week was to "Rise above your roots." Elder Battle told the story of Joseph and how he had to rise above his roots to become who he was. At the beginning of the week, Elder Battle emphasized the need to understand that when life is not fair, God is always there. He will use the pain and turn it into a blessing. We, like Joseph, need to trust in God even when things go bad.

Other topics that came from the story of Joseph were that God never gives half way. He gives until it overflows. We should not be discouraged by hard times, we should forgive others before they ask, and we should always point to God and give Him all the glory in good times and in bad. Joseph praised God when he was in prison and when he was in Pharaoh's number-two spot.

"The Week of Prayer was great," said senior Kim Tull. "Pastor Battle spoke in a relaxed fashion and made some very good points."

The week was very well done. By the end of the week many people were blessed.

Jon Engelman

HE IS RISEN

UCA not a drive-through

Due to problems with non-UCA students, UCA has been forced to install gates to keep unwelcome guests off the campus. Often, unknown vehicles drive through the campus late at night. This is a problem that bothers and worries many people, so it was decided to install gates on two of the three public access roads to the campus. The gate at the eastern-most entrance remains locked all the time; the one behind the cafeteria is locked from dusk to dawn. It is still possible to access any area of campus through the center road, but the two gates reduce the number of escape routes for mischievous guests.

Mr. Jenks says, "We at UCA take the staff and students' security very seriously. We don't want any uninvited guests on campus at inappropriate times. Having them here could result in a hostile environment."

So far the gates haven't caused any major problems unless you count the UCA student who happened to drive into one of them at moderate speed. The gate was hardly damaged, but the student's vehicle was less fortunate.

Mr. Jenks custom designed the gates and many companies bid on them. Bench Boss had the winning bid and built them. They were installed by Blue Creek Construction.

Barry Grussling

Alumni dedicate Power House

On April 8, 2000, the much-awaited dedication of the UCA Power House occurred during Alumni Weekend. Perhaps one of the most anticipated events of the year, the Power House was dedicated with a large crowd of supporters.

The Power House dedication ceremony started what will become the center for UCA community service. Cheri Corder, UCA HOPE Taskforce director, is excited at the dedication of the Power House. "Soon the center of outreach will all be in one building," says Mrs. Corder. "Once the Power House is in full operation we will be able to centralize all the equipment used for HOPE Taskforce."

The Power House dedication ceremony had speakers, prayers, a ribbon cutting, and tours afterward. Alumni who were present for Alumni Weekend donated the money to pay off the remaining balance for the renovation of the Power House. Currently, work is being done to finish the inside.

Larry Marsh, Principal of UCA, thought Alumni Weekend went very well, including the dedication ceremony. "It was a very smooth weekend," he explained. "Today was well-organized and the speakers for the meetings were received well."

As we gaze into the future, we now have a Power House for a student center and yearbook and outreach offices. We have the alumni to thank for it. It will offer much convenience and many hours of enjoyment for years to come.

Jon Engelman

Band Clinic succeeds again



On February 24, 2000, two hundred band members from all over Upper Columbia Conference joined forces to participate in this year's band clinic. Dr. Carlyle Manous, Walla Walla College's band director, was the guest conductor for Band Clinic 2000. A guest artist, Steve Hubbard, also joined the band.

Jerry Lange, UCA conductor, oversaw most of the preparations for the clinic. He and his faithful workers put forth much effort in making the weekend run smoothly. With more than a hundred guests joining UCA's 90-member band, finding dorm rooms, meal tickets, chairs and entertainment was quite a chore. Mr. Lange and his workers came through on top, even close to budget. "Planning for the Band Clinic was a tough task," said Mr. Lange. "With sending out music, organizing things here, and getting a guest performer and a conductor, this Band Clinic turned out very well."

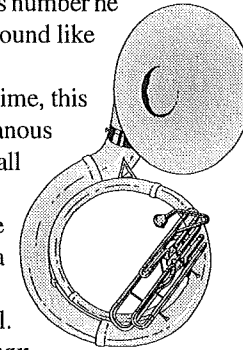
Eight pieces were performed for the concert on Saturday night, with a few numbers by the UCA ensembles. Also, Steve Hubbard performed a few selections including the "Carnival of Venice, 2nd Variation." In this number he played both trumpet parts with one finger and made it sound like two trumpets!

Dr. Manous directed the Band Clinic for the fourth time, this year being his last. At the end of the school year, Dr. Manous will be retiring after 35 years of music teaching. We will all miss him very much.

"I was surprised," commented Dr. Manous, "that these kids were as prepared as they were. Their teachers did a fantastic job."

A fantastic job they did. The program went very well.

Jon Engelman



Record numbers arrive for Academy Day

On April 5, 2000, a record number of visitors, 200, came to UCA for the annual Academy Day. 152 students and 48 adult sponsors toured the campus.

The day started with registration, followed by tours guided by UCA students. Pastor Fred Riffel was in charge of finding pairs of UCA students to lead tours. Michelle Mayle, UCA junior, was one of them. "I really enjoyed leading the visitors around," said Michelle. "It was really fun."

After tours came the worship by Pastor Barry Curtis and a knowledge bowl organized by Gary Thayer, chemistry and biology teacher. After the knowledge bowl, the visiting students ate a meal in the cafeteria, free of charge.

The afternoon went by with an awards ceremony and mini concerts by the Concert Band, pianists, Choir, Choraliers, and the Octet. Each department gave an award to a visiting student who correctly answered a quiz question. Each department had questions pertaining to that department's subject area.

Ron Turner, recruitment and marketing, had this to say about Academy Day. "I really thought things went nicely. The departments presented themselves well and I am pleased overall at how the day went."

Following the assembly some visitors went home while others stayed for softball and basketball games. The day went very well and we hope to see many new students here at UCA next year.

Jon Engelman

Seniors get taste of college

From April 9 to 11, UCA seniors were able to visit Walla Walla College Campus during the college's annual College Days. They took part in scholarship activities, visited interest session from many of the different departments, and even sat in on classes.

The trip from UCA to WWC went fairly well except one of the two buses had a tire lose its tread, which slowed down the trip. Once at WWC, the seniors stayed with WWC students in the dormitories. Having roommates that were WWC students was a great source of information about the college and the campus. April 10th was the busiest day and included attending any of the open classes or taking tours of the different departments. Some departments offered scholarships and others offered T-shirts or other free items.

It was nice to meet up with old friends and to visit with former UCA students who are now at WWC. There was also time for students to get dorm rooms reserved for next year and to talk to staff about employment and financial services.

The three-hour drive back was longer than expected when the same bus that had tire problems broke a generator belt about 10 miles from WWC. It took about an hour and a half to find a replacement belt and get it installed. However, not far down the road this belt broke too, so Mr. Thorman decided to drive the rest of the way back on batteries. It was a good choice because the rest of the trip was safe and uneventful.

Most students took advantage of the opportunities at WWC regardless of whether they plan to attend. They got an idea of what it is like to attend college and that, after all, is the purpose of College Days.

Barry Grussling

Bibles, please

After four years of waiting, Senior Recognition finally arrived on March 3. We marched down the aisle, joining our fellow classmates on the stage. Speakers chosen by our class, including Keith Garrison and Pastor Fred, gave wonderful sermons. We listened as they told us (as every class is told) that we were the most unique and promising class that could go out and "do the work of the Lord." Parents came and pictures were taken. Friday night came and went.

Sabbath morning dawned gray and dreary. Looking forward to the ancient tradition of receiving Bibles before the sermon, we eagerly await them only to receive . . . promise books. Now there is nothing wrong with the promise books, but many of us wanted Bibles. A promise book can never compare with power of the Sword of the Spirit.

While appreciating the creativity of the staff in trying something new (probably in response to complaints about Bibles), students were disappointed. Please, just give us our Bibles.

Priscilla Jones

The Upper Columbian



is a regular student publication of Upper Columbia Academy, a non-profit Seventh-day Adventist boarding high school, Spangle, Washington

This issue's contributors included

Brian Catelli, Luke Cockerham, Jon Engleman, Barry Grussling, Mandy Hebard, Priscilla Jones, Staj Olson, Sarah Rogers and Stephen Lacey, adviser

echoes

Music, time conspire against hapless students

This year's Music-A-Rama on April 1 was yet another chance for the UCA musical groups to perform for an admiring audience. After all, the audience was mostly composed of parents and grandparents (cameras at the ready), who paid \$3.00 to attend, and classmates of the band, choir and other performers. Unfortunately, some of us had a far dimmer view of the show thanks to circumstances beyond our control.

This year, daylight savings time started on the same night as Music-A-Rama, and the ACT test was early the next morning! By the time the program was over, there were less than 10 hours until the test. Now I realize that many UCA students make do with very little sleep in their ordinary schedules; however, not only do many of us use the weekends to recuperate, but the ACT is also an important test which students should have time to study and rest before.

Nevertheless, Music-A-Rama did provide for some decent music with a few beautiful and inspirational songs scattered throughout. I hope next year's program will not coincide with the time change and the widely-feared ACT test.

Luke Cockerham

Spring fever hits at least one person

Hooray! The snow is finally gone! It's time for spring. From now on we can look forward to less depression, fewer days of school, and more fun.

Walking through the halls of our great administration building, we find more people with smiles on their study-worn faces. Even teachers seem to be more relaxed, though the urge to pile on homework is too strong at times to be resisted by even the kindest soul. Still, with more sunshine and warmer weather (and until air-conditioning is needed), the overall spirit of UCA is better.

Another reason for happiness is the fast-approaching final day of the 1999-2000 school year. The end is finally in sight. Seniors are counting down the days until their high-school careers are over, and

all the students, as well as the faculty, seem to share in the gaiety of it all.

And this is the perfect time to enjoy the humor that springs from every sunbeam. Now is the time to figure out new uses for ketchup packets, new decorations for the ad building (shoes?), and how many absences and tardies it is possible to get away with. The rest of the school year will see more trips, more laughter and, likely, more pranks.

Spring is probably my most favorite season. And although everyone has a different idea of what spring is, I like the way a good friend put it. He said, "Spring is like a present I've been waiting for all winter. Now that I have it, I want to enjoy it. Everything else is trivial."

Spring Chicken

What's for dinner?

Although it is disputable on occasional days, the cafeteria food this year has greatly improved. Between lush green lettuce and deliciously inventive soups, students are now able to choose from something other than the main course and a peanut butter and jelly sandwich. The salad bar now contains various cheeses, dressings, and toppings. The new flavor of juice, Orange Guava Passion Fruit, is an extremely popular addition to the juice bar. Breakfasts have improved too with new entrees and different types of cereal at the cereal bar. The quality of fruit has also risen, and more and more people are eating healthier. People are beginning to ask, "What's for dinner?" and eagerly wait for the response.

A big thank-you to the cafeteria staff for their efforts.

Priscilla Jones



echoes

Senior Talent Show



Incurable affliction has thousands of cures

Everyone has been in this situation at one time or another. You are getting ready for a job interview, taking an exam, or giving a speech when SUDDENLY! Oh no! Not again. Hiccups! The dreaded affliction has returned.

There are many myths about what causes hiccups. Many doctors believe that they are caused by a spasm in your diaphragm. Others know they are caused by eating too hurriedly—so much for fast food restaurants. Still others are certain that hiccups come from swallowing too much air. Yet none of these people can prove that is why we get hiccups.

Since doctors do not know what causes hiccups, if you ask them how to get rid of them, they will tell you, "Just wait. Your hiccups will stop in a couple

of minutes." However, Charles Osborne would not believe them. He had the hiccups for 65 years straight!

When it comes to hiccups, your friends and family members are smarter than your doctor. They can offer you any one of the thousands of household remedies from drinking water upside down to eating a tablespoon of peanut butter or sugar. Some people swear that gargling water will end your hiccups while others are confident that covering your ears with your hands and drinking through a straw will chase them away. Different things work on different people. If the things you have heard don't work for you, try sucking on crushed ice or a lemon slice.

Still haven't found a way to stop your hiccups? Do you love money?

Could you use a little extra? Always, right? Bob Foss could not find a way to get rid of his hiccups. So one day, his wife decided to help him. She pulled a five-dollar bill out of her purse and set it on the table. "If you hiccup for me I'll give you five dollars," she told him. He could not hiccup for the money no matter how he tried. The next time Bob had hiccups, she only offered him a quarter. Even then he could not hiccup.

Even though there is nothing that will permanently cure hiccups, you can have fun experimenting with different solutions to try to stop them. If you haven't found anything that works for you yet, keep looking. Out of thousands of "cures" there's bound to be one that will work on you.

Sarah Rogers

National Honor Society

Membership in the National Honor Society at Upper Columbia Academy is based on scholarship, leadership, character, and service. These are the criteria established by the National Honor Society.

A committee evaluates all sophomore, junior, and senior students who attain the minimum grade point average of 3.5. Scholarship is the most important criterion and includes not only gpa but also the number and difficulty of classes taken beyond the basic requirements. Unusually negative or positive demonstrations of leadership, character and service also effect a student's selection to the UCA chapter of the National Honor Society.

Membership in the Society is both an honor and a responsibility. Students selected for membership are expected to continue to demonstrate the qualities by which they were selected.

Dreaded homework

Homework is a daily part of students' lives on the campus of UCA. Many are swamped with up to two hours of homework a night. Even though most students don't have that much homework to do, every little bit they do have makes a difference. It has a way of putting a damper on social lives, giving headaches, and making big worries. "Homework is very time consuming," says Rachel Nelson, a senior.

Homework does not come consistently. Students receive large amounts of homework sporadically throughout the year. It seems as though teachers get together and decide when the vast amounts of homework are to appear. Just when students are least suspecting it, mind-boggling numbers of long assignments pour in. Feeling trapped and overwhelmed, some students just give up and play the computer. This they are exceedingly sorry about when all the "good students" turn in their perfect, finished homework.

Okay, so maybe the teachers don't just sit around trying to decide how to make their students' lives miserable. But when one teacher assigns something, you can bet on having more than just that small bit of homework to do. Some other teacher will undoubtedly give some homework too.

It's amazing to some that school could get any worse, but it does. College is much more difficult. Students are not going to have anything easier in the way of homework at college. There you must study and actually finish what you start! Teachers may assign an unrealistic amount of homework, but nobody wants to hear whining. After college everything will not be simple either, but as Harvey Mackay said, "Find something you love to do, and you'll never have to work another day in your life."

So homework is okay if it gets you to the goals you set and moves you on to something that you will enjoy the rest of your life.

Mandy Hebard



Devin Darrough assists Shannon Keller at the "warm fuzzy board" during Spring Week of Prayer

Where is your focus?

While walking through the hallways of UCA, a person can identify many different styles of living. What makes one style right and another wrong, and more importantly which brings about happiness?

In Psalm 37, the psalmist says, "Delight yourself in the Lord and He will give you the desires of your heart." This gives one reason to love God. This reason appeals to many people in today's world because we are all interested in what we can get. This promise from the Bible appears to say that if we're happy in Christ, He will give us what we want. Do people serve Christ out of greed sometimes? Are they in a relationship with Him to see how much they can get?

Jesus said many different times while here on earth, "Go and do as I have done." His life was to be an example to us. What was the focus of His life while on earth? He was in His Father and His Father was in Him. Serving others was His mission and His joy. Jesus knew His Father and loved Him. Likewise, when we find Jesus and give our lives away we can find joy as well. We are

created beings, each with a purpose and a desire to be needed, loved, accepted and useful. Our nature yearns for a higher being. If this were not true, there wouldn't be so many different religions and so many people searching for truth. Like it or not, we are all searching, but God has promised us that we will find Him.

"Then you will call upon Me and go and pray to Me, and I will listen to you. And you will seek Me and find Me when you search for Me with all your heart. I will be found by you, says the Lord." Jeremiah 29:12-14

It is when we find God and His plan for our lives that we truly start to enjoy life. You may have spent the last few months or the last few years looking for Him, but He has always been there and He has always had an active interest in your life. In today's world we have the assurance that He loved us so much that He died for us 2000 years ago.

Life's all about your choices. What are your choices? Where is your focus going to be?

Staj Olson

Village life

Being a village student can be difficult. Most dorm students say it would be so cool to be a village student, and most of the time they are right. But sometimes the dorm students have it better.

Of the approximately 300 students at UCA around 50 are village. That is less than 17%. We are a minority. Yes, we get to do lots of cool things most dorm student don't get to do such as leave whenever we want and go home every day. We don't have to eat every meal in the cafeteria, and we don't have to please the deans every day.

But despite the joys of village life, those days come when you just wish you were at the school all the time. You have to get up half an hour before everyone else so you can make it to class on time. Then there are those days when you wake up at seven in the morning and discover the roads are coated with ice. It takes you 50 minutes to get your car started so you can spend another hour driving to where everyone else already is. Those are the days you wish you lived in the dorms. Village students also are not as well informed as their dorm friends. It is not unusual to get to the school for an event and find you're a half-hour late. When asked why you're late, you say the sign said 6:00. How were you supposed to know a time change to 5:30 was announced in the dorms? Oh for dorm life.

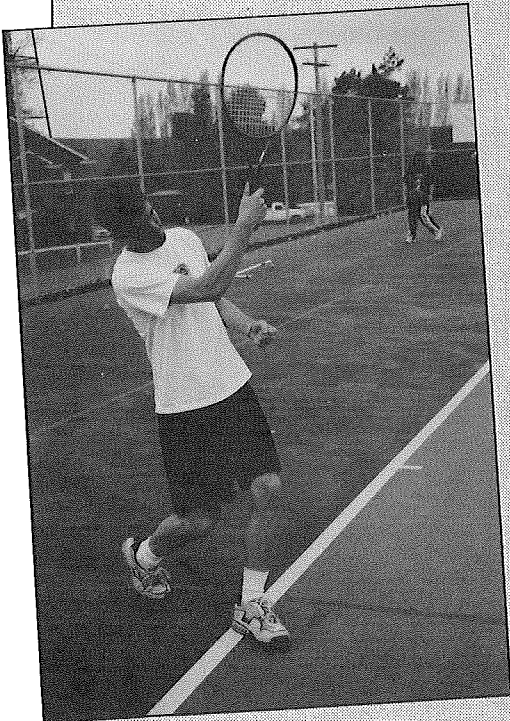
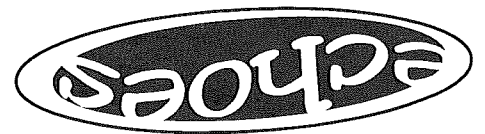
Dorm life is fun. Village life is fun. Both have their drawbacks.

Barry Grussling

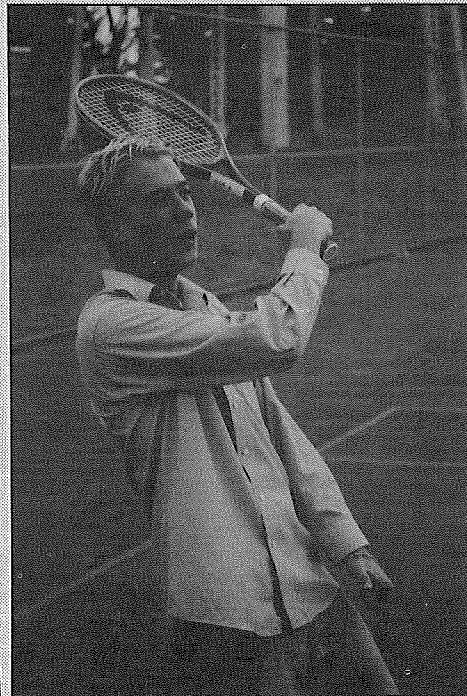


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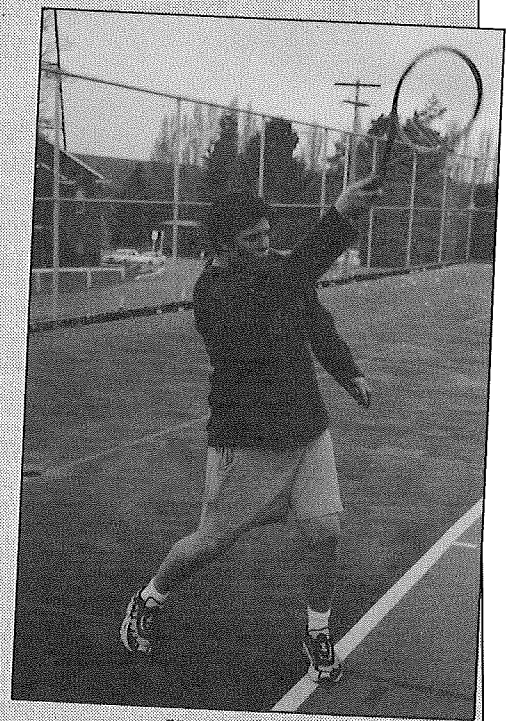
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Kevin Schultz



Bruce Beerman



Heath Stillwell

Time for Tennis!