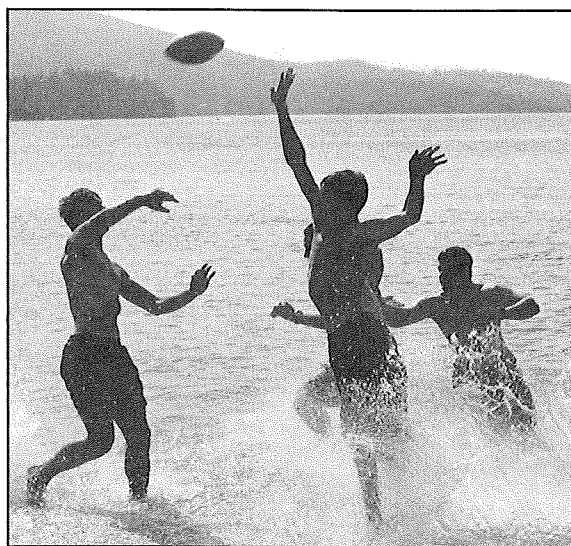


The Echoes

Upper Columbia Academy, Spangle, Washington

Volume 45, Number 1, October 1996

Hi-ho! Hi-ho! To MiVoden we go



Lake football was one of the hits at the annual fall picnic

Fall Picnic day is an honored tradition, and on Thursday morning, September 12, off we went. The bus ride there proved more exciting than normal for a few because they were on the rented luxury bus, which included, among other things, a T.V. and V.C.R. Others were not so lucky and ended up on an old yellow bus sitting between the people who declared

they would not shower for the entire school year.

Upon arrival, some ferocious water rats went full throttle towards the dock to get first dibs on water-skiing rights. Others simply stood there watching for lack of anything better to do. Some were taken on highly-enervating boat rides, while others were gyped and never even got the chance to be the flag-holder. Sarah Webster, one of the ride-deprived said, "There were too many people herded around the dock, so I didn't get my promised boat ride." Lo siento.

There were others who were not so dismayed, and the majority of them seemed to be sophomore boys. They formed their own little troupe of (almost) professional belly floppers. One at a time, they would jump and do

their funny little spins and twists, receiving applause based on their landing. The more painful it looked, the louder the applause.

Although the dock continued to be the hot spot, people eventually discovered that there were actually other things to do besides gawking at the would-be water-skiers. Many had adventures with the paddle boats, although Michael Kettner's may not have been so enjoyable. When asked to explain about his 3 sunken paddle boats, he replied, "No comment."

Canoeing was another option people enjoyed, but the eerie algae was enough to scare me away. Crissy Oster went, and the entire time she was screaming, "We're gunna tip over! We're gunna tip over!" Most were not so vocal with their fears.

The indoor swimming pool was a unique, muggy environment for those who were seeking either the lack of roaming faculty or the abundance of warm air particles. A few couples were piddle-paddling around playing funny little couple games, while the other swimmers were simply piddle-paddling around.

The day ended with worship, and the song service made it very clear that everyone was worn out. The MiVoden ruler himself, Bruce Christensen, gave an enlightening little talk on humorous accident reports. Then everyone piled on the buses for the thrilling journey back to good ol' U.C.A.

Lynn Rae Belles

1st Semester ASB Officers

President: Lindy Renck
Vice President: Renee Hibbs
Secretary: Paula Kildal
Treasurer: Celeste Orcutt
Chaplain: Mark Janke
Sgt-at-Arms: Lynn Belles
Chorister: Vicki Kildal
Pianist: Julie Kellogg

Competing with class

As the sun slowly sank over the western horizon, the Upper Columbia Academy student body gathered in the gym, determined to make the evening of August 31st a memorable one.

Students of all shapes, sizes, colors, and flavors put aside all their differences, save one, and competed for the honors of ASB Class Night.

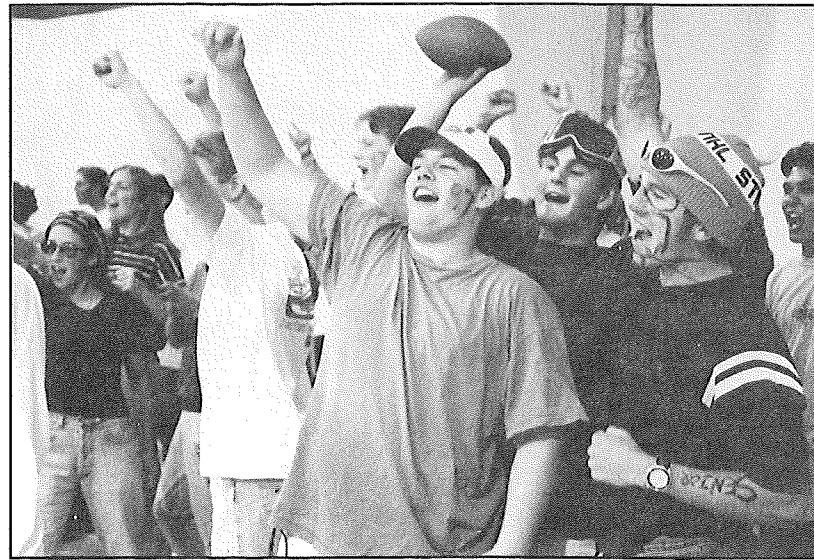
Quickly, the different classes went to their corners, each person bearing random bits of junk from their dorm rooms. Then, Coach Soulé began to call out the names of various items, and whoever had them would dash madly to the center of the gym with their items to gain points for their class. When all was said and done (due to an indiscretion by the Sophomores), the Seniors won the event with a total of 30 points.

Still excited, everyone then made their way up to the ball field for the final events of the evening. These included such all-time favorites as the rope-pull and truck push. Here, the seniors' numerical disadvantage told, as they were unable to win any of these events.

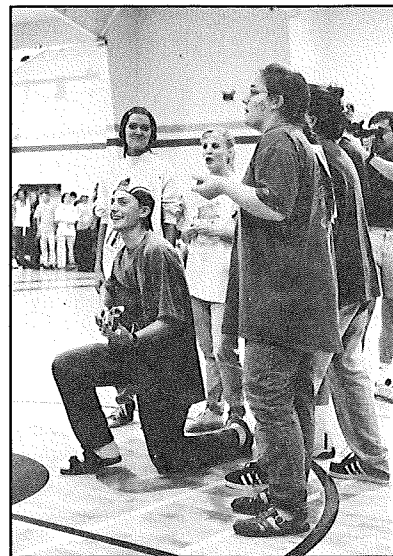
Afterwards, the ASB supplied several hundred dollars worth of pastry delights.

Late that evening, tired but cheerful, students walked back to their dorms--some to study, others to the bliss of sleep.

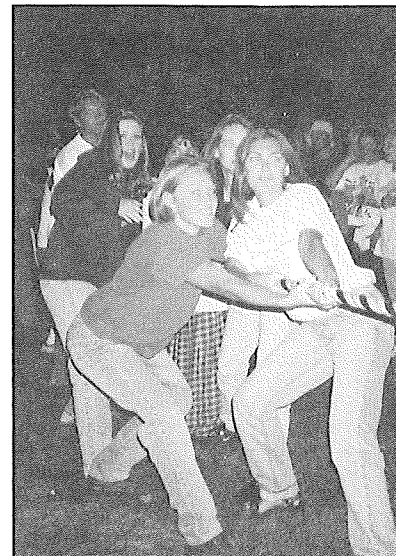
Seth Terry



On class night, seniors display their famous quiet grace and dignity



Juniors look for their hidden musical talents



Sophomores pull out all the stops

Newcomers enjoy dorms

With the arrival of each new school year, a new freshman class arrives on campus.

Most of these stay in the dorms and have no idea what to expect of their new home away from home. Several of them were interviewed in the last few weeks to find out how they were doing. Only one of those interviewed said he did not like the dorm. Most of them seem to adjust well, but several had trouble getting to know people and one complained about the showers. The rest said living in the dorms was fun and that they were actually enjoying it. Most of those interviewed like the dorms as they are except for a request for "a television in every room."

Andy Dougherty

The Echoes

is a regular student publication of Upper Columbia Academy, a non-profit Seventh-day Adventist boarding high school, Spangle, Washington

This month's contributors included: Lynn Rae Belles, Andy Dougherty, Amelia Magnuson, Seth Terry, Tiffany Wright, and Stephen Lacey, adviser

Hey you! Get in your room

At the start of this school year, boys' dorm residents were introduced to a new study hall. This new and "improved" system would set new guidelines and make the boys a little more cautious about what they do, when they do it, and how much noise they make.

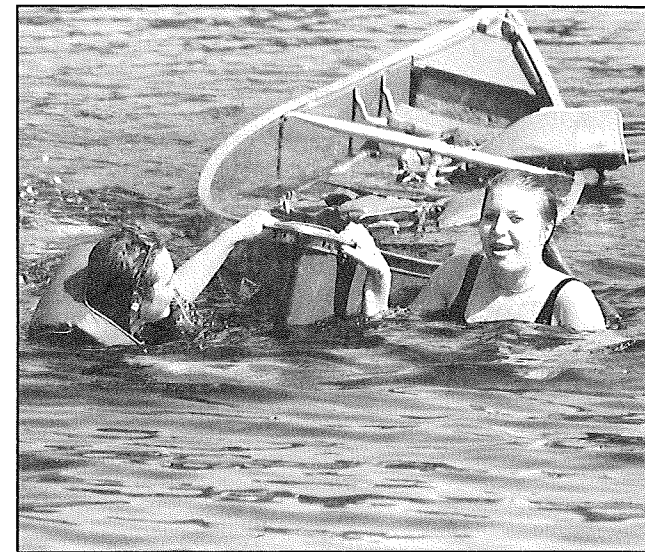
The boys of SKS are finding out that life in the dorm is not as easy as it once was.

Last year's study hall was pretty lax. After worship, there was relaxed study hall from 8:30-10:30 p.m., everyone had the same curfew (10:30), and only a chosen few had to study. Now, a new leaf has been turned. Everyone must study (or do something alone in their room) from 8:30-9:30. This is called strict study hall. They are allowed to roam the halls quietly from 9:30-10:30 during relaxed study hall. Everyone must be in bed at 10:30, except the seniors who are allowed to be up until 11:30. Although there seem to be good points and bad on either side, dean Peter Ellis was very helpful in providing some useful insights. When asked why the strict study hall comes before the relaxed he replied, "It's easier to continue studying once you've started."

The dormers, whether or not they like the new study hall, appear to be making the adjustment quite well. Although many are not in favor of the new study hall, others are glad for the peace and quiet. Jeremy Vetter seems torn between the two. "Sometimes it's good 'cause (last year) your homework was hard to get done, but if you don't have homework it's really boring and lame."

So, the opinions about the new study hall are mixed, but Peter Ellis is very effective in explaining the opinion differences. "There are a lot of different people, so it's hard to please everybody. There are different study styles, and you can't cater to everyone."

Lynn Rae Belles



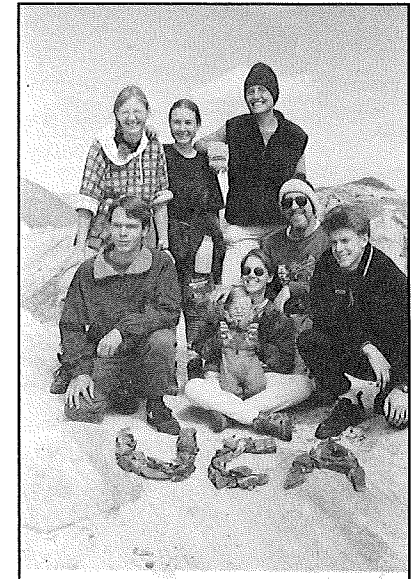
Stacie Smart and Jessica Lamb invent a clever new way to use a canoe during the Fall Picnic

Experience outdoor ed

Imagine hiking through the trees on a steep mountain trail, feet aching with blisters and sweat clinging to your back where your suddenly-heavy backpack touches. Feel the chill breeze blowing across your face, pulling your hair free from your hairtie, tossing it into your eyes. Imagine the soreness of muscles that you're sure will never function again. Visualize the added color on your shoulders and hips from the backpack straps. Sense the prayers of thanks when the campsite is first sighted. Laugh at the screams of your friends as they scramble back out of the lake without completely getting clean; then, enjoy their yells as, trying to get warm, they get too close to the fire and burn holes in their clothes. Imagine getting out your campstove and finding that you can't get it to work. Picture waking up the next morning with the certainty that you can't move, but forcing yourself to the top of the Matterhorn out of sheer determination. Then view in awe the beauty before you. Absorb the feeling of victory as you descend again. Imagine the trek out the next day, and the sighs of gratitude at the beauty of the white van at the end of the trail.

Such is the experience of Outdoor Ed. It is impossible to understand the thrill until you've been there.

Tiffany Wright



Tiffany Wright, Heather Goudey, Lindy Renck, Andy Edwards, Mr. and Mrs. Martling (and Shannon) and Hanns Rookstool conquer the heights

According to Mr. Martling, this year's first Outdoor Ed class was by far the most active of any he's ever taken to the Wallows. At one time, there were UCA students on five different peaks (including the Matterhorn, Sacajewea, and Shannon's Peak) as well as others students on smaller ones.

NEW STAFF



Nancy Davis,
Administrative
Secretary



Ron Davis,
Math/Computer
maintenance



Velda Grubbs,
Asst. Girls' Dean
Custodial



Della Keele,
Asst. Girls' Dean



Gerry Larson,
Asst. Boys' Dean
PE



Lauri Larsen,
Tutoring



Dan Philpott,
Boys' Dean



Diane Philpott,
Business Office

Remember
"NET 96"
every evening except
Mondays and Thursdays
7:15 pm
at the church

Seniors survive the elements

On a damp and overcast Friday the thirteenth, the seniors of Upper Columbia Academy loaded the buses and headed off to senior survival. The sun shone just long enough to set up shelters and fix a good meal. That night it began to rain, and it rained off and on for the rest of our stay.

Fortunately, we had mentors under the guise of teachers to help us overcome our disappointment with the lack of good weather. Our survival instructor, Keith Garrison, taught us the value of PMA (Positive Mental Attitude). "That's what kept us going," Becky Porch said later. "Otherwise we would have been rained out." We were kept busy learning how to get along and to solve problems, so we didn't have much time to worry about the weather. We were taught about appropriate intimacy, discovered reckless compassion, and learned never to challenge the God of the lightning and thunder.

There were classes planned for us throughout the day, probably to keep us out of trouble. In the morning, Pastor

Clayton Child led us in the study of the last six chapters of *The Great Controversy*. "I really enjoyed studying about the things God is going to do in the world in the near future," said Sharna Aaen.

There were three other classes we rotated through during the rest of the day. Ranger Roger taught us the basics of survival, such as how to build a fire, construct a useful shelter, and use a compass. On the last day we had a test over all the skills we had learned. Only seven of the 80 seniors "died."

Keith Garrison led us as we tramped all over the mountain collecting edible plants. He also helped us broaden our horizons and overcome our fears of eating bugs. Mr. Jenks led out in Initiatives and Problem Solving, teaching us how to solve problems and work with each other. Activities for these skills included the nitro-crossing, the wall, the log-crossing, and the trust fall.

Through it all, we got to know each other better and learned a lot about trust.

Amelia Magnuson

Burning up our health?

Many of us who live in the Spangle area regularly deal with a rather unique driving hazard: clouds of brownish gray smoke wafting across the highways and byways of southern Spokane County. Every year at the end of the summer, grass farmers, who are a major part of the local economy, burn the stubble in their fields in preparation for the next season's planting.

Grass burning has been a popular topic for debate for some time now. Many complain that it effects their health in a detrimental way, whether it be mild irritation of the sinuses or full blown fits of coughing and sneezing. Other say that it is a necessary part of the grass farming cycle, that unless the fields are regularly burned, the annual

yields with begin to decrease until the fields can barely produce a subsistence crop.

To try and determine what you as a whole think of the issue of grass burning, we are going to conduct a reader's poll. Do you feel that grass burning is a necessary part of the farming cycle, or do you think that it is an unnecessary and wasteful harm to the environment and the health of those who live near farm lands?

The results from our poll will be published in a future issue along with some additional information about the risks and benefits of grass burning.

Seth Terry

Less H.O.P.E. for T-bird workers

Every month near H.O.P.E. Taskforce day, grumblings can be heard from every corner where a Thunderbird worker happens to be...and their reason is logical. The morning and afternoon shifts have to take turns working at the factory on H.O.P.E. Taskforce Sundays. They have to work a minimum of eight hours for the day, and what they earn goes directly onto their school bill. Plus, they are not allowed to skip their turn or get a substitute.

Here are some common complaints:

1. We're not helping the community, we're only earning money for T-bird.
2. We have to work so many more hours than the rest of the student body.

3. We have very short lunch breaks.
4. We are not able to claim as many community service hours.

5. We have to get up earlier than the other students.

6. We have to work double what we're used to (the regular work day for the students is four hours).

7. We have to endure listening to everyone else bragging about how much fun they had.

8. We work harder than anyone else in the school...and they punish us for it by making us work more.

9. They don't normally work on Sundays anyhow.

However, the reasoning for this seemingly harsh treatment is legitimate.

Mr. Perkins explained that, "After all, Thunderbird is a business and can't just shut down with the school." Thunderbird Furniture Factory revolves around the students, so the days that they are gone do put a bit of a damper on their production. Students make up most of the factory's staff, so the days they're gone on homeleaves are very difficult for the remaining adults. The reason the students have to work on H.O.P.E. Taskforce days is so that the factory can afford to let the student workers go home on time for homeleaves.

Therefore, students, although being forced to work at T-Bird for H.O.P.E. Taskforce days seems wholly unfair, it is a necessary evil that we must endure.

Tiffany Wright

Students do good deeds

When Mr. Marsh arrived at this school four years ago, he felt that there had to be a community service program. He soon called Mrs. Linnea Torkelsen and asked if she would head up a program and get it started.

Mrs. Torkelsen had never done anything like this before. When she started trying to get projects, she had no idea whom to call except the local churches. Wanting to spread the activities into the community, she began looking in the yellow pages for ideas. At first when she would call people and ask if they would like help from some teen community service workers, they would often ask if the kids were delinquents. After all "something must be wrong if young people were giving their time to others." Mrs. Torkelsen would explain that Jesus helped his community and that these were Christian young people who wanted to follow his example. Word soon

started to spread and finding projects wasn't such a problem anymore.

H.O.P.E. Taskforce, which the program soon became known as, has made some improvements through the years. Mrs. Torkelsen tries to get projects that will match the spiritual and physical abilities of each student. On the first day there were only ten choices. Now, three years later, there are between twenty-five and thirty-five choices.

Before each community service day Mrs. Torkelsen will spend about three weeks calling around to see who needs help. Then she will spend about three or four days just confirming all of the projects.

What do the students think of H.O.P.E. Taskforce? During an anonymous survey last school year, 95% of the students gave it a 7 or higher on a scale of 1-10. Only 1% of the students gave it a 3 or below.

The community response has been outstanding. "I appreciate so much the

values you are instilling in your students by helping them become aware of those who are poor and needy", says Phil Altmeyer, Executive Director of Union Gospel Ministries.

"People like you make a great difference in the lives of the homeless women and children that we serve," Holly Miller, Director of Transitional Living Center.

"Your students are some of the best volunteers we have had," Evelyn Adams, Volunteer Coordinator of The Spokane Food Bank.

"I was impressed that there were still young people that cared enough to give their time to those less fortunate," Mike Thomason, Palouse Area Manager of Washington Water Power.

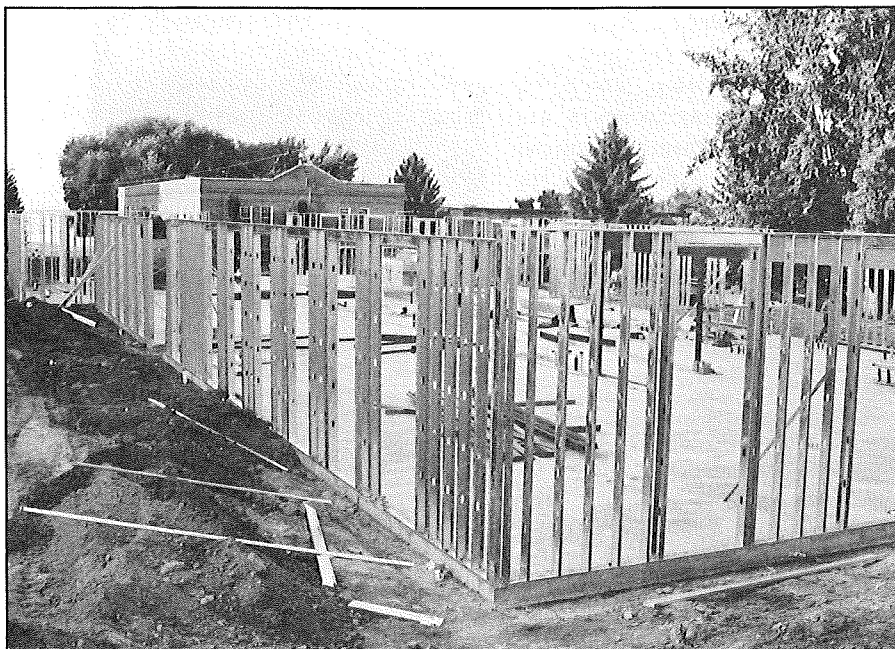
The program recently experienced its first day of rain ever. Several projects had to be canceled and the students moved. Still, most of the projects were finished.

Andy Dougherty

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The Echoes

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Just a few days ago (or so it seems) the new administration building looked like this. Now, at the beginning of October, most of the exterior sheet-rock is up and the roof is nearly in place.

Plans still call for completion to be in mid-December with a move-in date sometime in early January. Demolition of the old building is to take place within ninety days of the move-in date.

Enrollment facts: (as of October 3)

dorm girls	156
village girls	16
total girls	172

dorm boys	109
village boys	34
total boys	143

dorm students	265
village students	50

total students	315
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(The terms "ladies" and "gentlemen" may be substituted for "girls" and "boys" where appropriate!)